

Upper Lynn e-News

November 5, 2023

Important Dates & Reminders for the Week of: November 6 to November 10, 2023

Monday 6	Tuesday 7	Wednesday 8	Thursday 9	Friday 10
Hot Lunch Well Fed		National Indigenous Veteran's Day		Hot Lunch Subway/TCBY Remembrance Day Ceremony

Upcoming Dates

- Monday November 6 – Hot Lunch – Well Fed
- Wednesday November 8 – National Indigenous Veteran's Day
- Friday November 10 – Remembrance Day Ceremony 10:50
- Friday November 10 – Hot Lunch – Subway / TCBY
- Saturday November 11 – Remembrance Day
- **Monday November 13 – Remembrance Day Holiday; Students Not in Session**
- Friday November 17– Hot Lunch – Magic Lunch Box
- November 20 – November 23 – Grade 6 Outdoor School
- Monday November 20 – Hot Lunch - Pizza
- Monday November 20 – ULE PAC Meeting: 7pm (Online)
- Friday November 24 – Hot Lunch – Foodie Kids
- Week of November 27 – Scholastic Book Fair
- Monday November 27 – Hot Lunch – Sushi / Maxfruit
- Tuesday November 28 - Immunizations
- Friday December 1– Hot Lunch – Subway
- **Monday December 4 – District Wide Pro-D; Students Not in Session**
- Tuesday December 5 – Young Entrepreneur Fair; 3:30-5:30
- Thursday December 7 – In-School Band / Choir Performance
- Thursday December 7 – Poinsettia Pick up

- Friday December 8 – Hot Lunch – Magic Lunch Box
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Upper Lynn News

Remembrance Day Ceremony

On Friday, November 10th, at 10:50 am, we are hosting our Remembrance Day Ceremony. We extend an invitation to all students involved in service organizations such as Sparks, Embers, Cubs, Scouts, Air Cadets, and Guides to join us in marking this occasion by wearing their full uniforms to the assembly. Students wearing their uniforms will play a significant role during the event.

Classroom teachers have already spoken with students about the assembly and asked for volunteers to participate. Students who express their interest will meet with Mr. MacLeod on two occasions this week to rehearse their roles and discuss the event's expectations. Additionally, early this week, we will send information home to those students who have expressed their interest in participating.

If you would like to make a donation to the Legion, students from grade 7 will be going around classes this week to collect money. If you have a moment, please check out the following [article](https://bit.ly/474Dqwl) (<https://bit.ly/474Dqwl>) regarding some of the recent struggles of the Legion to collect donations.

Healthy Eating is Important!

We encourage families to reserve candy and treats for moments outside of school hours. Through the recently launched Feeding Futures program, we offer nutritious snacks within the school premises to ensure students have access to food in case they're hungry. We kindly request that students refrain from sharing homemade food to ensure the safety of all students by respecting potential allergy concerns and avoiding conflicts at school. Please be aware that your child's teacher will reach out to you if there are any severe allergies in your child's class that require special attention. We greatly value your cooperation and consideration in upholding the standards of health and safety.

Parking in The Drop-off Zone

Upper Lynn has a population of close to 500 with limited drop-off spaces. We would like to remind parents that parking in the morning drop-off zone is not permitted. This issue has been escalating in recent weeks, causing growing frustration for parents who simply need to drop off their children. Some individuals are parking their cars and escorting their kids into the school, which leaves no available drop-off spaces. We appreciate your assistance in this. Thank you.

Young Entrepreneur

Just a reminder that parent volunteers will be collecting Entrepreneur Fair samples on Monday and Tuesday both before and after school in front of the office. Please submit samples to the parent volunteers at this time unless required by your teacher then please submit directly to them. The Entrepreneur Fair will take place on December 5th from 3:30 to 5:30 in the Gym. Thank you!

ULPAC News

Parent Social

Thank you to MOXIES and BLACK FLY for generously supporting the Parent Social on Friday night. We have such a wonderful community of parents. This was a fabulously fun way to get to know some new faces and build new friendships in our spectacular school gymnasium. There were so many parents involved in the organization and running of the evening. You know who you are and you are ENORMOUSLY appreciated.

Afterschool Programs

What's Your Story? - Youth Acting Program

Dates: 10 Week Program - TUESDAYS November 14th - January 30th
(November 14, 21, 28 / December 5, 12, 19 / January 9, 16, 23, 30)

Times: 3:00pm to 5:00pm

Location: Multi-Purpose Room

Cost: \$375/ student + GST (Originally \$750, Story Institute is offering ULE families a 50% discount - and also donating 1/2 the tuition back to the school)

*Tuition Payment Schedule: 3 equal monthly payments of \$125/month plus GST.

Grades: 4-7 (Beginners welcome!) 25 spots available

NOTE: This program is only available to Grade 4-7 students currently enrolled at Upper Lynn Elementary.

Actors recreate the human experience through a series of technical analysis exercises and the organic ability to understand and experience authentic feelings as desired. This program is designed to help people of all ages reach a better understanding of self and others through various exercises and games that focus on the following key values:

- Learning to understand before you try to be understood
- Inclusivity
- The power of trying and saying "Yes" to new ideas
- Grounding your emotions
- How to convert nervous energy into excited energy

These fun and simplified games and exercises are some of the same things you would see on a show like Whose Line is it Anyway? with an added component of connecting with our emotions, understanding and converting nervous energy into something more empowering, and enhancing basic communication skills with a commitment to inclusivity, self-awareness, and a better understanding of our daily goals and simplified ways to achieve them.

Instructor: Michael Coleman

Michael is a professional actor/writer/director/educator with over 30 years experience in the film and television industry. Michael's earliest foundations involved working as a professional improviser, where he later became a judge for The Canadian Improv Games. Michael designed over 11 diploma programs for post-secondary schools and numerous short-form workshops and camps for actors around the world. Michael is the found of Story Institute and has worked on shows like Hello Kitty, Dragonball Z, X-Men, Inuyasha, Supernatural, Once Upon a Time, Stargate, and many more. His students can be seen on some of these same shows as well as Riverdale, Letterkenny, The 100, My Little Pony, The Dragon Prince, The Descendants, and several other tv shows and movies.

Registration Link: <https://storyinstitute.ca/u/e-improv/>

Questions to: michaelcoleman@storyinstitute.ca

Website: <https://storyinstitute.ca/>

Wednesday Nov 1- Wednesday Nov 22
HOLIDAY CHOCOLATES, POINSETTIAS and GIFTS

Poinsettias [click here](#).

Purdys [click here](#).

Knotty Alex [click here](#).

Thank you to everyone who has supported our fundraising efforts so far this year - we really appreciate your support!

Pick up for all orders will be on Thursday, December 7, 2023, from 3:00pm to 4:30pm at the school.

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Reminders

Nutrition, Safety, and Sustainability is Important!

This week, we are reviewing our school-wide lunch rules. Our lunchtime rules are to stay in your own seat, eat your lunch, speak kindly, and clean up after ourselves. Thank you for reviewing Upper Lynn's lunch time rules with your child at home. We encourage families to pack snacks in reusable containers and we ask students to take their snack or lunch garbage home. Please pack a litter free lunch to reduce waste and keep our school grounds clean!

Upper Lynn Concerts

Concerts showcasing Upper Lynn's musical activities will take place on the following dates:

October 30

Norman Foote's Halloween Howl

Kay Meek Arts Center; 7-8pm

Primary and Intermediate Choirs

December 11

Band and Choir Concert

ULE gymnasium; 6:30pm

Bands and Choirs: Beginning and Continuing Bands, Primary and Intermediate Choirs

January 23

Primary Winter Concert

ULE gymnasium; Time TBD

Divisions 11-21 and Primary Choir

January 24

Intermediate Winter Concert

ULE gymnasium; Time TBD

Divisions 6-10 and Intermediate Choir

*Please note that the Winter concerts for classroom music presentations will be held in January this year. The December concert will involve only band and choir students.

Student Reporting

Your child's Student Learning Update will be made accessible on the portal in mid-December. The Ministry of Education and Childcare has produced [resources](https://bit.ly/3MySNoX) (<https://bit.ly/3MySNoX>) to help parents and caregivers understand the changes in how student progress will be shared, including an Information Package for Parents and Caregivers on Communicating Student Learning, available in eight languages, and a presentation by ministry staff on K-12 student reporting in British Columbia. For any queries, please reach out to student.reporting@gov.bc.ca .

Have a wonderful week.

Tim MacLeod
Principal

Lise Grendel
Vice-Principal