

West Vancouver District Parent Advisory Council Presents:

DR. SHIMI KANG
RAISING RESILIENT, HAPPY, HEALTHY KIDS

Tuesday, May 2, 2017 | 7-8:30 PM | Kay Meek Theatre

We all know a few people who seem to have it all together: as they navigate life's challenges and opportunities, they radiate with passion, purpose, meaning and joy. According to Dr. Shimi Kang, an award-winning, Harvard-trained doctor, researcher, author, mother and specialist in Child and Youth Mental Health, this group of people shares one important characteristic that uniquely positions them to thrive in today's stressful human environment.

What can parents do to cultivate the one powerful trait that will help their children become happier, healthier and more motivated?

Book signing hosted by 32 Books - Get your signed copy of Dr. Kang's book *The Dolphin Way: A Parent's Guide to Raising Healthy, Happy and Motivated Kids Without Turning Into a Tiger*



Get practical insight on ways to add balance, motivation, purpose and happiness to your child's life that will stay with them a lifetime.



PLUS A 10-minute introduction by Superintendent of West Vancouver Schools, Chris Kennedy.

Tickets

www.kaymeekcentre.com

\$20 WVS parents / \$25 General