



WESTVIEW TRACK AND FIELD PRACTICE SCHEDULE 2016

DAY	TIME	EVENT	TEACHER SPONSOR
MONDAY	12:25pm	Long Distance – 800m, 1500m	Mrs. K. Harris Ms. T. Chan
TUESDAY	8:15am	Sprints & Relays – 100m, 200m, 400m, 4x100m, medley	Mrs. S. Seward Mrs. B. Smallridge Ms. M. Bunce Ms. J. Merrifield
	12:25pm	Shot Put	Mr. J. Beckmann
WEDNESDAY	8:15am	High Jump	Mrs. L. Tarves Ms. D. Malik Mrs. K. Harris Mrs. T. Chapman
THURSDAY	12:25pm	Long Jump/Triple Jump	Mrs. J. Stewart Ms. S. Gushue
		Shot Put	Mrs. A. Fletcher Ms. M. Kwok
FRIDAY	8:15am	High Jump	Mrs. L. Tarves Mrs. D. Malik
	8:15am	Long Jump/Triple Jump	Mrs. J. Stewart Ms. S. Gushue
	12:25pm	Sprints & Relays – 100m, 200m, 400m, 4x100m, medley	Mrs. S. Seward Mrs. B. Smallridge Ms. M. Bunce Ms. J. Merrifield