



SEYCOVE SECONDARY  
at sáyəmətən

# SCHOOL NEWSLETTER

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November 10, 2023

## Seycove REMEMBERS



**The theme of Seycove's Remembrance Day Service was *Service for Peace*. This year holds particular significance as Canada commemorates 75 years of service for peace through the United Nations**

*"But peace is not just the absence of conflict; it is also the presence of understanding, acceptance, and cooperation. In our diverse and interconnected world, building relationships with ourselves, with others, and with the land have never been more crucial. It's through these relationships that we can foster a sense of unity and work towards a future where our differences are not barriers but bridges to understanding, empathy, and peace."*

### National Indigenous Veterans Day—November 8

November 8th is observed as National Indigenous Veterans Day, a day of remembrance and commemoration for Indigenous Veterans.

Our North Vancouver Community gathered together at Whey-ah-Wichen to commemorate and learn about Tsleil-Waututh Nation Veterans (*photo right*).

Established in 1994, this important day is an opportunity to recognize the military service and sacrifices made by First Nations, Inuit, and Métis Peoples.

More than 12,000 Indigenous Peoples served in the First and Second World Wars, as well as the Korean War. These courageous men and women left their home communities to join the fight for freedom. They were skilled marksmen, talented scouts, fearless soldiers and code talkers. Their bravery and skill has been recognised by countries around the world. This proud tradition of service to our country continues to this day.



They will always be remembered  
As they won life for all,  
We shall never forget them  
for as long as the sun rises and the sun sets

ᑕᑭᑕᑕ ᑭᑕᑕᑕᑕᑕᑕ—Cree Blessing to the Fallen

The Poppy is worn each year during the Remembrance period to honour Canada's Fallen. The Legion also encourages the wearing of a Poppy for the funeral of a Veteran and for any commemorative event honouring Fallen Veterans. Thanks to the millions of Canadians who wear the Legion's lapel Poppy each November, the little red flower has never died, and the memories of those who fell in battle remain strong.

*Legion.ca*



### SEYCOVE CALENDAR

- Nov 11 Remembrance Day
- Nov 12 Diwali—Festival of Lights
- Nov 13 Stat Holiday—School Closed
- Nov 14 PAC Meeting—7pm Library
- Nov 21 Parent Info Night—Changes to reporting policies—7pm
- Nov 23 Well Fed—Pre Order Lunch  
International Day
- Nov 27 Seycove ProD Day



# Field Hockey AA Champs!

**Congratulations to the Seycove Girls field hockey team on winning the BC AA Field Hockey Tournament.** The three day long tournament was filled with exciting field hockey action that concluded with a win in the finals over Little Flower Academy. This marks the first ever Provincial banner in field hockey for Seycove. The team would like to thank the entire Seycove community for their support on their long journey towards a championship.



Coaches: Ray Yip & Melanie Reid (left)

- Seycove's first field hockey provincial banner
- First public school to win the championship since 2003-04
- Record of 5 wins and 1 loss in the tourney
- Victories in the tourney over Tamanawis, South Kamloops, Brentwood College, Glenlyon Norfolk and Little Flower Academy
- Seycove with a school record of 5 North Shore All Stars: Maisie Fulton Stephenson, Lydia Harrington, Eloise Gray, Katie Dandar and Lilja Bergen





# Updates & Reminders

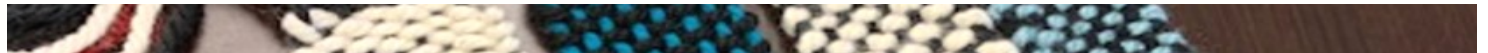
## Save the Date! - Parent Info Night - Tuesday, November 21 at 7pm

Changes to Report Cards -Informational Webinar about the new Four Point Provincial Proficiency Scale



## WEAVING OUR WAY THROUGH RECONCILIATION

Starting November 14th, Seycove students will be working together on an all-school weaving project called *Weaving Our Way Through Reconciliation*. Students will learn how to weave individual 'quarter bags' they will give away as well as work together on a larger loom piece. We are excited to have Courtney Kessel guide the students through the projects while helping them better understand the history and importance of weaving to the Coast Salish people. For more information, please contact Indigenous Education Support Teacher, [Andrea Yeo](#).



## Vortex Theatre—Donation Request

Seycove Theatre Teacher, Ms. Shoop, is looking for donations for our theatre department.

Did you know that everything in our Costume Collection has been donated?

We depend on a continuing flow of costume donations to replace old stock and expand our resources.

What will we take in donation?

We will take vintage clothing, costume pieces and other accessories that are in wearable condition. If something donated to us is not appropriate for our costume room, we will find a new home for the item.

We are also looking for:

- Props
- hanging racks
- clothes hangers



- oddities (skulls etc.)
- mannequins
- foliage/silk flowers
- vases
- small medical
- med bottles (apothecary jars)
- instruments
- walker
- crutches
- steering wheel
- cash register
- retail/ branded shopping bags
- paddles
- costume hats (witch, wizard, baseball, helmets etc.)
- costume pieces -old Halloween costumes
- store signage (open, hours, exit etc.)
- Bench seating
- carpet grip tape
- toy weapons
- wigs



### Drop-Off

We are happy for items to be dropped off at the Vortex directly OR labelled "Theatre Donation" and dropped at the main office

### Questions about donations?

Email [eshoop@sd44.ca](mailto:eshoop@sd44.ca)



### Seycove Grad Council & Social Justice 12 Fundraiser

Support Grad 2024 Activities &  
Future Social Justice 12 Initiatives.

#### WINTER GREENERY SALE

Order by Nov 19— [Order HERE](#)



#### PICK UP DATES:

Wednesday December 6th 1:00-3:30 & Thursday December 7th 11:30-3:00

To arrange an alternate pick up date, please message [Andrea Yeo](#)



### Student Council - Purdys Fundraiser



#### Looking for stocking stuffers, holiday treats or hostess gifts?

Get all your chocolate needs and help Student Council raise funds for school and community events.

Order Here:

[Seycove Student Council Fundraising Campaign](#)

Orders due by November 27th. Pick up at the school December 11.

# FOOD DRIVE

## Student Council is running a Period 1 Collection Challenge

Help us collect food and personal  
hygiene items for the Harvest Project.

Nov 20-Dec 1



### Upcoming Sessions about Teens

#### Sober Kids Canada

Free Online talk: Nov 15th, 2023 at 6pm

**Teen cannabis use, psychosis and schizophrenia**  
with Linda Lane Devlin, Drug/Alcohol Counsellor  
and Certified Intervention Specialist

[REGISTER HERE](#)

#### Parenting Teens in Uncertain Times

Want better ways to **understand and connect** with your kids?  
Want tools to positively address the **worldwide mental health**  
**crisis** facing our teens?

Are you looking for the best solutions to **empower teens with**  
**anxiety or depression?**

[REGISTER HERE](#)



# Safe & Caring Schools

erase | building safe school communities

get help now →

**erase** is about building safe and caring school communities. This includes empowering students, families, educators and the community partners who support them to get help with challenges, report concerns to schools, and learn about complex issues facing students. erase started in 2004 through the provincial government's Safe, Caring and Orderly Schools Strategy, and has since evolved.

We encourage families to review the resources and information found on the [erase website](#) with your children, including about online safety, mental health and well-being, substance abuse, bullying, racism, sexual orientation and gender identity (SOGI) and more. There is also a [reporting tool to get help and support](#).

This month, the school district and school websites will feature erase on the homepage rotating banner. We are doing this to increase awareness of this resource. You can expect to see erase shared on school district and school websites periodically throughout the school year.



The BC Ministry of Education is offering **free, virtual [erase](#) learning sessions for families**, which will be held on November 8, 28, and 30, focusing on establishing safe, caring, and respectful digital communities. Everyone is welcome to attend!

The sessions are recommended for Parents/Caregivers/Grandparents and youth aged 10 and up as a way to facilitate the conversation of safe and caring use of technology at home and in the community. The session covers all things digital, from how to be a good digital citizen, the criminal consequences of cyberbullying, and how to report and receive support in cases of sexting/sexortion. Some of the most prominent concerns currently surrounding use of social media platforms, smartphones, and artificial intelligence will be discussed.

Register online for one of the three sessions being offered:

**November 8, 2023 (6:30pm – 7:30pm PST)**

**November 28, 2023 (7:00pm – 8:00pm PST)**

<https://www.eventbrite.ca/e/732343096917?aff=oddtcreator>

**November 30, 2023 (6:30pm – 7:30pm PST)**

<https://www.eventbrite.ca/e/732346587357?aff=oddtcreator>





# Post Secondary & Careers

## Careers in Trades

Are you interested in an opportunity to make more than minimum wage? Interested in working in the trades? How about earning credit for school while you do so? If this speaks to you, then you are invited to a "Lunch and Learn" on **Wednesday November 22nd in portable 25** to find out information on programs you can take while in high school. **Open to anyone in grade 10-12.** For more information please see [Ms. Yeo.](#)



**CAREER IN TRADES?**  
*Lunch*  
**AND LEARN!**  
Wednesday, Nov 22  
Portable 25 @lunch



## Sports, Recreation and Healthcare Fair - Nov 17

The North Vancouver School District is hosting a Career Fair in Sports, Recreation and Healthcare and all grade 10-12 students are invited.

**Friday, November 17**  
**9:30-12:45pm at Sutherland Secondary**  
**(\*new location\*)**

The fair will introduce students in our district to the variety of jobs in these career focus areas.

To register, students are encouraged to speak to their career teachers or [WEX Facilitator.](#)

## CAREER LIFE EDUCATION

**Career Life Education (CLE10)** is an exciting class that explores different career pathways. Career Life Education is an important class that helps students develop a greater understanding of their personal development and career decisions. The class aims to help students gain an understanding of regional and global trends and how they play into possible career opportunities.

Recently, Ms. Rajan's class had a series of speakers exploring the career pathways of neuroscience, careers in medicine, architecture, finance, and entrepreneurship. Students from various grades attended a workshop put on by Ennovate UBC where they learned about brands, microloans, public speaking skills, marketing, and the basic steps in starting an independent business. We encourage interested students to join the club- Please message Jordon Lo and Ms Rajan on MS Teams.

We will welcome more guest speakers and support students in learning about various skills and abilities needed for the future. Through purposeful career-life development, students learn to recognize their evolving interests and strengths, refine their learning goals, and apply this self-knowledge to exploration of post-graduation possibilities.



# Post Secondary & Careers



GIRLsmarts4tech



## UBC GIRLsmarts4tech x SAP Canada November 2023 Event Description

If you're a **Grade 7 or 8 girl** who is passionate about science and technology, searching for an opportunity to visit one of the most innovative workspaces in the world, or curious about pursuing STEM after high school, register today for **UBC GIRLsmarts4tech x SAP Canada's all-day tech workshop on Saturday, November 18, from 9:00am- 4:00pm**. This unique event is taking place at SAP's downtown office, where attendees will receive an office tour, robotics and programming tutorials, and more! No experience needed. Register now: [cs.ubc.ca/girlsmarts4tech/registration](https://cs.ubc.ca/girlsmarts4tech/registration)! Please direct any questions to [girlsmarts@gmail.com](mailto:girlsmarts@gmail.com).

## CapU Open House on Saturday, November 25th, at 11 a.m., North Vancouver Main campus

CapU School of Performing Arts is preparing a variety of activities for prospective students. They will have the opportunity to get to know and interact with the faculty, have questions answered, and receive tips on how to make their applications stand out. The event runs until 2 pm, and at the end, all Acting & Theatre prospective students and their families **will be invited to attend a relaxed performance by current students**. It promises to be a very enjoyable day, and students will gain insights into **auditions, interviews, and more!** RSVP link (<https://capilanou.ca/>)



CAPILANO  
UNIVERSITY

## Women in Finance Job Shadow Day

Seycove student, Zena, attended the recent Women in Finance Job Shadow Day in downtown Vancouver. Along with other grade 11 and 12 girls, Zena took part in interactive workshops, networking opportunities and mentoring sessions. The event gave Zena a first-hand view of what a job in finance would look like. Zena said she really enjoyed the day, "it was really well run and we got to meet some amazing women. The goodie bag was awesome too."



For more opportunities like this, students can contact Mrs. Knapp in the WEX office, monitor MS Teams or visit the new [NVSD Career website](#)



BUTTER  
STUDIOS



# GRAD 2024



The annual **Seycove Grad Winter Formal Boat Cruise** is coming up December 6th.

Tickets are now on sale through [SchoolCash Online](#) until November 19th.

Grads will enjoy a full dinner buffet, 3-hour Carol-Lights cruise in Vancouver Harbour and lots of fun and entertainment.

For [more information](#) contact [ayeo@sd44.ca](mailto:ayeo@sd44.ca)

\*This is a school sanctioned event— ship security will screen students prior to boarding for signs of intoxication as well as prohibited items including liquids, vapes, gum, cigars and cigarettes.

## GRAD FRIENDSHIP PHOTOS Book Today!



### Book a Group Session for You and Your Crew

Friendship and Group photo sessions will be taking place at Seycove on November 24th.

[BOOK YOUR SESSION HERE.](#)



\$15 per person includes one hi-res download, \$22 per person includes four hi-resolution downloads.

## Ms.Yeo-CLC12 Block 1 & 2 Guest Speaker Series

November 17<sup>th</sup> - JABC Finance & Budgeting workshop (continued)  
[Personal Finance](#)



## GRAD SCHOLARSHIP INFORMATION

Grade 12 Students should check the **Seycove Scholarship 2023-2024 Team** on MS Teams. If you have questions about scholarships, please message [Ms. McLean](#)



**Beedie Luminaries Scholarship Program** is one of the most comprehensive and fastest growing scholarship programs in British Columbia designed to help remove barriers to education and provide wrap-around support for promising and resilient students who are facing financial adversity. Students who are smart, but constrained by circumstance. Students who are ready to rise above their circumstances and achieve their dreams.

We are looking for Grade 12 students in B.C. to apply for one of 100+ scholarships available in 2024. Recipients will each receive up to \$44,000 towards their post-secondary studies at any public university, college or trade school in B.C. [Apply HERE](#)





# Seycove Seyhawks



## Cross Country Team

It's been a busy few weeks for Seycove's Cross Country Team. Our team competed strong at the Zone qualifiers and Connor and Ryder (far right) went to the Provincials in White Rock where they placed 39th and 35th in the province. Great season Seyhawks!

## 11th Annual Seycove Seyhawks Bottle Drive

The Seycove Girls Basketball program is hosting our 11th annual Seycove Seyhawks neighbourhood bottle drive.

### Neighbourhood Pick-up Day:

**Saturday November 18th from 10 am-1 pm.**

Our players will stop by your house and collect or feel free to drop your refundable bottles at

**The Bridge Church parking lot  
at 1384 Deep Cove Road.**



If you have any questions, email Jennifer Deane at [www.jenniferdeane.ca](http://www.jenniferdeane.ca)

*Seycove Girls Basketball Parent Group*

Pre-Order your donuts  
[HERE](#)



\$15/box

**Pre-order** a box from one of the Seycove Girls Basketball players **by Tuesday Nov. 21**

**DOUGHNUT PICK-UP DAY  
DECEMBER 7**

\* A limited # of boxes will also be available to purchase on Dec. 7 in the cafeteria \*



# Seycove Snapshots

## Meet the Clancys



Seycove's iconic media and art teacher was seeing triple on Halloween. While the real Mr. Clancy (centre) is inimitable, Mr. Harris and Ms. McWilliam were able to capture a bit of his sartorial style including the requisite toaster oven tray.

## Celebration of Learning: Crafting Inspiring Magazines in CLE10



In Ms. Rajan's CLE classes, our talented students have embarked on an exciting project. They have been diligently creating captivating magazines that showcase their deep understanding of learning styles, personality types, values, reflections, personal interviews, and their unique experiences along their educational journey.

These magazines are a testament to their creativity, knowledge, and personal growth. We invite you to stay tuned as we announce the winners of the highly anticipated "Best Magazine" competition. Prepare to be amazed by the insightful articles, stunning visuals, and the incredible talent of our students. Stay tuned for an unforgettable display of imagination and achievement!



# Halloween Fun





# In Our Community

## Deep Cove Winter Market

NOV 18, 2023  
10am - 4pm

Shop over 50+ local makers and artisans, stock up on gifts for the holidays or treat yourself. Make sure you visit our food truck: Chou Chou Crepes, Pizza La Sella and the Buzz Coffee Truck. Don't miss out, get your \$5 tix today.

Body care | Woodworking | Jewelry + Accessories | Clothing + Apparel  
Ceramics | Candles | Prints + Textiles | Seed, Sow + Grow  
Eats + Treats | Vintage + Sustainable | Visual Artists

covecommunitymarket.com

SEYCOVE COMMUNITY SCHOOL

Sponsored by:



## Support Our Local Schools

The Deep Cove Winter Market is proud to have the involvement of our local family of schools.

Each school has partnered with local businesses to fundraise and support small businesses:

Cove Cliff // Charlie Girl Goods  
Dorothy Lynas // Truffle Pig Chocolate  
Sherwood Park // Popcorn sales  
Seycove Secondary // Signature Cookies

**Volunteers Needed**—Help with Set Up  
[sign up here](#)

# The Wizard of Oz

A modern take on the classic L. Frank Baum story, infused with all the jokes, songs and pantomime traditions we all know and love! Cheer on Dorothy, Scarecrow, Tin-Man and Lion, and help them defeat the evil Wicked Witch of the West! Will Dorothy have the brains, heart and courage to save all of Oz and find her way home?

December 20th-29th, 2023 (Wed, Th, Fri @ 7:30 pm)

Matinees December 23rd, 26th, 30th and 31st, 2023 (@ 1:30 and 4:00 pm)

Directed by: Robert Bockman-Cobban

**\*PLEASE BE ADVISED\*** This production contains the use of Fog, Haze, Strobe Lighting, and Sudden Loud Noises.

Info here: [Home - Deep Cove Stage Society](#)

