



**Monday Message**  
**Week of February 12, 2018**

**Triple Ball games**

February 13<sup>th</sup> – Girls play at Westview

**Student Leadership**

The leadership club will continue supporting spirit days this week. For Valentine's Day tomorrow, students are encouraged to wear: red, pink, or purple. On Friday the 16<sup>th</sup>, again in support of our Canadian athletes we will be wearing Olympic gear or red & white.

**Queen Mary Family Learning Program**

Please see additional attachment for more information.

**Community Event – screening of a film on Anxiety**

Join the City of North Vancouver, Canadian Mental Health Association and Child and Youth Mental Health MCFD for a screening of **Angst: Raising Awareness Around Anxiety**.

**March 2, 5:30 - 8:00 PM, The Pipe Shop Venue at the Shipyards**

The film *Angst* takes an in-depth look at anxiety. Exploring its causes, effects and what we can do about it. It features candid interviews with kids and young adults, and includes discussions with mental health experts about the causes of anxiety and its sociological effects. As well as how to help, resources and tools.

Resource booths from community mental health supports and light refreshments provided.

**Other Important Dates in February and March**

*PAC sponsored Cake Bingo* – Thursday, February 22<sup>nd</sup> 6 p.m. to 8 p.m.

*District Professional Day* – Friday, February 23<sup>rd</sup> School not in session for students this day

*PAC meeting* – Monday, February 26<sup>th</sup> 6:30 p.m. in the Westview Library

*Report Cards Published* - Friday, March 9<sup>th</sup>

*Parent-Teacher Interviews* – Tuesday, March 13<sup>th</sup> and Wednesday, March 14<sup>th</sup> 2 p.m. dismissal

*Spring Break* – School closed Monday, March 19<sup>th</sup> to Monday, April 2<sup>nd</sup>. Students return to school on Tuesday, April 3<sup>rd</sup>.

Sincerely,  
Carla Orr  
Principal

Marilyn McVey  
Vice Principal