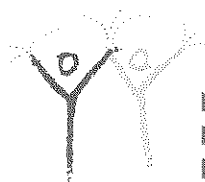


Registration begins on Wed. January 16 at 9:00am



North Shore
Neighbourhood
House



NORTH VANCOUVER
**Recreation
& Culture**

WESTVIEW AFTER SCHOOL PROGRAMS

****Please note a Parent Emergency Consent Form will be emailed to parents before the program starts. Please fill out and bring to course instructor on the first day of programs.****

Soccer with Sam Gr. 3-5

Gymnasium

Work on your soccer skills, play games and have FUN with soccer coach Sam.

411354 Th Jan 24-Mar 7 3:05-4:15pm \$30

Red Fox Active Play Gr. 4-7

Gymnasium

Red Fox Active Play promotes physical literacy and social development through fun and active activities. Children will learn new skills, gain confidence and physical fitness through games, circus arts and sports.

****No class on Feb 18th. Program will run from 2:05-3:30pm on March 15th due to Early Dismissal****

411353 F Feb 1-Mar 15 3:05-4:30pm FREE

****Offered by the North Shore Neighbourhood House. For Red Fox Consent Forms and more information please contact Leah at lherman@nsnh.bc.ca.**

Students are responsible for making their own way to the programs. Instructors will be meeting them in the designated room.

Please remind your child when programs begin.

Registration begins on Wed. January 16 at 9:00am

WAYS TO REGISTER:

In Person: Drop by any of our Recreation Centres during office hours

Customer Call Centre: 604.987.PLAY (7529). M-F 8:30am-6:30pm

Online registration: www.nvrc.ca

PROGRAMS AT JOHN BRAITHWAITE COMMUNITY CENTRE

145 W 1st St, North Vancouver, BC, V7M 3N8 | 604-983-6471

Family Open Gym Drop-In 1-12yrs

Gymnasium

A fun and affordable way for families to be active together. There is lots of space for parents and children, 12yrs and under, to play in our gym with a gymnastics circuit, trikes, balls, and open courts for basketball.

Su Jan 13-Mar 31 1:30-3:00pm \$2

Pre-Teen Drop-In Grades 5-7

Youth Lounge

Table tennis, arts and crafts, pool and video games. Contact Kyle for more information at 604.983.6492.

Tu 3:00-5:00pm FREE

For more information about programs or financial assistance:

Leah Herman, NSNH Community Project Coordinator -

Queen Mary, Westview, and Ridgeway Schools

604-290-2384 or lherman@nsnh.bc.ca

OR

John Braithwaite Community Centre

604-983-6471

"Building our community one relationship at a time"

Programs offered by the North Shore Neighbourhood House in partnership with the North Vancouver Recreation & Culture Commission



United Way
Lower Mainland

city
of north
vancouver



Jumpstart
A COMMUNITY PARTNER