

Mandatory Daily Health Assessment for Students

Parents and caregivers must assess their child daily for symptoms of common cold, influenza, COVID-19, or other infectious respiratory disease before sending them to school.

Please check your child daily for the following symptoms:

- Coughing
- Fever (> 37.5 °C) or signs of fever*
- Chills
- Sore throat and painful swallowing
- Shortness of breath/difficulty breathing
- Headache
- Chills
- Feeling unwell/fatigue
- Muscle aches and pains
- Stuffy or runny nose
- Loss of sense of smell
- Diarrhea
- Nausea/vomiting
- Loss of appetite

Please refer to the BC CDC for more information on signs and symptoms:

<https://www.healthlinkbc.ca/symptoms-covid-19>

IF STUDENT DEVELOPS SYMPTOMS AT HOME:

1. Parents or caregivers must keep their child at home until they have been assessed by a health care provider to exclude COVID-19 or other infectious diseases, and their symptoms have resolved.
2. If a student is assessed by their family physician or nurse practitioner and it is determined that they do NOT have COVID-19, they may return to school once symptoms resolve.

Please note, if there is a confirmed case of COVID 19 within the home, students must remain at home and consult their health care provider.