



SEYCOVE SECONDARY
at sáyəmətən

SCHOOL NEWSLETTER

SEPTEMBER 15, 2023

Welcome
BACK TO SCHOOL
2023-2024



PRINCIPAL'S MESSAGE

Seycove Calendar - [Click here](#)

Sept 18-19	- Grade 8 Cheakamus Retreat
Sept 21	- All School Terry Fox Run
Sept 25-29	- Truth & Reconciliation Activities (school-wide & classroom based)
Sept 27	- Staff Collaboration—Late Start
Sept 30	- National Day for Truth & Reconciliation
Oct 2	- STAT Holiday—Truth & Reconciliation Day

Dear Seycove Families,

We have had a great first two weeks here at Seycove. It has been wonderful to see our hallways and classrooms filled with students.

This week saw the return of school athletic meetings/practices with our field hockey, swimming, soccer, cross country and volleyball teams. Please encourage your student to listen for announcements regarding meeting and practice times. Daily announcements will also be posted on the school website under the "[Announcements](#)" heading.

Our Student Council will be hosting a Club Fair at lunch on October 4th. We encourage all students to attend the fair and to get involved with the Seycove community. Joining Athletics and Student Clubs are wonderful ways for students to meet new peers and build new connections.

Seycove family newsletters will be sent every second Friday this school year. These newsletters contain important information items and celebrations of our learning. These newsletters are also posted on our school website homepage under Quick Links "[School Communications](#)" heading.

Please continue to access our [Seycove website](#) for the most up to date information, and [subscribe to our school calendar](#).

On behalf of the Seycove Staff, we would like to wish everyone a successful 2023-2024 school year!

Warm regards,

Sarah Best
Principal





Updates & Reminders

Student Pick-up & Drop-off

At the start and end of the school day the Seycove driveway and roads bordering our school are busy. Students are encouraged to walk, bike, or roll to school. If you are dropping off or picking up your child please only do so in the designated drop off area in front of the cafeteria on the side of the school. Please do not stop elsewhere in the driveway.

Student Parking

Students driving to school must register their vehicle at the main office. Unregistered vehicles parking in school lots may be subject to towing.

Health & Safety Reminders

- Students need to stay home if they are not feeling well.
- Students should wash their hands upon arriving at school and throughout the day.

Seycove Timetable and Tutorial Time

This year, all secondary Schools across the NVSD have a new [Semester timetable](#). The school year is divided into 2 halves:

- Semester 1 (September 5 – January 26)
- Semester 2 (February 1 – June 21)

Generally speaking, students will have four classes each semester. These classes rotate each day as shown in the timetable.

We are once again offering a daily tutorial time from 8:31am to 9:10am. Students are encouraged to access support from their teachers during this time and teachers may request that students attend tutorial time if needed. Unless teachers request students to attend, attendance is not required at tutorials, but students are strongly encouraged to access this support on a regular basis for extra help, enrichment, or for “catch-up” if they are falling behind.

	Semester 1					Semester 2					Late Start Wednesday	
	Monday	Tuesday	Wednesday	Thursday	Friday	Monday	Tuesday	Wednesday	Thursday	Friday		
Tutorial Time 8:31-9:10 AM											Staff Collaboration 8:31-9:50 AM	
9:10-10:20 AM	1	2	3	1	2	5	6	7	5	6	3 or 7 9:50-10:50 AM	
Transition											Transition	
10:25-11:35 AM	2	3	1	2	3	6	7	5	6	7	1 or 5 10:55-11:55 PM	
Transition											Transition	
11:40-12:50 PM	3	1	2	3	1	7	5	6	7	5	2 or 6 12:00-1:00 PM	
12:50-1:50 PM	LUNCH					LUNCH					LUNCH 1:00-2:00 PM	
1:50-3:00 PM	4	4	4	4	4	8	8	8	8	8	4 or 8 2:00-3:00 PM	
Late Start Wednesday Dates: (4 per year)					September 27, 2023	3, 1, 2, 4	October 25, 2023	3, 1, 2, 4	February 28, 2024	7, 5, 6, 8	April 24, 2024	7, 5, 6, 8
2023-2024												

Teacher tutorial schedules will be shared with students and posted on our school website in the upcoming weeks.

Dropping off Items to School

If you are dropping an item off from home, please try to make arrangements with your child to meet them in front of the school at lunch. Any visitor entering the school, regardless of duration, is required to check in at the main office.



Updates & Reminders

Water Bottles

We have been experiencing high volumes of students requesting disposable cups from the main office to use at our water fill stations. **Please remind your students to bring water bottles to school each day to fill at our filling stations.**

Seycove Athletics

Seycove's Fall athletic teams are starting up.

Fall teams include:

- Field Hockey (Jr Girls gr. 8-10, Sr Girls gr. 11-12)
- Soccer (Jr Boys 8-10, Sr Boys 11-12)
- Swimming (Gr. 8 to 12)
- Volleyball (Gr. 8 to 12)
- Cross Country (Gr. 8 to 12)



Acceptable Use of Technology

All students may access the wireless network with their own personal electronic devices as long as they accept and abide by the conditions outlined in the [Seycove Code of Conduct](#). Please note that in all cases, students must have permission from the teacher prior to using their electronic devices during a class. At the start of the year, all students and parents must complete the "Acceptable Use of Technology Agreement" form on the [SchoolCash online](#) site.

Communication

Parents can keep informed of school events by regularly checking our website. Some of the features include: daily announcements, teachers' homework pages, sports highlights, weekly practice schedules, the weekly and yearly calendar and newsletters and bulletins. Be sure to bookmark - www.seycove.ca

School Calendar

Please note that although we do our best to plan the entire year out in advance, there may be occasions when date changes or additions are necessary. The calendar on the school's website will be updated regularly. We recommend bookmarking the school's website on your devices and subscribing to Seycove's Calendar by clicking on the "subscribe" icon on the [Seycove Online Calendar](#).

Student Activity Fee - \$36.60 (Grades 10, 11 and 12) \$47.05 (Grades 8 and 9 – Agenda Included)

Each student at Seycove is charged a Student Activity Fee. This year the fee is set at \$36.60 and \$47.05. This fee supports student activities, student awards and recognition events, other special events and assemblies.

Graduation Activity Fee (Grade 12s Only) - \$47.05

This fee is used to defray the cost of the graduation ceremony and other grad activities throughout the school year.

Supplemental Fees (by course)

Supplemental fees may be charged for goods and services associated with optional enrichment activities and take home items that extend learning outcomes for students beyond their basic educational program. Supplemental fees are published on our Course Information and Description page on the Seycove website [HERE](#)

All fees will be set up by the first week of October and are payable through the School Cash Online system [HERE](#)



Updates & Reminders

Speeding



Traffic safety in our school zone and surrounding area roads is everyone's responsibility. Drivers, please abide by the posted speed limit of

**15 km on school grounds
and
30 km for Strathcona.**

These are high pedestrian areas and cars are entering and exiting the parking lot at excessive speeds.

Attendance

Often the number of days or classes that students are absent for excused reasons, accumulate without students and parents realizing how many classes have actually been missed. Moreover, unexcused absences, including explained unexcused absences and the number of times a student is late for class can significantly impact a student's ability to succeed with their learning.



Attendance is a critical factor impacting success at school for students. Studies have shown that consistent school attendance, academic success, and school completion all have a high positive correlation. Our staff is here to support and work with you and your children on increasing student attendance. If you have any questions or concerns, please do not hesitate to contact your child's grade counsellor. If you have concerns about specific classes, please contact the classroom teacher directly. See the ["NVSD Attendance Matters"](#) for more information.



Hooray! Your photos are now online.

Images from photo day are now online for students and families to view and order. Scan the QR code on your access card, or log in on our website here: https://artona.com/student_requests/digit_code



Don't forget:

All orders placed will be mailed directly to the student's home and incur a shipping fee. If students and families want to avoid this fee, we recommend ordering the high-resolution digital download. This is sent via email right after checkout and has no additional fees.

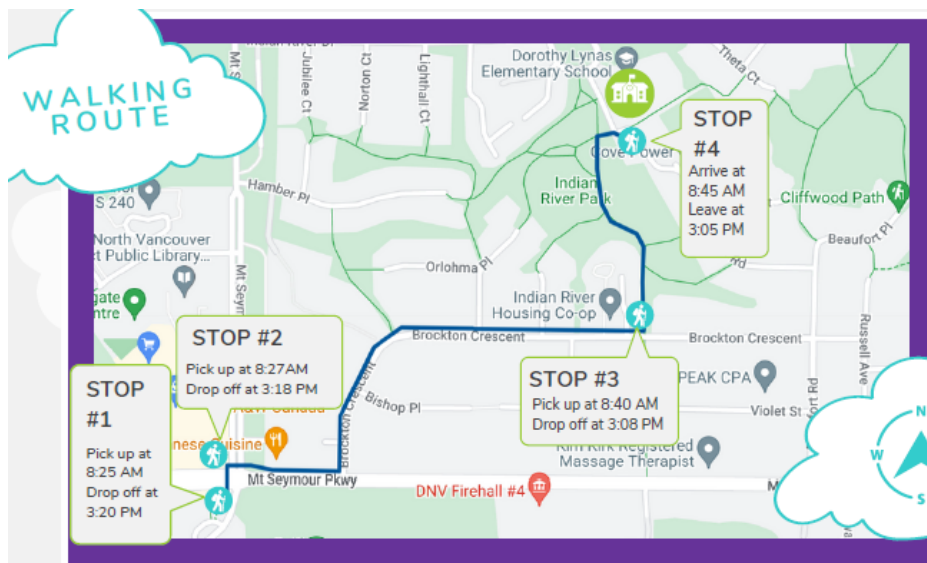
What to expect next:

We will be back for **retakes on October 18, 2023**. Any students or staff who missed photo day will have an opportunity to be photographed then.

Walking School Bus at Dorothy Lynas VOLUNTEERS NEEDED!



Students in grade 9-12 looking for community service hours can help their community by getting kids to school safely. **Meet kids at 995 Roche Pt and walk them to Dorothy Lynas.** The program runs mornings from 8:20-8:45. E-mail or visit [Mrs. Knapp](#) for more information.





TERRY FOX RUN | SEPT 21

Did you know that every year, people all over the world participate in the Terry Fox School Run? Including more than 9000 schools across Canada? This year, Seycove is participating in the Terry Fox School Run so that we can all come together in our efforts to raise funds for cancer research, and keep up our strong school spirit!

Across Canada, participating schools are raising funds and writing a #DearTerry message to share how Terry's legacy inspires them today.

Let's Go Seycove! Visit [Seycove Secondary - North Vancouver, BC | Terry Fox School Run](#) to donate to our school's fundraising page.



[Donate Here](#)



THE TERRY FOX
FOUNDATION

Send a message:

#DEAR TERRY



All students are invited to the Club Fair on Wednesday, October 4 at lunch in the Cafeteria.

Come learn about all the ways to get involved at Seycove!



Black Bears

Bears have been spotted recently around Seycove, we would like to remind our students, families and neighbours what to do when you encounter a bear. ([From the North Shore Black Bear Society](#))

IF YOU MEET A BEAR

- Try to **remain as calm as possible**. Black bears are calm animals and by staying calm, you reduce startling the bear.
- Communicate that you are not a danger by **using a calm tone to speak to them** in any language.
- Show the bear you are respectful of their personal space by **slowly distancing yourself**.
- Ensure the bear has an exit.

Never intentionally approach bears. It is very rare for black bears to make contact with humans, but they will not appreciate you encroaching on their personal space and you could pressure defensive behaviour. When bears are pressured by our presence, they show subtle stress signals such as excessive yawning, pretending to eat, moaning, huffing, salivating and jaw-popping.

Approaching bears for photographs can pressure them to feel defensive. Bears may be comfortable with people at a distance but the boundaries of personal space are unique to each individual. **Never approach a bear intentionally.**

[REPORT BEAR ACTIVITY HERE](#)



NORTH SHORE BLACK BEAR SOCIETY

c/o 355 West Queens Road, North Vancouver, BC V7N 4N5

Mail: bearinfo@northshorebears.com

Tel: 604.317.4911



Digital Awareness



SAFER
SCHOOLS
TOGETHER



Raising Digitally Responsible Youth: A Parent/Caregivers Guide

We're extending complimentary access to download [Raising Digitally Responsible Youth – A Parent's Guide](#) from Safer Schools Together. The guide was designed to help introduce Parents and Caregivers to leading social media platforms, video games, and relevant trends that are either being used already or have the potential to be used by their children.

This guide is full of tips, how-to's and definitions for the most widely used apps – including TikTok, Snapchat, Instagram and more. Best of all – it's complimentary, and you can share it with every parent in your community.



Information for parents
from Canada's paediatricians



Screen time and young children

The COVID-19 pandemic has increased screen time use among children of all ages, including those under 2 years old.

Children under 5 years old are exposed to more screens than ever before, including televisions, computers, gaming consoles, smartphones and tablets.

Time with different screens can add up quickly, especially when screens are used both at home and child care or school.

[Continue Article Here](#)



Post Secondary & Careers

Upcoming Post Secondary Events

Wed, Sept 20	UVic BCom, 12:50 (lunch), Library
Thurs, Sept 28	Canadian Universities Event, evening, Argyle
Tues, Oct. 3	UVic recruitment advisor, Library, 12:50 (lunch)
Wed, Oct. 25	BC Post Secondary Institutions, Seycove evening

Talk to your counsellor for more information. Check the Monitor and listen to the morning announcements for more events.

BCIT Marine Day Field Trip—September 25

Ever consider a career on the water? Did you know that BCIT has a campus right here in North Vancouver where students can study towards a career in the Marine Industry?

BCIT will showcase their training simulators and marine programs to local high school students at an upcoming Open House. As a part of experience, students will receive a guided tour of the campus; meet with marine sector employers and educators and have the opportunity to tour marine vessels at Burrard Pier and St. Roch dock.

The event is anticipated to take place between 09:30 – 15:00.

If your student is interested, please contact [Mrs. Knapp](#) in the Work Experience office.



CLICK HERE

career education
OPPORTUNITIES

seycove.ca

- [Mini Med School 2023](#) Registration Open Now
- Women in Finance - Job Shadow Day—Talk to [jknapp](#)
- [Gairdner High School Symposium](#) - Registration Open
- [Discovery Days in Health Sciences](#) - Registration Open



GRAD 2024



SAVE THE DATES

Graduation Ceremony

7pm | June 18, 2024
Location TBD*
north vancouver

Graduation Banquet

5:30pm | June 25, 2024
Pinnacle Hotel at the Pier
north vancouver

SEYCOVE GRAD
2024

Grad information will be shared via e-mails to families and posted on seycove.ca

Check the website for up to date information and meeting times.

Students in Mrs. Yeo's CLC12 Class will learn from the experts at a variety of Guest Speaker Workshops coming up on Fridays during Period 1 & 2 this semester. **These workshops are mandatory.** The next workshop:

- **Friday, Sept 22nd** - [Skilled TradesBC](http://SkilledTradesBC) workshop on the variety of trades available along with different post secondary program options.



What is Skilled Trades Certification?

Skilled Trades Certification is commonly referred to as mandatory or compulsory trades across Canada. Under Skilled Trades Certification, uncertified workers in selected trades will have a one-year transition period to get registered as an apprentice or become a certified journeyperson.

With more than
85,000
job openings
expected in the next decade,
there has never been a better
time to join the skilled trades.

British Columbia's future economy depends on having more skilled trades people, from diverse backgrounds, building the province of tomorrow.

For more info, visit
SkilledTradesBC.ca

Why is it important?

While British Columbia has a strong and effective trades training system that offers multiple pathways for individuals to achieve certification, it has not had a mandatory trades certification system for two decades. Skilled Trades Certification will:

- Formally recognize the skills of current and future trades workers
- Boost prestige for the trades
- Help to draw more people to trades careers and keep them working as the industry's needs shift over time

When and how will it be implemented?

Implementation is currently underway, starting with seven electrical and mechanical trades—construction electrician, industrial electrician, powerline technician, refrigeration & air conditioning mechanic, gasfitter A & B, steamfitter/pipefitter and sheet metal worker.

Each trade has a one-year transition period from December 1, 2022, which will allow uncertified workers to register as an apprentice or become certified by challenging a certification exam.

Employers can prepare for implementation by ensuring workers are registered apprentices or certified journeypersons and making any adjustments necessary to ensure their successful transition to Skilled Trades Certification.

Three additional automotive trades will be introduced as Skilled Trades Certification trades in 2024 and will also have one year to transition once announced.



For more information please contact CLC 12 teacher Andrea Yeo at: ayeo@sd44.ca



From the Seycove PAC

Hello and Welcome Seycove Families!

We are looking forward to a new year of connectivity and community. As your PAC Executive, we want to welcome and introduce ourselves:

Seycove PAC Executive 2023-2024

Co-Chairs:	Lisa Stewart Cheri Townsend
Treasurer:	Carla Cove
DPAC Representative:	Julia Wagner
Member at Large:	Wendy Kennedy
Secretary:	Jen Eyton

We are all invested in collaborating and continuing to create an amazing Seycove Community for every student and family with our Teachers, Support Staff, and Administration. Our hope is to create a space for us to come together. As your PAC Executive, we need and value your voice, your ideas, your engagement, your enthusiasm.

The PAC also organizes fund raising, which allows for equipment for the school, uniforms for sports, and scholarships for the Grade 12 students, and field trips. Without PAC support, many of these initiatives would not be possible and we are always looking for input and assistance to increase funds for allowing students to have more options and opportunities.

The PAC has established an email list for PAC purposes only and adheres to the NVPAC Communication Guidelines. **Sign up [HERE](#) for PAC Communications (you must sign up each school year).**

A PAC meeting is a venue for you to come and hear what is happening in and around your Seycove Community. We mostly meet every 2nd Tuesday of the month at 7:00pm in the Seycove Library.

Our first meeting of the school year is **Tuesday, Sept. 12th** and we hope to see many of you there!

Remaining Dates for the PAC meetings are:

October 10, 2023; November 14, 2023; December 12, 2023; January 16, 2024;
February 13, 2024; March 12, 2024; April 9, 2024; May 14, 2024; June 11, 2024 (AGM)

Seycove Secondary PAC: [CLICK HERE](#)
North Vancouver PAC: [CLICK HERE](#)
EMAIL: SeycovePAC@gmail.com