

SEYCOVE at sáyamətən NEWSLETTER

Welcome

We would like to thank the Coast Salish people, specifically the Skwxwú7mesh Nation and Tsleil-Waututh Nation, whose unceded traditional territory the North Vancouver School District resides on. We value the opportunity to learn, share and grow on this traditional territory.



In June 2022, the Tsleil-Waututh Nation gifted Seycove Secondary with an Indigenous place-based name, **sáyamətən**. **sáyamətən** was the name of the village located in this area that we now call Strathcona. **sáyamətən** means “place of good water”. The Tsleil-Waututh Peoples primarily used ocean routes for transportation, using cedar canoes. Throughout different seasons of the year, they would travel to different locations throughout the inlet, hunting and harvesting in the bountiful coastal waters and shores. Their safe journeys relied upon detailed knowledge of the seasons, associated tides, weather patterns, and currents. “The Place of Good Water” offered travellers a safe haven from storms and tides, and was teeming with ocean life and food. Welcome to sáyamətən, where Seycove resides.. See the NVSD Blog post and North Shore News articles:

[North Shore News Article](#)

[NVSD Blog](#)

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Upcoming Important Dates

- November 2 Take Our Kids to Work Day
- November 2-3 Literacy 12 Assessments
- November 4 Grad Wear orders due
- November 10 Hot Lunch (Salad, Sandwiches, Wraps)
- November 11 Remembrance Day
- November 17 RCMP Cybersafety Presentation
- November 20 Seycove Winter Greenery Orders Due
- November 21 School Based Professional Day (no students)
- November 24 Hot Lunch (Pasta)
- December 7 Grad Boat Cruise

Literacy 12 Assessments - November 2 & 3

Please see the [Seycove homepage](#) for the Literacy 12 Provincial Assessment schedule.

Take Our Kids to Work Day—November 2

Save the date! This year, Wednesday November 2nd will be designated as North Vancouver School District’s Take Our Kids to Work Day for all Grade 9’s. Once a national program started in 1994 by the Learning Partnership, this day was considered the most recognized career exploration event in Canada with more than 250,000 Grade 9 students and at least 75,000 businesses and organizations nationwide participating. The initiative continues in NVSD and offers value in that it engages students to think about careers and the concept of networking, better understand the work world and to appreciate parents’ careers and their roles in supporting their families.

RCMP Cybersafety Presentation— November 17

RCMP Cybersafety Presentation at Seycove for all Grade 9s and 10s in the school district regarding Cybersafety and Online Sexual Exploitation Education.

A member of the RCMP presentation staff will remain on site after the workshop for any questions or concerns from students.

Please see the [Seycove homepage](#) for more information.

SEE
SEXUAL EXPLOITATION EDUCATION

Cybersafe and Sexual Exploitation

Cybersafe from Exploitation is an interactive student presentation that equips teens in being able to keep themselves safe from all forms of online sexual exploitation. Concepts such as digital consent, healthy boundaries, grooming warning signs, and current exploitation trends are taught through games, activities, and multimedia. For more information, visit our website at www.sexualexploitationeducation.com

Sexual Exploitation

A minor engaging in exchanging a sexual act, most often times, in order to get a "need" met. By law, it is illegal for a minor to exchange a sexual act for material or emotional needs. And no matter what, is never their fault.

Forms of online sexual exploitation

- Sextortion
- Sexting pressures
- Sugar baby behaviours
- Predator online luring and grooming
- Self initiated exploitation online
- The Facilitation of selling sexual acts for money (human trafficking)

Sextortion

A form of sexual exploitation that is digital blackmail. It involves an individual coercing a minor for nudes and then using that to threaten them for money or for more child sexual abuse materials.

Sextortion Facts

- There has been an 89% increase of male teens being sextorted in Canada
- The average age of target is 14-17 years old
- Sextortion rates have tripled every year since the pandemic

Grad Wear Orders Due November 4

Grade 12s—your grad council has worked so hard to get the Grad Wear organized and ready for ordering. Click the link below to place your order no later than November 4th. Orders will only be processed if payment is received. Thanks to Asha Calaminus for the awesome design. For more detail or to place your order, [click here](#).



Thursday, November 10th

Remembrance Day Service Bell Schedule

Tutorial Time 8:30 – 9:12

Period 1 9:12 – 10:07

Period 2 10:11 attendance

Remembrance Day Service
10:15 am – 11:10 am

Period 2 11:10 – 12:05

LUNCH 12:05 – 1:05

Period 3 1:05 – 2:00

Period 4 2:05 – 3:00

Remembrance Day - November 11 Schools Closed

November 11th is Remembrance Day. On this day, we remember those who were killed in military service. The first “Poppy Day” occurred on November 11, 1921. Today, millions of Canadians wear the bright red emblem as a symbol of remembrance.

McCrae wrote his famous poem, In Flanders Fields in 1915 while at a Canadian military hospital in France as he looked over the poppy strewn battlefield.

The money raised from poppy donations provides direct assistance for Canadian Veterans in financial distress, as well as funding for medical equipment, medical research, home services, long term care facilities and supporting veterans’ families.

Seycove Winter Greenery - November 20

Purchasing a plant helps support the Social Justice 2023 Dominican Republic building Trip Fundraiser. Orders can be placed via [SchoolCashOnline](#) and are due by November 20, 2022! See the Seycove [website](#) for more information.



Grad Boat Cruise - December 7, 2022

TICKETS ON SALE NOW!

- 5:30 pm - grads must arrive for boarding (Departure at 6:00 pm promptly). Return at 9:00 pm
- 450 Denman St, Bayshore West Marina (vessel - Pride of Vancouver)
- \$120 per ticket includes buffet dinner, 3 hr harbour carol lights cruise and security . Pay through [SchoolCashOnline](#).

A 100 ticket minimum is required for the event to take place. A decision will be made based on ticket sales no later than November 20th. Do not delay in getting a ticket or the event may be cancelled. If it is cancelled, ticket price will be refunded to those who purchased.

CELEBRATING LEARNING

Active Living 11 / 12



Earlier this month Active Living 11/12 students went biking around Stanley Park. A good time was had by all as no wrong turns were taken and no one ran into a goose!



Fire Prevention Boot Camp - Seycove Students Learn the Ropes (and Hoses)



Seycove students, Owen and Ze, were pushed to their limits last weekend at the First Nations Emergency Services Society (FNESS) Fire Prevention Boot Camp. The camp was a collaboration between FNESS, DNV Fire Rescue Services, North Vancouver City Fire Department and West Vancouver Fire & Rescue. Over the three day camp, students were lead by career firefighters and exposed to many elements of being a firefighter including the donning and doffing of gear, radio communications, forcible entry, command structure of a fire department, first responder first aid, fire prevention and fire extinguisher training. Both Owen and Ze, grade 12s, were thrilled to be part of the camp and enjoyed talking to and learning from all the firefighters. "I got genuine insight into what being a firefighter is really all about," says Owen, "and after doing the camp, I'm even more confident that a career in firefighting would really suit me."

Additional footage and highlights can be viewed [here](#).

Opportunities like this boot camp are offered to students as part of the Seycove's commitment to trades and career education and training. For information on upcoming events, please visit the [Career Centre website](#).





In connection with Ocean Wise's Shoreline Cleanup initiative, students undertook a litter cleanup of the Strathcona-area forest and beach last week. Armed with clipboards, gloves, and bags, they collected and tracked the items they found. Their most common findings: plastic packaging and paper.

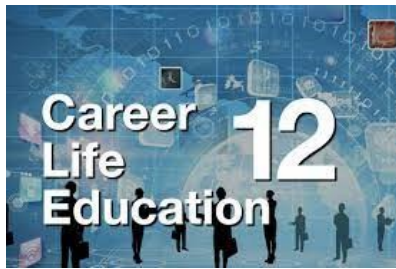
This week, students completed a 2-week Personal Challenge project - tracking their own consumption habits and attempting to reduce their ecological footprints. (Photo credits: Alexa Vargas)



Social Studies 11
Environmental Studies



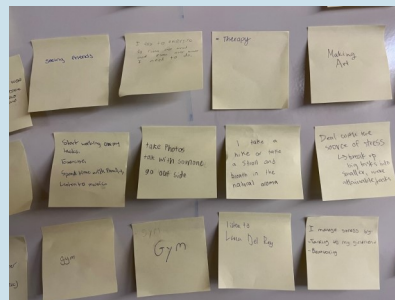
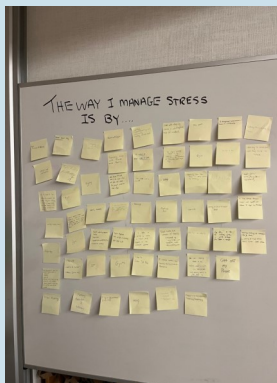
Textiles 8 finished their drawstring bags with their logos made using the Cricut today! The students used iPads to design their logo in Keynote and used the Cricut to print their designs onto heat transfer vinyl. Textiles 9 is up next to design logos for the hoodies they will be creating.



Career Life Connections 12 (CLC 12) is a required course for graduation and is taught in blocks 1 and 4 with Ms. Yeo. The course is taught using a hybrid model. Students attend group A (Mon/Wed) or B (Tues/Thurs) classes face to face and continue to work on the lessons on the alternate days in the library or at home. Friday's class is a catch up class for students who have not completed their work. Students do not have a "spare" during this class as the assignments require that they continue to work independently in order to complete the work on time. To date, students have completed: a career research project, a post secondary plan to explore options for after high

school, stress management workshop, resilience and coping skills for stress and anxiety (see picture's from one student activity below), the process to request and receive a letter of reference and are now working on an application project where they will go through the process to apply for a job, scholarship or to a university/college program. The program we are using for the course is called: myBlueprint.ca and students used this same program in Grad 10 so are familiar with it. All assignments are given to the students in paper copy in the class and also uploaded to the messages section on myBlueprint. Please remind your student to work on the course assignments 5

days a week in order to complete by each deadline. If you have any questions or concerns, please don't hesitate to contact me at: ayeo@sd44.ca.



INFORMATION • UPDATES • REMINDERS

Yearbooks on Sale Now!

2022—2023 yearbooks are now on sale. Please go to [SchoolCashOnline](#) to purchase your copy today. The number of yearbooks paid for determines the number of books ordered in January. Due to our publisher's deadline, we cannot extend the availability date for purchasing which is January 15, 2023. Every year we have disappointed students and there is nothing we can do. We cannot get extra books printed after the publisher deadline. PLEASE order yours early!



University of Victoria

Explore UVic - On Saturday, November 26th the University of Victoria will welcome prospective students and their families to our beautiful campus for the first campus wide open house since 2019. "Explore UVic" will feature campus tours, sample lectures, student experience panels and more, geared toward helping Grade 11 and 12 students "explore" whether UVic offers what they're looking for. Registration for Explore UVic is open now. ([link](#))

Baby Photos (and optional dedication) and Grad Slideshow photos:

Every year at Seycove's Graduation Ceremony, a baby photo of each grad is shown as they step onto the stage to receive their diploma. For this purpose, we ask that you please send your child's baby photo for inclusion in the Graduation Ceremony to [seycovebabyphotos2023@gmail.com] seycovebabyphotos2023@gmail.com

We require minimum pixel dimensions of 640pixels X 480pixels. If you need an image scanned, please have your child drop it off in the "Grad Photos" box, which is located on the wall in the Main Office. Please remember to put your name and phone number on the back of the picture.

Photos due no later than December 15, 2022

You have **the option** to have your child's baby photo printed in the yearbook alongside a 100-word (max.) dedication to your child. If you would like to do this, please include the dedication in the same email as

the baby photo, and in the subject line write "BABY DEDICATION REQUEST" in capital letters.

There is a charge of \$20 to offset the additional yearbook pages if you choose to have the baby photo and dedication printed in the yearbook. This fee can **only be paid** via your School Cash Online account [HERE](#).

Grad Group photos:

Please submit any group photos of your child and their friends you have for the "Seycove Remembers" slideshow. This slideshow is screened at the end of the commencement ceremony. Ideally, photos will show students between the ages of 5-14 ; submit to [seycovegroupphotos2023@gmail.com] seycovegroupphotos2023@gmail.com Please remember we require minimum pixel dimensions of 640pixels X 480pixels. And, once again, if you need an image scanned, just have your child drop it off in the "Grad Photos" box in the Main Office and don't forget to put your name and phone number on the back of the picture please.

Deadline for dedication submission is May 20, 2023

ATHLETICS



Senior Boys Soccer

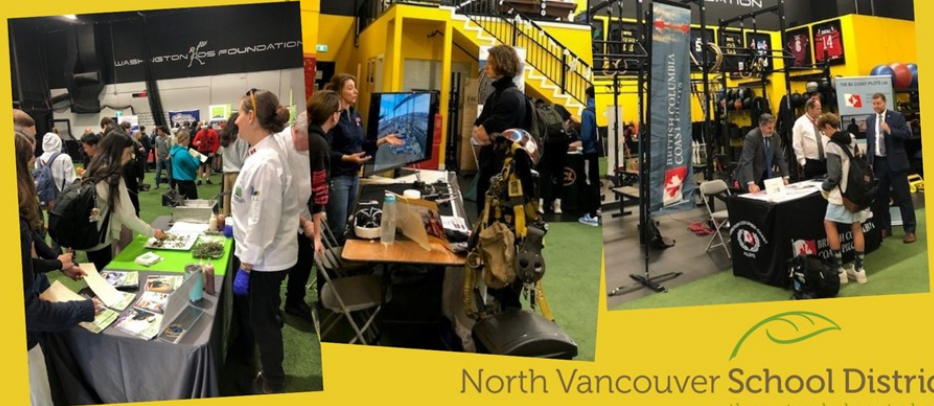


CAREER EDUCATION SPOTLIGHT

NVSD Skilled Trades Fair

Seycove students joined with other high school students from across the district to attend the NVSD Career Trade Fair hosted by the Washington Kids Foundation at Game Ready Fitness. Students had the opportunity to learn more about various trade industries, unions, businesses and trade schools. Exhibitors included BC Coast Pilots Association, BCIT Marine Campus, VCC Culinary Program, Iron Workers Union, PCL Construction and many more. Students enjoyed learning about how to get started in a trade career and got the chance to try hands-on activities including masonry, cosmetology, plumbing and electrical. Seycove is excited to offer students these kinds of opportunities to explore trade careers. For more information on upcoming trade and career educational events, please visit our [Career Centre web page](#) or contact Jknapp@sd44.ca, Seycove Work Experience Facilitator.

Skilled TRADES FAIR



North Vancouver School District
the natural place to learn

SCHOOL ACTIVITIES



River C.
Grade 12 "Golf" Dress up Day!



Grade 8 students Liam and Matteo preparing coffee for Parent Teacher interviews.

HALLOWEEN FUN



Where are the Pumpkins?

The 'Great Pumpkin Hunt' took place this week where students were challenged to locate and take pictures of ten numbered pumpkins hidden around the school. It took a bit of effort, but after some great sleuthing, students returned to the prize table with their photo evidence. Students who managed to locate all the pumpkins received a sweet reward and were entered into a draw for bigger prizes. Overall it was a fun way to get to know the nooks and crannies of the school while working together with friends to hunt down the hidden pumpkins.



Grade 12 teams competed in the annual pumpkin carving competition this week.

Students - don't forget to vote for your favourite pumpkin on display outside the office.



Student Council Presents the annual Halloween Walk Off on Monday Oct 31.

Students are invited to wear their favourite "appropriate" costumes (see below) and participate in the Halloween costume pageant



Before choosing your costume, please read "[Celebrating Halloween Safely](#)".



Seycove Student Council Presents:

HALLOWEEN WALK OFF

strut your stuff.
halloween costume pageant.
monday, october 31

prizes. candy. dress up.