

NVPAC invites

North Vancouver parents to a free event

"The Problem with Discipline"

featuring Christopher Burt

Wednesday, March 25, 2015 @ 7 pm

Argyle Secondary School Small Gymnasium
1131 Frederick Road, North Vancouver

Please RSVP at

<https://www.eventbrite.ca/e/the-problem-with-discipline-tickets-15748049841>

"The Problem with Discipline" is a discussion on how parents can effectively influence their children's behaviour through the school years. This seminar examines how children experience their parents' messages differently as they transition through developmental stages and how parents need to adjust their techniques accordingly. This explains why 'simple' discipline techniques often don't stand the test of time, and can even backfire in the adolescent years, as our children gain new ways of interacting with the world, and their brains - and understanding - change with age.

Christopher Burt is a Parenting and Family Development specialist with over 20 years of professional experience working with children, youth and families. Christopher is a trained family counsellor who provides therapeutic and educational services to families, and training and clinical support services to other professionals, organizations and Government Agencies. He has provided seminars and training for many parenting groups, teachers, childcare professionals, social workers and child welfare managers.



Christopher holds a Masters of Arts in Counselling Psychology. He lives in North Vancouver, BC with his wife and two children who further his education everyday.

www.christopherburt.net



North Vancouver Parent Advisory Council

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