

SCHOOL _____

DIVISION _____

TEACHER _____

GRADE _____

Program Name (if known)* _____

I hereby give consent to the staff of the NVRC & NSNH, or other organization to take my child on outings by public transit, chartered bus, and by walking as only applies to activity.

Pick-Up Policies: We require that all children be picked up on time. If you are more than 5 minutes late picking up your child, we will call you at the number you have provided. Please note we will not re-lease your children to any person(s) for whom we do not have written permission. If an unauthorized person arrives to pick up your child, we will contact you via telephone. Failing that, a designated alternate from the list will be called to pick up your child.

We require parent/guardian to physically sign children out of the program by coming into the school at the end of each activity unless specified otherwise.

At the end of each activity, my child will be: **please check one*

Picked up by a parent/guardian	<input type="checkbox"/>
Allowed to dismiss themselves	<input type="checkbox"/>
Attending afterschool care (Ridgeway & Westview only)	<input type="checkbox"/>

Please list two alternate pick up contacts:

Name of First Alternate: _____

Relationship to Child _____ Phone #: _____

Name of Second Alternate: _____

Relationship to Child _____ Phone #: _____

Signature _____ Date _____

For more information about programs or financial assistance:

Maria Morisseau, NSNH Community Project Coordinator -
 Queen Mary, Westview, and Ridgeway Schools
 604-290-2384 or mmorisseau@nsnh.bc.ca
 OR
 John Braithwaite Community Centre
 604-983-6471



WESTVIEW AFTER SCHOOL PROGRAMS

Lego & Play Gr. K-4 Foyer
 Join the afterschool Lego Club. Build your imaginations and join in for some active games! Lego supplied. **No class on May 7th (Pro-D) or May 21st (Victoria Day)**
 401417 M Apr 23-Jun 11 3:05-4:15pm \$26

Westcoast DanceFit Gr. 1-3 Gymnasium
 WestCoast Dancefit offers a fun and engaging way to get up and get moving! Classes are designed to develop skills in hip hop and jazz. Instructors provide students with the tools to embrace movement, creativity and performance. **No class on May 7th (Pro-D) or May 21st (Victoria Day)**
 401418 M Apr 23-Jun 11 3:05-4:05pm \$35

Yoga Story Time with Kami Gr. K-2 Library
 Join Kami for after school story time in the library, with yoga! We will do a series of beginner friendly yoga poses, based on themes from popular children stories. Classes will involve play based yoga, relaxation techniques, breath work, and end with some arts and crafts.
 401416 Tu Apr 24-Jun 5 3:05-4:05pm \$25

After Hours @ Westview Gr. 5-7 Classroom 137
 Something cool for after school. This program includes out trips, sports, active games, snacks and crafts. Out trip days are **May 10, May 24, Jun 7** which go until 6pm.
 401420 Th May 3-Jun 7 3:05-5:00/6:00pm \$25

Soccer with Sam Gr. 2-5 Gymnasium
 Work on your soccer skills, play games and have FUN with soccer coach Sam.
 401415 Th Apr 26-Jun 14 3:05-4:15pm \$26

Red Fox Active Play Gr. 4-7 Gymnasium
 Red Fox Active Play is a free program that promotes physical literacy and social development through fun and active activities. Children will learn new skills, gain confidence and physical fitness through games, circus arts and sports.
 401419 F Apr 27-Jun 8 3:05-4:30pm FREE

Registration begins on Fri. April 6 at 7:00am

WAYS TO REGISTER:

In Person: Drop by any of our Community Recreation Centres during office hours
Customer Call Centre: 604.987.PLAY (7529). M-F 8:30am-6:30pm
Online registration: www.nvrc.ca

PROGRAMS AT JOHN BRAITHWAITE COMMUNITY CENTRE

145 W 1st St, North Vancouver, BC, V7M 3N8 | 604-983-6471

Sports PLAY 8-12 years

Gymnasium

Come down to the JBCC gym to play a pick up game with friends: basketball, ball hockey, dodgeball...you choose. On site leaders will also help organize games, a perfect way to end the school week.

F Jan 12-Mar 16 3:45-5:15pm \$2 drop in

Family Gym Drop-in 0-12 years

Gymnasium

A fun and affordable way for families to be active together.

Su Sept 24-Dec 17 1:30-3:00pm \$1 drop in

Pre-Teen Drop In Grades 5-7

Youth Lounge

Table tennis, arts and crafts, pool and video games. Contact Jeff for more information 604.258.8750

Tu 3:00-5:00pm FREE

PROGRAMS AT HARRY JEROME COMMUNITY CENTRE

123 E 23rd St, North Vancouver, BC, V7L 3E2 | 604.983.6403

School age Skate Lessons Beginner 6-12 years

Arena

This class is for children that do not have a lot of skating experience. Skills covered include: forwards gliding, marching forward, making snow, falling down and getting up, and walking backwards.

398376 Tu Jan 24-Mar 13 4:30-5:15pm \$40

Public Swimming at Harry Jerome Rec Centre

F 8:00-9:00pm \$2
Sa/Su 1:30-3:00pm \$2

Public Skating at Harry Jerome Rec Centre

Tu 5:30-6:30pm and 6:45-8:00pm \$2
Th 3:15-4:45pm \$2

"Building our community one relationship at a time"

Programs offered by the North Shore Neighbourhood House in partnership with the North Vancouver Recreation & Culture Commission



United Way
Lower Mainland

city
of north
vancouver



Jumpstart
Giving kids a sporting chance.

****Child will not be able to participate without Emergency Consent Form filled out before program start date. If you have completed this form in the Fall, please disregard. All information on this form is confidential. Please print clearly on both sides, cut on the dotted line, and hand it into the school office, "Attn: Maria Morisseau"**

EMERGENCY - CONSENT CARD

Name _____ Sex: M ___ F ___
(Surname, First Name)

Birth date _____
(Day/Month/Year)

Address _____

Mother's Name _____ Home Tel _____

Work Tel _____ Cell _____

Father's Name _____ Home Tel _____

Work Tel _____ Cell _____

Emergency Contact (not parent/guardian)

_____ Tel _____

Child's Doctor _____ Tel _____

Most Recent Tetanus Shot _____ Medical # _____

Allergies/Medications _____

Medical Conditions _____

CONSENT FORM

It is our policy to notify a parent when a child is ill or needs medical attention. Occasionally we cannot contact parents and we need to get immediate help for the child. Please sign the consent below so that we can take appropriate action on behalf of your child. We will take this signed consent with us to the emergency centre. I authorize the staff or person(s) from **NVRC and NSNH or other organization** to call a physician; summon an ambulance for emergency medical aid, should, in the opinion of the person(s) in attendance, feel such services are required and I cannot be contacted by phone. If such emergency should arise, I shall be notified as soon as possible. I agree that any cost incurred for such services shall be the sole responsibility of me.

Signature of Parent/Guardian _____

It is the responsibility of the parent to update emergency information. Please advise staff of any changes.