



Upper Lynn Track and Field Schedule: Spring 2024

- Athletes must return signed permission forms to the office before their first practice.

	Monday	Tuesday	Wednesday	Thursday	Friday
AM 8:00-8:40am		Gr. 6-7 Sprints/Relays Ms. Cheng Ms. Ross Ms. Turcato	Grade 6-7 High Jump Ms. Chambers Mr. Lunny	Gr. 6-7 Sprints/Relays Ms. Cheng Ms. Ross Ms. Turcato	Gr. 4-5 Sprints/Relays Mr. Liou Ms. Byrne Ms. Mitchell Ms. Sihota
Lunch 12:00-12:30pm	Gr. 4-5 Long Jump Mr. Choi Ms. Cheng Ms. Pavao			Gr. 4-7 Shotput Paula Ms. Lowen Gr. 4-5 High Jump Ms. Chambers Mr. Lunny	
PM 3:10-4:00pm	Gr. 4-7 Long Distance Ms. Wood Ms. Purich	Gr. 6-7 Triple Jump/Long Jump Ms. Blaker Mr. Mawson Ms. Hatziantoniou	Gr. 4-5 Sprints/Relays Mr. Liou Ms. Byrne Ms. Mitchell Ms. Sihota	Gr. 4-5 Triple Jump Mr. Fox Ms. Wong Ms. Pavao	

