

**Westview REVISED Track and Field Practice Schedule – 2019**

	Monday	Tuesday	Wednesday	Thursday	Friday
			8: 20 a.m. Long Jump Triple Jump Mrs. Tarves Mrs. Malik	8:10 to 8:40 Sprints & Relays Ms. Allerton Mrs. Ng	8:10 to 8:40 Sprints & Relays Ms. Bunce Mrs. Smallridge
12:25 p.m.	Long Jump Triple Jump Mrs. Tarves Mrs. Malik	Distance Running Mrs. Fawcett	Shot Put Mr. Gehrels	Distance Running Mrs. Fawcett	
3:05 p.m.			High Jump Mrs. Grocott Mrs. Chapman		

