

JOIN US FOR A SPECIAL SCREENING OF

# Angst

RAISING  
Awareness  
AROUND  
Anxiety

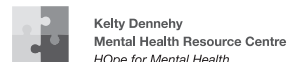
**FRI MAR 2 | 2018**

**5:30PM – 8PM**

The film Angst takes an in-depth look at anxiety, exploring its causes, effects and what we can do about it. It features candid interviews with kids and young adults, and includes discussions with mental health experts about the causes of anxiety and its sociological effects, as well as help, resources and tools.

RESOURCE BOOTHS  
FROM COMMUNITY MENTAL  
HEALTH SUPPORTS AND LIGHT  
REFRESHMENTS PROVIDED

**FREE TICKETS @**  
[cnv.org/AngstMovie](http://cnv.org/AngstMovie)



City of North Vancouver | Canadian Mental Health Association | Child & Youth Mental Health | MCFD



**DOORS OPEN @ 5:30 PM**  
SCREENING STARTS @ 6PM

**THE PIPE SHOP @ THE SHIPYARDS**  
115 VICTORY SHIP WAY | NORTH VANCOUVER