

Parent Advisory Council (PAC) and North Shore Neighbourhood House Community Development



Parent Luncheons in the Queen Mary Multipurpose Room
Join us for an enjoyable and educational experience at no cost.

Must RSVP to Maria Morisseau 604-290-2384

Queen Mary, Multipurpose Room
October 14 12:00-1:30pm

Parent Advisory Council (PAC) Meetings

Check website for meeting dates.

No School

September 30 Professional Development Day
October 10 Thanksgiving
October 21 Professional Development Day
November 11 Remembrance Day
November 14 Non-Instructional Day
December 19-January 2 Winter Vacation

Early Dismissal—2pm

September 28th
November 30th

For more information, please contact:

*Maria Morisseau, NSNH Community Project Coordinator -
Queen Mary, Westview, and Ridgeway Schools
604-290-2384 or mmorisseau@nsnh.bc.ca*

Registration begins Wednesday September 28th at 7:00am

Call Centre Registration: 604.987.PLAY (7529)

In person registration: drop by your local recreation community centre

Online registration: www.nvrc.ca



"Building our community one relationship at a time"
Programs offered by the North Shore Neighbourhood House in partnership
with the North Vancouver Recreation & Culture Commission

Westview Elementary School



FALL 2016 Recreation Activities

Registration begins Wednesday September 28th at 7:00am

Call Centre Registration: 604.987.PLAY (7529)

In person registration: drop by your local recreation community centre

Online registration: www.nvrc.ca

For more information, please contact:

*Maria Morisseau, NSNH Community Project Coordinator -
Queen Mary, Westview, and Ridgeway Schools
604-290-2384 or mmorisseau@nsnh.bc.ca*

After School Programs at Westview

Lego Club Grades 1-4

Come join the afterschool Lego Club. Build and create with the help of a FUN leader. All materials supplied.

Westview, Multipurpose Room

371514 Tuesdays October 4-December 6 3:05-4:15pm

\$20

Soccer with Sam Grades 2-5

Work on your soccer skills, play games and have FUN with professional soccer coach Sam.

371514 Thursdays October 6-December 8 3:05-4:15pm

\$25

After Hours @ Westview Grades 5-7

Something cool for after school. This popular program offers out trips, sports, games, snacks and crafts. Out trip days run until 7pm. Please see flyer for further details.

Westview, Multipurpose Room

371517 Thursdays October 13-November 17 3:05-5:00/7:00pm

\$25

Red Fox Active Play Grades 4-7

Red Fox Active Play is a free program that promotes physical literacy and social development through fun and active activities. Children will learn new skills, gain confidence and physical fitness through games, circus arts and sports.

Westview, Gymnasium

371515 Fridays October 7-December 9 3:05-4:30pm

FREE

Yoga with Rio for Parents

Learn to let daily stress leave your body in this welcoming environment. Join Rio and focus on relaxation, breathing techniques, flexibility and health.

Please bring your own mat or blanket. **For parents of students at Queen Mary, Ridgeway and Westview only.**

St. John's Church (behind Queen Mary School)

371488 Wednesdays October 5-December 7 7:30-8:45pm

\$40 (No drop ins permitted)

Registration begins Wednesday September 28th at 7:00am

Programs at John Braithwaite Community Centre

Sports PLAY 8-12 years

Come down to the JBCC gym to play a pick up game with friends: basketball, ball hockey, dodgeball....you choose. On site leaders will also help organize games, a perfect way to end the school week.

JBCC, Gymnasium

Fridays September 16- December 9 3:45-5:15pm

\$2 drop in

Family Gym Drop-in 0-12 years

A fun and affordable way for families to be active together.

Sundays September 25-December 11 1:30-3:00pm

JBCC, Gymnasium

\$1 drop in; \$3 family drop in

LoLo Kids Art Studio 7-12 years

Discover the world of art, create 2D & 3D unique projects using a variety of mediums, fibre art, drawing, painting, print making, collage and more.

JBCC, Art Studio

368006 Wednesdays September 14-October 26 3:45-5:15pm

368007 Wednesdays November 2-December 14 3:45-5:15pm

\$35

Pre-Teen Drop In Grades 5-7

Table tennis, arts and crafts, pool and video games.

JBCC, Youth Lounge

Tuesdays 3:00-5:30pm

Free

Contact Geoff for more information 604.258.8750

Drop in Skating & Swimming at Harry Jerome recCentre

Harry Jerome recCentre

123 East 23rd Street & Lonsdale

Public Swimming

Tuesdays and Thursdays 7:30-9:00pm

Saturdays and Sundays 1:30-3:00pm

\$2

After School Skate

Thursdays 3:15-4:45pm

\$2

For more information, please contact:

Maria Morisseau, NSNH Community Project Coordinator -

Queen Mary, Westview, and Ridgeway Schools 604-290-2384 or mmorisseau@nsnh.bc.ca

OR

Darcie Montgomery, Facility & Program Supervisor - John Braithwaite Community Centre

montgomeryd@nrc.ca