

Upper Lynn e-News

March 3, 2024

Important Dates & Reminders for the Week of March 04 to March 08, 2024

Monday 04	Tuesday 05	Wednesday 06	Thursday 07	Friday 08
Silent Auction Week	Silent Auction Week	Silent Auction Week	Silent Auction Week	Silent Auction Week
Hot Lunch Well Fed	Winter Concert K-3; 6:30		Winter Concert 4-5(5/6); 6:30	Hot Lunch Magic Lunch Box
Grade 7 Boys Tripleball Playdowns	Grade 7 Girls Tripleball Playdowns			

Upcoming Dates

- Sunday March 3 – Silent Auction Week
- Monday March 4 – Hot Lunch - Well Fed
- Monday March 4 – Grade 7 Boys & Tripleball Playdowns; Argyle
- Tuesday March 5 – Grade 7 Girls Tripleball Playdowns; Argyle
- Tuesday March 5 – K-3 Winter Concert
- Thursday March 7 – 4-5 (5/6) Winter Concert
- Friday March 8 – Hot Lunch - Magic Lunch Box
- Monday March 11 – Hot Lunch – Pizza
- Tuesday March 12 – Silent Auction Pick-Up
- Tuesday March 12 – Learning Conferences - **Early Dismissal; 2pm**
- Tuesday March 12 – Last Day to Order Spirit Wear
- Thursday March 14 – Learning Update Upload: 4pm
- Friday March 15 – Hot Lunch – Foodie Kids
- Friday March 15 – Spring Break Begins; 3pm
- Friday March 29 – Good Friday – School is Closed
- Monday April 1 – Easter Monday – School is Closed
- Tuesday April 2 – School Re-Opens

Upper Lynn News

Spirit Wear is Back!

We received our first delivery of spirit wear in January, and it looks gorgeous. If you missed out or want to order additional items we have great news: we have another round of ordering open now, until March 12th, for delivery early in the new term. This will be the last opportunity in this school year to order spirit wear.

In addition to the hoodies, t-shirts, and sweatpants, we've added an additional item which we think will be very popular ahead of spring and summer: a flex-fit cool & dry cap, with an embroidered bear logo.



For additional details and to place your order click [here](#).

Music in March (Reminder)

Upper Lynn students in divisions 6-21 have been working hard with their classmates to prepare songs for their upcoming performances. Students will perform in an afternoon dress rehearsal for each other and in an evening concert for family members. Please find details of the performances below:

Divisions 11-21 and Primary Choir

Tuesday, March 5 6:30 pm
Upper Lynn gymnasium

Divisions 6-10 and Intermediate Choir

Thursday, March 7 6:30pm
Upper Lynn gymnasium

All students should arrive at 6:15pm and go to their classrooms. After the concert, please pick up your students from their classrooms. Due to the limited space in our gym, we ask that only two adults per family attend the concert.

We are so excited to share our music class learning with you!

Choir Practice Change:

There will be no Primary choir practice on March 7 or 14.
There will be no Intermediate choir practice on March 13.

Choir practices will resume after March Break. Any students who are interested in joining the choirs are welcome to join at that time.

Primary Choir - grades 2&3, Thursdays 8-8:50am

Intermediate Choir - grades 4-7, Wednesdays 8-8:50am

Late Drop-off / Early Pick-up

For the safety and organization of our school day, if you are dropping your child-off after the second bell, please check-in your child at the office. A staff member will be there to warmly greet them and ensure they are safely escorted to their classroom. Similarly, during early pick-up times, we ask that you meet your child at the office. This process helps us maintain a safe and orderly environment for all students.

Additionally, if your child needs to leave the building early for an appointment or any other reason, we request that you inform both the teacher and the office via email at upperlynn@sd44.ca. This advance notice greatly assists us in minimizing classroom disruptions and ensures a smooth transition for your child. We appreciate your cooperation and understanding in these matters. Thank you for your continued support in making our school a safe and welcoming place for learning.

Early Dismissal / Conferences

Just a reminder that on March 12th, our school will have an early dismissal at 2:00 PM due to Conferences. Each classroom teacher will be contacting families individually to discuss the specific format for their class's conferences. We kindly ask that you arrange appropriate supervision for your child following the early dismissal time. If you haven't received any communication from your child's teacher by the middle of next week, we encourage you to reach out to them.

PAC News

The PAC wanted to make sure that everyone is aware of ways that our community is coming together to support Mr. Edgar and his family.

We do know that there are other families struggling with their own hard news in this season and some newer families with younger children will not know who Chris is. So, please know these suggestions are optional and come without pressure.

In addition to [cards/notes/letters](#) that can be dropped off at the school office, if you would like to contribute to a group [financial](#) gift, please feel free to etransfer ulpacfinance@gmail.com (with Chris Edgar in the subject line). We are following his family's lead and will make sure they receive money to put towards food, cleaning, or anything else they need at this time.

Thank you so much,
The PAC

HOT LUNCH ORDERING IS OPEN!

Spring Session will run from Friday April 5th to Monday June 24th. Orders must be placed and paid in full by Monday **March 11th at 11:59pm**. Unpaid orders will be cancelled.

The hot lunch program cannot operate without volunteers. Please sign up to help out! Volunteers will need a completed volunteer form and criminal record check. Please see Kelly in the office if you need assistance.

If you would like to place a hot lunch order and need financial assistance, subsidies are available. Please contact Mr. MacLeod at tmacleod@sd44.ca
The request will be kept confidential.

New users and returning parents will be able to access MunchALunch

at <https://munchalunch.com/schools/upperlynn/>

Lunch program FAQ's can be found here: <https://upperlynnpac.weebly.com/lunch-program-faqs.html>

For assistance reach out to Heather @ ulpachotlunch@gmail.com

New PAC/Upper Lynn Board people

Many of us are stepping down at the end of the year due to external commitments (such as running companies, completing masters programs, kids aging out of elementary school etc).

We know everyone is busy, but in a world where our schools are not adequately funded, schools greatly benefit from PAC support.

Our current PAC is conflict free, works well together, and is ready for some new ideas, perspective, and energy. This is an opportunity to gather some friends and make it your own. It does not have to be the same as previous years. You will have the freedom to shape your role in a way that fits well with your availability. ULE PAC basically functions as a Board, so please consider this your invitation to put your (or someone you think would be great) name(s) forward.

Roles available include:

Voting members: Chair/Co-Chair, Co-Secretary

Non-Voting members: Hot-Lunch, Communications, Traffic & Safety, and Events.

email upperlynnpac@gmail.com for more information.

2024 Upper Lynn Online Silent Auction - We are now live!!

The Online Silent Auction is now live and closes on Friday, March 8th at 9pm. Check out the amazing items at: <https://www.32auctions.com/UpperLynn2024>. The money raised goes toward PAC financed programs such as classroom supplies, library books, PE enrichment programs, bursaries for families, and more.

A huge thank you to our generous families, teachers, donors, and sponsors. Everyone is welcome to bid, so please spread the word and share the auction link with your friends and family.

The ULE Silent Auction Team

Reminders

Used Sports Equipment

Thank you to the two donations of soccer balls! They are greatly appreciated. We continue to be on the lookout for contributions of lightly used sports balls. In particular, we need soccer balls, footballs, basketballs, and rubber balls of medium size. These items will be put to good use as outdoor equipment. If your home has any of these items in good condition that you no longer need, we would be very thankful if you could donate them to Upper Lynn. Kindly drop off any sports balls you wish to donate at the office. Your support is greatly appreciated!

After School Programs (Still Some Room)

Upper Lynn offers a rich array of extracurricular activities for students. In addition to school-sponsored sports like cross-country for grades 4-7, basketball for grade 7, tripleball for grades 6 and 7, track and field for grades 4-7, and a run club, the PAC and NVSD have put together a range of paid programs for the students. For more information, please refer to the end of the newsletter and visit the [Upper Lynn website](https://bit.ly/3ONUuzX). (<https://bit.ly/3ONUuzX>).

After School Programs

NVSD Organized Programs at Upper Lynn.

Mixed Media Art: Fantasy and Magic

In this class, students will dive into the work of art using a range of materials like paints, pastels and mixed media supplies. From drawing fantastical creatures to making 3D masks, we are about having fun and exploring creativity with a variety of materials.

Tuesdays: April 23 - June 11 (3:45 - 5:15pm)

Grades: 2-5

Teacher: Ms. Turcato

Registration: Opens February 15 at 12pm at [NVSD](#)

All About Colour: Perspective Drawing and Pop-Art Explorations

In this class, participants will embark on a creative journey that pushes artistic boundaries, revealing how colour possesses the transformative ability to reshape perspectives. Throughout the class, students will delve into the intricacies of perspective drawing, immerse themselves in the bold and iconic world of Pop Art, and express their creativity through non-objective art. Each project serves as a unique gateway into a spectrum of hues, nurturing both technical skills and boundless creativity.

Wednesdays: April 24 - June 12 (3:45 - 5:15 pm)

Grades: 4-7

Teacher: Ms. Turcato

Registration: Opens February 15 at 12pm at [NVSD](#)

Upper Lynn PAC Organized Programs at Upper Lynn.

Acting Program

Michael of the Story Institute would like to generously offer a **free session** as a trial March 11th!

Time: 3:00pm to 5:00pm

Location: Multi-Purpose Room

Registration Link: storyinstitute.ca/ule-free-improv

Program Information:

Dates: 10 Week Program - **TUESDAYS** April 9th - June 11th

Cost: \$300/ student + GST (Originally \$600, The Story Institute is generously offering ULE families a 50% discount - thank you!)

Grades: 2-7 (Beginners welcome!)

Registration Link: <https://storyinstitute.ca/ule-improv/>

Questions to: michaelcoleman@storyinstitute.ca

Website: <https://storyinstitute.ca/>

What's Your Story? - Youth Acting Program

Actors recreate the human experience through a series of technical analysis exercises and the organic ability to understand and experience authentic feelings as desired. This program is designed to help people of all ages reach a better understanding of self and others through various exercises and games that focus on the following key values:

- Learning to understand before you try to be understood
- Inclusivity
- The power of trying and saying "Yes" to new ideas
- Grounding your emotions
- How to convert nervous energy into excited energy

These fun and simplified games and exercises are some of the same things you would see on a show like **Whose Line is it Anyway?** with an added component of connecting with our emotions, understanding and converting nervous energy into something more empowering, and enhancing basic communication skills with a commitment to inclusivity, self-awareness, and a better understanding of our daily goals and simplified ways to achieve them.

Instructor: Michael Coleman

Michael is a professional actor/writer/director/educator with over 30 years experience in the film and television industry. Michael's earliest foundations involved working as a professional improviser, where he later became a judge for The Canadian Improv Games. Michael designed over 11 diploma programs for post-secondary schools and numerous short-form workshops and camps for actors around the world. Michael is the found of Story Institute and has worked on shows like Hello Kitty, Dragonball Z, X-Men, Inuyasha, Supernatural, Once Upon a Time, Stargate, and many more. His students can be seen on some of these same shows as well as Riverdale, Letterkenny, The 100, My Little Pony, The Dragon Prince, The Descendants, and several over tv shows and movies.

Multi-Sport

Dates: Friday April 5th - June 21st (No session May 3rd)

Times: 3:00-4:30

Grades: 1-3

Cost: \$330 + GST

Registration: [Sign Up Here](#)

This excitement filled program focuses on FUN, physical literacy and sport skill improvement through fun games and activities. Participants will move through a variety of sports such as basketball, soccer, tennis, football, hockey, volleyball, handball, and more. Participants will be fully submerged in the world of sports and are bound to leave the day with a smile on their face, eager for the next day!

NOTE: This is a non-competitive program and is suitable for athletes of any experience or level!

After School Mountain Bike Rides

Join Endless Biking for a mountain bike trail ride led by certified coaches. Riders will be split by ability level in groups with low instructor to student ratios. Students will be met after school by staff and either ride to the trails from there or be transported in our 15 passenger van and driven by a class 4 driver.

Minimum Requirements:

- click for skill level requirement ([Youth Skill Level 2](#))
- click for fitness level requirement ([Youth Fitness Level 2](#))
- bike with 20' inch wheels or larger, front and rear hand brakes, and a range of gears (bike rentals may be available for extra fee)

Who: Grades 2-7

When: Mondays, 3:00-5:00pm

Cost: \$212 (4 weeks)

Register: April 22 - May 13 [REGISTER](#)

Register: May 27 - Jun 17 [REGISTER](#)

Questions? please contact programs@endlessbiking.com

Tim MacLeod
Principal

Lise Grendel
Vice-Principal