

## **Monday Message** **September 16, 2019**



### **Play First, Eat Second**

Today Westview started the *Play First* pilot. Benefits of *Play First* include:

- increased food and drink consumption
- students are more settled and ready to learn when they are not hungry
- students are quieter and calmer, and focused on eating rather than thinking about getting outside to play
- improved student behaviour on the playground and in the classroom
- less litter on the school grounds

Students will go out to play when the bell rings at 12:10 p.m. The bell will then ring at 12:35 signally for children to come in and eat. The pilot will continue until the end of November at which point we will seek feedback from parents.

### **Terry Fox Run**

The annual **Terry Fox School Run** is coming up on Sept. 26th. This year our school has a goal of raising **\$1,300.00 or \$5 a student**. The Terry Fox Foundation has a great reputation, with \$.79 cents of every dollar raised going directly to cancer research. Donate online at <http://www.terryfox.ca/WestviewElementary> or by simply giving your child \$5 to bring to school on or before Run Day. For more information, visit [terryfox.org](http://terryfox.org)

### **Forms**

Thank you to all those parents who have completed both the paper and on-line forms. To those parents who have yet to complete the forms, please do so as soon as possible. Please note, students will need the 'Impromptu Walking Field Trip' form completed to participate in the Terry Fox Run.

### **Important Dates in September and October:**

**Wednesday, September 18<sup>th</sup>** – Individual Photo Day

**Tuesday, September 24<sup>th</sup>** – Westview PAC meeting in the library at 6:30 p.m. All Westview parents are welcome

**Wednesday, September 25<sup>th</sup>** – Staff Collaboration Time. Students dismissed at 2 p.m.

**Thursday, September 26<sup>th</sup>** – School wide Terry Fox Run

**Monday, September 30<sup>th</sup>** – Orange Shirt Day

Wednesday, October 2<sup>nd</sup> – Welcome Back/Meet Your Child’s Teacher and PAC  
Ice Cream Social – 3p.m.

Friday, October 4<sup>th</sup> – Curriculum Implementation Day for District staff. School not  
in session for students

Monday, October 14<sup>th</sup> – Thanksgiving Day, School closed

Sincerely,

Carla Orr  
Principal

Stephanie Maki  
Vice-Principal