



SUTHERLAND NEWSLETTER

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January 18, 2024

Dear Students, Parents, and Guardians,

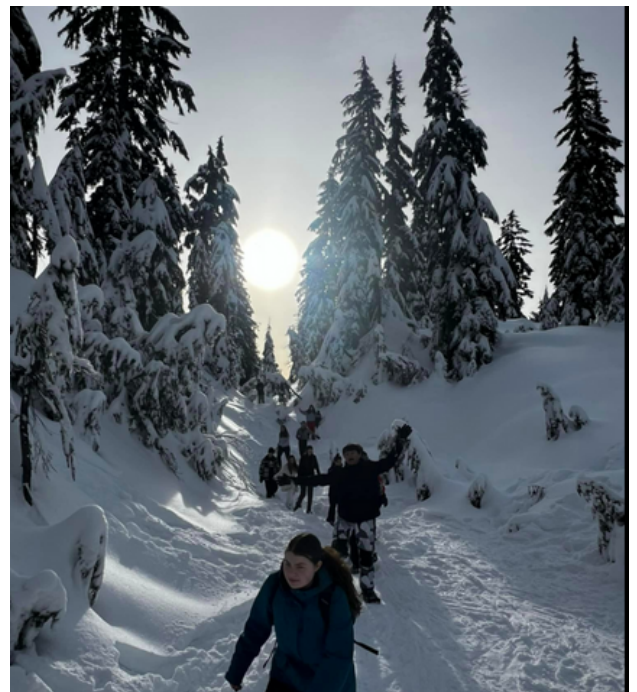
We are well in to the new year at Sutherland! We trust that your Winter Break was rejuvenating and filled with enjoyable moments, and that the beginning of the year has been positive for all. The preceding weeks leading up to the holidays showcased numerous fantastic events within our school community, and we hope you had the opportunity to partake in some of them. Enclosed in the following pages are photographs capturing moments from field trips, performances, projects, and other engaging activities that occupied our dedicated staff and students. If you appreciate glimpses into Sutherland's happenings, follow us on Instagram @sss.sabres or on X @SutherlandSec.

A vital reminder from the Sutherland Office Staff: kindly inform the school promptly if your student is absent by using the "[Absence Reporting](#)" tool on our website. Additionally, please ensure to complete the payment of your supplemental school fees through [SchoolCash Online](#). These funds play a crucial role in sustaining our elective programs and undergo yearly reviews led by the principal with valuable input from parents, students, and staff. For further details, please visit our website or reach out to our front office if you have any questions.

In just a few weeks, students will conclude their Semester 1 classes and embark on a fresh set of courses spanning from February 1, 2024, to June 27, 2024. Keep reading to stay informed about upcoming dates and events at Sutherland this month.

Best regards,

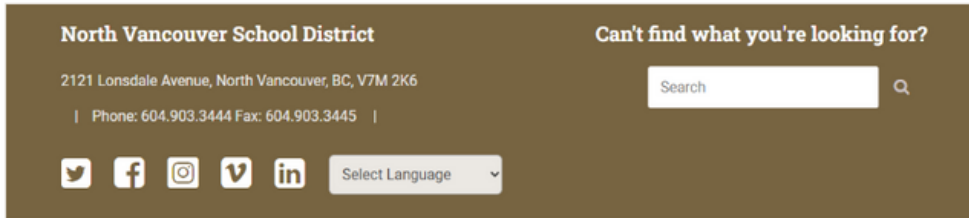
The Sutherland Administrative Team



WEBSITE TRANSLATION FEATURE

Exciting News!

Check out our new translation feature! Now, you can easily read everything in your preferred language. Use the "Select Language" drop down menu at the bottom of our school and district websites to make your selection. Enjoy exploring with us!



NEW ELEMENTARY SCHOOL PUBLIC MEETING - NEW DATE!

The District will host a public information meeting on Wednesday, January 31st from 6:30 to 8:30 p.m. in the gymnasium of Ridgeway Elementary School (420 8th Street East). This will be an opportunity for community members to learn about the project, and for school district staff and consultants engaged in the project to address questions, including those related to site location, traffic, trees, and green space. Project updates are available on the [Capital Plan & Projects](#) section of our website.

COURSE PROGRAMMING

Course Programming Parent Information Night: Monday January 29, 2024 in the Sutherland Theatre. For more details please refer to: [Course Programming](#)

Grade Level	Parent Information Meeting	Student Information Meeting
Grade 8 (current Gr. 7)	Thursday, February 8, 7:00pm in the Cafeteria. <i>A school tour will be offered at 6:00pm, leaving from the main office</i>	Various dates in February. Sutherland staff will be visiting Grade 7 to present secondary transition and programming information.
Grade 9 (current Gr. 8)	Monday, January 29, 6:00pm in the Theatre.	In classes between February 12 and 21
Grade 10 (current Gr. 9)	Monday, January 29, 6:00pm in the Theatre.	In classes between February 12 and 21
Grades 11 & 12 (current Gr. 10/11)	Monday, January 29, 7:00pm in the Theatre.	In classes between February 12 and 21

Click [here](#) to view our 2024-2025 course Programming Guide

Students and parents will be able to check the Semester 2 schedule starting Friday, Jan 26. To access your schedule follow the steps below (NOTE: directions below are for the computer version of MyEd and not the mobile version)

Parents

1. Login to MyEd <https://myeducation.gov.bc.ca/aspen/logon.do>
(Note: if you have not accessed MyEd in the past 3 months, you will be prompted to create a new password)
2. Click on the Family top tab
3. Click on the blue hyperlink for a particular student
4. Click on the "Schedule" side tab. Be in "List View" (NOTE: in February, we will have student select their courses for next year via the Schedule > Requests module) The Schedule function opens on Tuesday, January 30th.

Students

1. Login to MyEd; username = pupil#nv (Pupil numbers are located on your student ID card; your MyEd username is not your school system username)
2. You will likely need to reset your password or do a password recovery if you have not accessed MyEd since the fall. If you have never accessed MyEd, you will need to come by the office to get your temporary, one-time use password for office staff.
 - a. Click on the "I forgot my password" link on the sign in page
 - b. Enter your username (as above) and primary email. Your primary email is likely your school email (#####s@sd44.ca) unless you changed it when you entered MyEd last year during course selection.
 - c. Answer your recovery question that you set last time you were in MyEd.
 - d. A temporary, one-time use password will be sent to your school email. You can access your school email via the office365 suite on the school portal
 - e. If you are unable to reset your password, you will need to come by the office and request a temporary reset. Your temporary, one-time use password will be sent to your school email and will consist of a pattern of 4 letters-3 numbers-4 letters
 - f. Go to MyEd, enter the temporary password – you will see an expired password message and pop-up box; enter your temporary password again and then create your own password...your password must meet the same standards as your school portal password.
3. Once you are in MyEd, click on the 'Schedule' side tab (NOTE: in February, you will select your courses for next year via the Schedule > Requests module)
4. After February 6, Semester 1 report cards will be published to MyEd and will be viewable as a pdf in the 'published reports' frame on the MyEd homepage.

CODE OF CONDUCT

As we kick off a new semester, please take a moment to review our School Code of Conduct found on our [website](#). It's more than rules; it's a shared commitment to a positive, respectful learning environment. Your familiarity with these guidelines contributes to an atmosphere of collaboration, integrity, and respect. Upholding these standards is crucial for our community's well-being and your personal growth. Let's invest in each other's success and create a thriving community of responsible individuals. Thank you for your commitment to excellence.

GRADUATION 2024



We have a lot of information in store for you. Please stay tuned for a special Grad Edition of our Newsletter over the coming week.

ACADEMIES

Dear Families of Students in Grades 7 to 11,

Due to today's (Thursday, January 18, 2024) district-wide school closure due to winter weather conditions, tonight's Secondary Enhanced Programs & Academies Night is cancelled.

We will provide an update regarding a new date/location as soon as possible.

Note: This cancellation does not impact the application periods for our various programs (e.g., The application period for our Academies opens tomorrow, Friday, January 19).

Thank you for your patience, support and understanding. We look forward to seeing you soon.

North Vancouver School District

Secondary Enhanced Programs & Academies Night

Students in Grades 7 to 11 and their families (from across the North Shore) are invited to learn about the various enhanced programs and academies offered at our secondary schools. Taking place on ~~Thursday, January 18~~, 6:00 pm to 8:00 p.m, at Carson Graham Secondary (2145 Jones Avenue, North Vancouver), the event will include short presentations and booths hosted by NVSD staff, academy providers, program facilitators and coaches. While optional, we would appreciate your RSVP to this event.

Application period opens January 19

Our highly specialized academies are designed to enhance the overall student experience by providing learning environments that concentrate on a focal skill set. Students in Grades 8 to 12 work towards graduation while accelerating their knowledge and skill development in an area of interest that can form a foundation for successful post-graduation pursuits.

The application period for academies begins on Friday, January 19, and the initial placement offer deadline is Thursday, February 29.

AFK Studio Art Academy



Basketball Academy



Business of Gaming



Dance Academy



Digital Media Academy



Digital Media Academy Lite



Field Hockey Academy



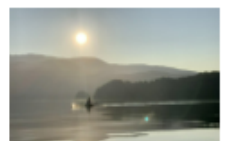
Hockey Skills Academy



Robotics Academy



Rowing Academy



Soccer Academy



Volleyball Academy



SEMESTER 1 TEXT BOOK RETURNS



A reminder that all textbooks are signed out through the library automation system. Students are responsible for the textbook he/she/they signed out in their name. They will be assessed for unreturned textbooks. All textbooks are to be returned to the library for check in before returning the textbook to their classroom teacher.

CHESS CHAMPIONSHIP

You are invited! Compete in the 2024 North Vancouver School District Chess Championship. For NVSD students in Grades K-12, all skill levels and experience are welcome. Compete in one of three divisions (Primary, Intermediate and Secondary) for individual and school prizes.

Date: Friday, February 16th, 2024 Time: 9 a.m. to 3 p.m. (check-in begin at 8:15am)

Place: Educational Services Centre (2121 Lonsdale Ave)

Free to enter For more details visit sd44.ca or email: chess@sd44.ca

Registration is now open. Here is the link: [Home - North Vancouver School District Chess Championship \(sd44.ca\)](http://sd44.ca)

SCAN FOR MORE DETAILS:



MORNING TUTORIAL TIME

Each morning, students have the opportunity to meet with their teachers one-on-one or in small groups to access extra support, review concepts covered in class, and complete missed work or assessments. Teachers are available during the optional morning tutorial time, which begins at 8:30am and finishes with the first bell at 9:12 am. Tutorials run Tuesday through Fridays and some Mondays (with some exceptions for teachers with part time schedules). Students are encouraged to connect with their teachers in advance but are also welcome to drop in to Tutorial Time. You can reach teachers via Teams or email.



Cybersafe from Exploitation

Parent Presentation

What does exploitation have to do with cyber safety?

Most often times referred to as "sexual exploitation", it involves a minor being taken advantage of sexually. The majority of sexual exploitation is now facilitated digitally through gaming platforms, social media, love stream, and more.

Forms of online sexual exploitation include grooming by predatory people, digital blackmail, intimate image sharing, or sugar daddy scams.

What you'll learn:

Our approach to cyber safety is to address the root causes that would lead to exploitation, as well as provide tangible strategies to break down vulnerabilities that would lead children and youth into online sexual exploitation. Some topics covered include:

- Defining sexual exploitation and why online poses more risk
- Current online exploitation trends
- Effective language to use when talking to kids/ teens
- The red flags and warning signs of grooming
- Sexting, digital consent, and the law
- Digital blackmail into sextortion, trends, and what to do
- Information sharing- What is and is not okay
- High risk behaviours on social media platforms
- Addressing risks associated with online gaming platforms
- Age of consent laws and how they can help you as a parent
- How to have effective conversations with your child/ teen



Jan 23, 2024 7:00PM
Kay Meek Arts Centre

Hosted By:



MATHEMATICS AT SUTHERLAND

MATH CONTESTS

Math Contests are coming up. Don't miss your chance to engage in these intellectually stimulating competitions! The upcoming contests include Pascal for grade 9, Cayley for grade 10, and Fermat for grade 11. These contests are set for February 28 at 8:05 am in room B202. They're one-hour long, multiple-choice, calculator-friendly challenges, providing an excellent opportunity for students to showcase their math prowess.

Contest Categories:

- Pascal for grade 9
- Cayley for grade 10
- Fermat for grade 11



▶ Sign-up by sending Ms. Johns a MS Teams message or drop by room B202 . Please be sure to include your full name and the contest that you wish to participate in. Contests need to be ordered 6 week in advance. **The deadline to enter is: Wednesday January 24th.**

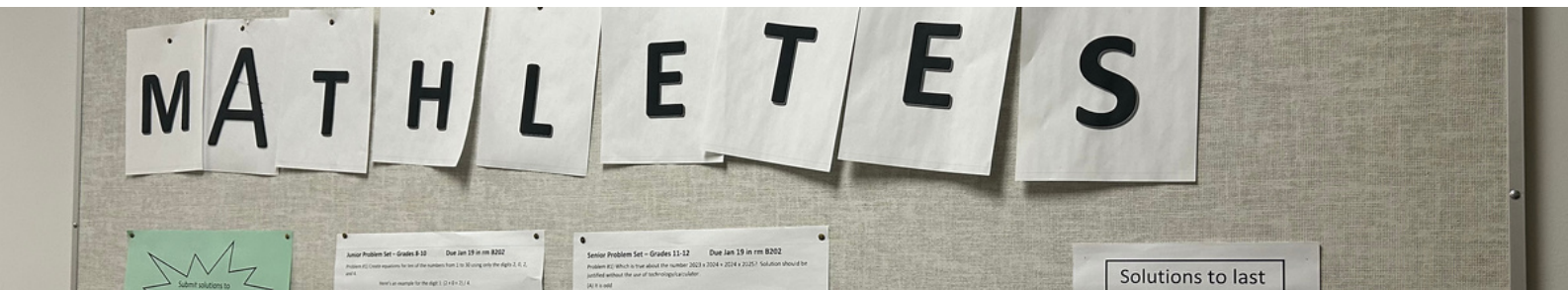
▶ Students who sign up will be charged a flat fee of \$10 per contest. This fee will be available to pay in SchoolCash the day after the contest date. This fee will be charged regardless of whether the student attends the contest or not.

To enhance preparation, students can practice with past contests and their solutions, accessible at https://www.cemc.uwaterloo.ca/contests/past_contests.html

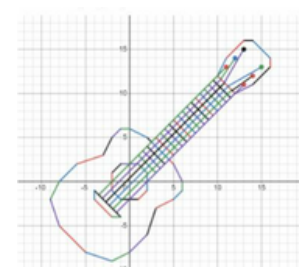
Wondering why participating in these contests matters? Find out more at <https://www.cemc.uwaterloo.ca/contests/why-contests-matter.html>

MATHLETES BOARD

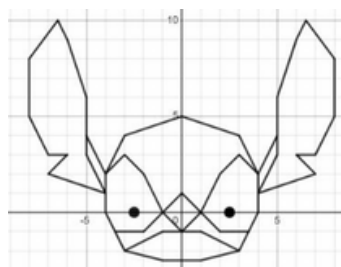
Dive into the Mathletes Board – your bi-weekly math challenge hub! Solve problems, submit your answers, and stand a chance to win a \$5 cafeteria voucher! Two random submissions triumph every two weeks. Unleash your mathematical prowess, claim your spot on the leaderboard, and enjoy the thrill of numbers!



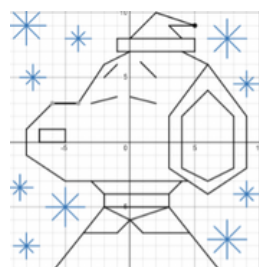
GRAPHING PROJECTS - GRADE 10



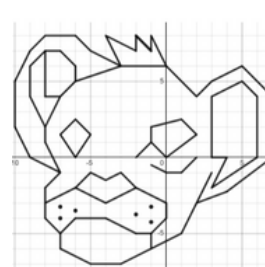
BY: JACKSON



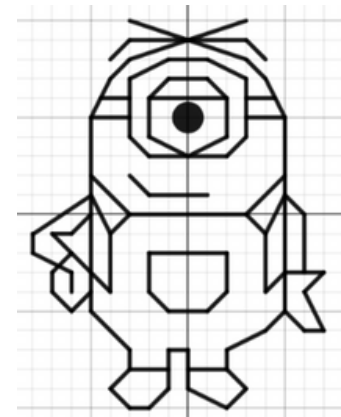
BY: KEIGHCEE



BY: HYE BIN



BY: KHALIYAH



BY: DYANN

CAREERS UPDATES

Firefighters Recruit Training - January 18th - March 8th

Giving Grade 10-12 students valuable insight and hands-on experience from our First Responders. For more information or to sign up please [email](#) or visit Ms. Nieken-Spence in the Career Office.

BioMed Lab Tour at Lionsgate Hospital - Dates to TBD - End of Jan or Early Feb

Open to Gr 11-12 students interested in this field. Tour and demos are 30 - 45 minute. Staff will also speak about the BCIT programs that students can apply for in this industry.

The Life of a General Duty RCMP Officer - Two-day workshop. Date: Feb 12th -13th.

Time: 9 am - 3 pm.

Come and learn about the many career pathways in law enforcement and emergency services while solving a crime! From dispatch and forensics to canine units and making an arrest, this interactive experience will be something not to forget! Students will engage in activities that highlight the importance of teamwork and communication skills as they role-play scenarios, based on real RCMP experiences.

The deadline to register is Feb 2nd, 2024 - QR codes are posted on the Career board to register.

Trades Programs Parent Info Night - Thursday, February 1st, 2024.

Time: 6:00 pm - 8:00 pm.

Location: Handsworth Secondary

The North Vancouver School District (NVSD) invites students and their families to explore various opportunities available to high school students in Grades 10-12 that can get them started on their career pathways into the trades. Learn about opportunities from local businesses, Skilled Trades BC, post-secondary representatives, and NVSD career programming.

Registration is open until January 30th, 2024

Career Fair in the Arts - February 7th, 2024.

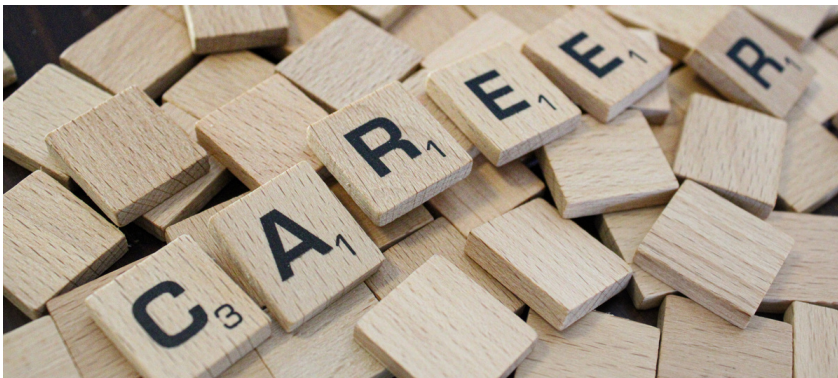
Time: 6:00 pm - 7:30 pm - feel free to come anytime in between

Location: Gordon Smith Gallery - 2121 Lonsdale Ave

Explore diverse visual, music, dance, and theatre career opportunities through a "gallery walkabout" event.

Engage with local businesses and cultural icons like the Polygon, Vancouver Opera, Urban Ink and the Inuit Gallery of Vancouver.

Speak with post-secondary exhibitors including La Salle, CAP U, SFU's School of Contemporary Arts, and the Vancouver Film School



Highlights from Black Excellence Day



On January 15th we were excited to host Crawford Kilian, local author and journalist, for a talk about the history of Black Pioneers in BC. Crawford's book, *Go Do Some Great Thing*. Thanks to Crawford for his time and expertise! It was a wonderful way to mark Black Excellence Day, and our Sabres learned a lot!



We had a library full of classes participate in the [@ninandotoo](#) livestream for Black Excellence Day today. What a great group of speakers, including Minniejean Brown-Trickey, who shared her personal experiences as a member of the Little Rock Nine! Thanks for the inspiration!



We were excited to host Charles Lartey of [@hopeucanada](#). Charles came to speak to our Grade 9s about his lived experiences with racism growing up in North Vancouver. We're looking forward to hearing more of Charles' message of "Listen, Learn, Love" when he returns to work with our Grade 9s in their Social Studies classes over the next few weeks.

UPCOMING DATES:

- Tuesday, Jan 23rd Education Exploitation Parent Presentation
- Wednesday, Jan 24th Deadline to enter Math Contests
- Friday, Jan. 26th Final Day of Semester 1
- Mon/Tues, Jan 29-30 Review and Completion
- Wednesday, Jan 31st New elementary school public information meeting
- Wednesday, Jan 31st Semester Turnaround Day (No Classes)
- Thursday, Feb 1st First Day of Semester 2
- Tuesday, Feb 6th Report Cards Published
- Wednesday, Feb 7th Safe Teen Workshop
- Thursday, Feb 8th All About Consent Presentations for Grade 8s and 9s
- Friday, Feb. 16th Professional Development Day (No Classes)
- Monday, Feb. 29th Family Day (Schools Closed)
- Wednesday, Feb. 28th Math Contests & Pink Shirt Day