

## Programs for Families

(123 E 23rd and Lonsdale)

Harry Jerome POOL: **\$2 PUBLIC SWIMMING**

Tuesdays/Thursdays 7:30-9:00pm and Saturdays/Sundays 1:30-3:00pm

Harry Jerome ARENA:

Tuesdays **\$2 FAMILY SKATE** : 5:30pm - 6:30pm **\$2 PUBLIC SKATE**: 6:45pm - 8:00pm

Thursdays **\$2 FAMILY SKATE**: 3:15pm - 4:45pm

Family Skate includes use of support bars on ice.



### FAMILY DROP-IN AT JBCC 0 TO 12YRS

Play with your family! Lots of sport equipment available in the gym. Please pay your \$1 drop-in fee at the front desk to receive a hand stamp.

Sundays 1:30-3:00pm \$1 drop-in/\$3per family

### SPORTS PLAY AT JBCC 9-12YRS

A chance to play a variety of sports in the gym, supervised by an on-site leader.

351192 Friday Jan 8-Feb 5 3:45-5:15pm

351193 Friday Feb 12-Mar 11 3:45-5:15pm

\$10

### JBCC PRE-TEEN DROP-IN (GRADES 5-7)

Located in the JBCC Youth Lounge: Table Tennis, Arts and Crafts, Pool, Video Games!

Tuesdays 3:00-5:30pm

CONTACT GEOFF FOR MORE INFO: 604-258-8750

*For more information, please contact:*

**Maria Morisseau 604-290-2384 mmorisseau@nsnh.bc.ca**

North Shore Neighborhood House Community Project Coordinator - Westview, Queen Mary and Ridgeway Schools

or

**Sylvia Martinz Recreation Programmer1 604-982-8313**

North Shore Neighbourhood House



# Westview Elementary



**\*Registration Opens Thurs Dec 17th**

**7:30am (reg closes Jan 11)**

**WINTER 2016**

**RECREATION ACTIVITIES**

*"BUILDING OUR COMMUNITY ONE RELATIONSHIP AT A TIME"*

PROGRAMS OFFERED BY THE NORTH SHORE NEIGHBOURHOOD HOUSE

IN PARTNERSHIP WITH THE NORTH VANCOUVER RECREATION & CULTURE COMMISSION.



North Vancouver  
Recreation & Culture Commission  
*Building healthy individuals, families and communities.*



**REGISTRATIONS BEGINS THU DEC 17TH AT 7:30AM. REGISTRATION PROCESS:**

Registration can *only* be done by phone 604-982-8300 or in person at JBCC Please have barcode and payment ready. You may be required to answer several questions regarding your child. Registration closes on Jan 11th 2015.

**FINANCIAL ASSISTANCE MAY BE AVAILABLE TO THOSE WHO ARE IN NEED. PLEASE**

**CONTACT SYLVIA @604-982-8313**

## After School Programs for Kids

### BADMINTON GR 1-4 NEW!!

Learn the skills! Play the game! Lots of time for practice and game play!

Westview, Gym  
361613                      Tuesdays                      Dates to be announced                      3:05-4:15pm                      \$5

### BABYSITTER TRAINING 11YRS & UP

Receive instruction in child care, safety procedures and activities for young children. Must be 11yrs old by the last class and attend all sessions to receive certification from Red Cross. Fee includes manual.

Westview, Breakout Rm  
361628                      Tuesdays                      Jan 19-Mar 8                      3:05-4:30pm                      \$35

### WESTCOAST DANCEFIT! GR 4-7 NEW!

WestCoast Dance fit offers a fun and engaging way to get moving! From hip hop to salsa we do it all. Come join us and learn how to dance!

No class during Spring Break, performance takes place on Thursday April 14th @ Centennial Theatre

Westview, GYM  
361610                      Thursdays                      Jan 21-Apr 7                      3:05-4:15pm                      \$30



### LOLO KIDS ART STUDIO 7-12YRS

Discover the wonderful world of art in this drop-in class. Imaginations are encouraged to run wild with creative activities including painting, sponging, drawing, pastels, collage and more! (Kelly)

JBCC, Art Studio

351057                      Wednesdays                      Jan 6-Feb 3                      3:45-5:15pm  
351058                      Wednesdays                      Feb 10-Mar 9                      3:45-5:15pm

**\$25 MUST REGISTER FOR SESSION**

## After School Programs for Kids

### LEGO Club! Gr K-4

Come join the afterschool Lego Club! All materials supplied. Build and create with the help of a FUN leader!

Westview Breakout Rm  
361611                      Thursdays                      Jan 21-Mar 10                      3:05-4:05pm                      \$5

### RED FOX ACTIVE PLAY! GR 4-7 FREE PROGRAM!

Red Fox Active Play promotes physical literacy and social development through fun active activities. Children will learn new skills, gain confidence and physical fitness through games, circus arts and sports. Things like pogo sticks and stilts will be provided!! Class will be inside and out, please dress for the weather!

Westview, Gym NO class Jan 29 & Feb 5

361612                      Fridays                      Jan 22-Mar 11                      3:05-4:30pm                      FREE

## Programs for Parents

### YOGA WITH RIO!

Learn to let daily stress leave your body in this welcoming environment. Join Rio and focus on relaxation, breathing techniques, flexibility and health. Please bring a blanket or mat to sit on. To register call 604-982-8300. **Class will be held at St. John's Church (behind Queen Mary Elementary School)**

361600                      Wednesday                      Jan 13-Mar 9                      7:30pm-8:45pm                      \$18.00

Session \$18; no drop-ins permitted due to location.

### NO SCHOOL

Friday	Jan 29	Pro D Day
Friday	Feb 5	Pro D Day
Monday	Feb 8	Family Day-no school
Monday	Feb 29	Pro D Day
Mon-Fri	Mar 14-24	Spring Break
Friday	Mar 25	Good Friday-no school
Monday	Mar 28	Easter Monday-no school

### PARENT COFFEE MORNING

TBA 8:45AM



**\*Please note: classes will start and end 1hr earlier on Early Dismissal days. Jan 27 & Feb 24**

### PARENT LUNCHEONS

Join us for an enjoyable and educational experience at no cost.

**Must RSVP to Maria Morisseau 604-290-2384**

Feb 18                      Location tba                      11:30-12:45pm                      Free

### PARENT Advisory Council Meetings

Check website for meeting dates.

**Family Swim Night @  
Harry Jerome Pool:**

Tuesday Feb 23 7:30-9pm