



## Course: Psychology 12

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Course Title:	Psychology 12
Grade:	11-12

### Course Description:

Psychology 12 is a course designed to provide students with an understanding of human behaviour, sense of self and basic concepts in modern Psychology. Students will learn to critically think about human behaviour and communicate their ideas about the main complexities of that behaviour. The primary aim of Psychology 12 is to understand human behavior and the reasons behind our actions and inactions.

### Goals:

- To develop an understanding and a passion of the main aspects of Psychology
- To develop the knowledge and skills required to apply psychological concepts, skills and theories
- To gain an understanding of how identity develops

### Overarching Inquiry Questions:

- How do decisions, actions, and consequences vary depending on the different perspectives of the people involved?
- How does psychology support the well-being of the self, the family, the community and the environment?
- How does history, beliefs, values, personality, and ethics influence a person's behaviours?

### Aboriginal Worldviews and Perspectives:

#### Declaration of First Peoples Principles of Learning

- Psychology requires exploration of self and other's identity
- Learning involves recognizing that some knowledge is personal and only shared with permission and/or in certain situations
- Learning about Psychology ultimately supports the well-being of the self, the family, the community and the environment
- Learning about Psychology involves recognizing the consequences of one's actions



## Declaration of Aboriginal Worldviews and Perspectives

- Connectedness and Relationship
- Emphasis on Identity
- Community Involvement: Process and Protocols
- The Power of Story

### Course Expectations:

Psychology 12 provides an engaging learning environment where students can challenge themselves academically and feel safe in sharing their ideas. To ensure this, students will:

- abide by Seycove's Code of Conduct
- adhere to the Academic Honesty policy
- respect themselves and others
- attend every class and be punctual
- inquire, think, and participate to the best of their individual ability
- access technology in class only when instructed to do so and for learning purposes only

### ORGANIZATION OF CURRICULUM:

#### Big Ideas (What the students will UNDERSTAND):

- Stories, traditions and theories about ourselves and others help us to reflect and build identity.
- Experiences and perspectives impact each other and self and evolve over time.
- How we communicate with others impacts our ability to maintain balance in our lives.
- Knowledge and behaviours are diverse

#### Concepts:

\* Identity \* Experiences \* Communication \* Perspectives \* Behaviour

#### CURRICULAR COMPETENCIES (What the students will DO):

- Explain and apply different psychological perspectives to human thought & behaviour from a local, global and interconnected lens
- Collect and analyze information about themselves and others to understand personalities
- Identify diagnoses, causes and treatments of mental illnesses and disorders
- Analyze behaviours that aid mental wellness
- Critique the world around us to interpret how we sense and perceive information

#### Content/Topics (What the students will KNOW):

- history of psychology/approaches
- psychological perspectives/methods/theories
- personality
- developmental psychology/identity
- psychological disorders/mental illness



- neuroscience/brain/biological basis of psychology
- mental wellness/treatment
- sensation/perception
- social psychology
- experimental/non-experimental research methods
- memory/learning/cognition

### TEACHING/LEARNING STRATEGIES:

Psychology 12 involves active student participation and discussion. A number of teaching strategies are used to encourage student involvement and to accommodate a variety of learning styles, interests and ability levels. These include, but are not limited to: direct and interactive instruction, case studies, experiments, provocation, demonstration, modelling, simulations, experiential learning, reflective writing, student led instruction, practical creativity, group work, guest lecturers, indirect instruction, brainstorming, seminar presentations, website research, research projects, fieldtrips, videos, and debates.

### ASSESSMENT & EVALUATION STRATEGIES OF STUDENT PERFORMANCE:

**Assessment** is a systematic process of collecting information or evidence about student learning. **Evaluation** is the judgment we make about the assessments of student learning based on established criteria. Students can demonstrate their knowledge in a number of ways. This evidence may be collected through journaling, peer assessment, self-assessment, oral presentations, group presentations, group projects, quizzes, exams, mind maps, experiments, and class discussions. **Attendance** includes active participation and full attendance, both of which are mandatory in this course. Some missed classes such as guest speakers, fieldtrips or discussions after videos, cannot be made up through missed assignments, and therefore, directly relate to the students' progress in Psychology 12.

### REQUIREMENTS AND GRADUATION CREDITS:

Psychology 12 is an elective course. Some universities accept it as an approved academic course for entrance; check individual universities for this. Psychology 12 is designated as a four-credit course and must be reported as such to the Ministry of Education for transcript purposes. Letter grades and percentages must be reported for this course.

**Carl Rogers** - "The good life is a process, not a state of being. It is a direction, not a destination."

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