No School April 14th—Good Friday April 17th—Easter Monday May 8th—District Wide Professional Day May 22—Victoria Day

Staff Collaboration Early Dismissal—2:00pm April 26th





# **Spring 2017**

## Westview Recreation Programs

### Registration begins Wednesday April 12th at 7:00am

**To Register call**: 604.987.PLAY (7529) **In person registration:** drop by your local recreation community centre **Online registration:** www.nvrc.ca

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"Building our community one relationship at a time"
Programs offered by the North Shore Neighbourhood House in partnership with the North Vancouver Recreation & Culture Commission

#### After School Programs at Westview

#### Lego Club Grades K-3

Come join the afterschool Lego Club. Build and create with the help of a FUN leader. All materials supplied. No class May 8 & May 22.

Westview, Multipurpose Room

380871 Mondays April 24-June 12 3:05-4:15pm \$26

#### Kids Yoga Grades 1-3

Little yogis can strengthen their body and increase their focus with this fun yoga session. Dynamic and static flexibility exercises will allow kids to run faster, jump higher and condition themselves for all types of dance and sporting activities even outside the yoga studio.

Westview, Multipurpose Room

 380869
 Wednesdays
 April 26
 2:05-3:05pm

 May 3-June 14
 3:05-4:05pm

#### \$26

#### Soccer with Sam Grades 2-5

Work on your soccer skills, play games and have FUN with professional soccer coach Sam.

3:05-4:15pm

7:15-8:15pm

Westview, Gymnasium

380866 Thursdays April 27-June 15 \$26

#### After Hours @ Westview Grades 5-7

Something cool for after school.This popular program offers out trips, sports,<br/>games, snacks and crafts. Out trip days May 17 & June 1 run until 6pm.Westview, Multipurpose Room<br/>380867May 11-June 13:05-5:00/6:00pm\$25

#### Red Fox Active Play Grades 4-7

Red Fox Active Play is a free program that promotes physical literacy and social development through fun and active activities. Children will learn new skills, gain confidence and physical fitness through games, circus arts and sports.

Westview, Gymnasium

380870 Fridays April 21-June 16 3:05-4:30pm FREE

#### Yoga with Rio for Parents

Learn to let daily stress leave your body in this welcoming environment. Join Rio and focus on relaxation, breathing techniques, flexibility and health. Please bring your own mat or blanket. *For parents of students at Queen Mary, Ridgeway and Westview only.* 

#### JBCC, Harbourview Room 380857 Wednesdays April 26-June 14 \$40 \$5.50 drop-in

#### Fridays \$2 drop in

JBCC, Gymnasium

Sports PLAY 8-12 years

April 7-June 16

16

**Programs at John Braithwaite Community Centre** 

Come down to the JBCC gym to play a pick up game with friends: basketball, ball

hockey, dodgeball....you choose. On site leaders will also help organize games, a

3:45-5:15pm

#### Family Gym Drop-in 0-12 years

perfect way to end the school week.

A fun and affordable way for families to be active together. Sundays April 2-June 11 1:30-3:00pm JBCC, Gymnasium \$1 drop in; \$3 family drop in

#### LoLo Kids Art Studio 7-12 years

Discover the world of art, create 2D & 3D unique projects using a variety of mediums, fibre art, drawing, painting, print making, collage and more. JBCC, Art Studio 371306 Wednesdays April 5-May 10 3:45-5:15pm 371307 Wednesdays May 17-June 21 3:45-5:15pm

371307 Wednesdays May 17-June 21 \$30

#### Pre-Teen Drop In Grades 5-7

Table tennis, arts and crafts, pool and video games.JBCC, Youth LoungeTuesdays3:00-5:30pmFreeContact Geoff for more information 604.258.8750

#### Public Swimming at Harry Jerome rec Centre

123 East 23rd Street & Lonsdale Saturdays and Sundays 1:30-3:00pm \$2

#### For more information, please contact:

Maria Morisseau, NSNH Community Project Coordinator -

Queen Mary, Westview, and RidgewaySchools 604-290-2384 or mmorisseau@nsnh.bc.ca OR

Baldev Biln , NVRC Recreation Programmer 1 - John Braithwaite Community Centre 604-983-6474 or bilnb@nvrc.ca