



Parenting Your Teens 2019 Seminar Series

Are you parenting a teen or pre-teen?

Join our 4-part Parenting Teens seminar series to understand:

- How to influence your teen's behaviour and help them make better decisions
- The role that environment plays in your teen's behaviour
- How developmental changes occur and impact behaviour across the adolescent stage
- How to engage your teens and pre-teens in critical thinking and problem solving
- How consequences impact your teen's decision making
- Strategies to deal with common issues in raising teens and pre-teens

This program encourages parents of teens aged 12-18 to understand their role in shaping and influencing their teen's behaviour. Strategies are offered to assist parents to set clear, effective limits, avoid power struggles, stay connected to, and strengthen their relationship with their teen.

Mondays: June 3rd, 10th, 17th and 24th
6:30pm - 8:30pm

Presenter Craig Wanless, MTC has over 15 years experience working with families as a counsellor, educator, and facilitator of workshops.

Hollyburn Family Services Head Office
#104-267 West Esplanade, North Vancouver

Refreshments are provided
Attendance at all four sessions is required.

To register please email cwanless@hollyburn.ca

***Register early. The program fills quickly, and is offered only a few times a year.**