



SEYCOVE SECONDARY at sáyəmətən

SCHOOL NEWSLETTER

January 26, 2024

Dear Seycove School Community,

As we reflect on the accomplishments of Semester 1, we also look ahead with anticipation and excitement to Semester 2. The upcoming semester brings new opportunities for learning, growth, and the pursuit of excellence. We are confident that with the same dedication and enthusiasm, we will continue to achieve great things together.

I encourage everyone to set new goals, embrace challenges, and make the most of the resources available to you. Our school is a community that thrives on collective achievement, and I am confident that Semester 2 will be filled with even more accomplishments, both academically and personally.

Parents, thank you for your continuous support in nurturing and guiding our students. Your partnership with us is invaluable, and we appreciate the trust you place in our school.

Staff, your unwavering commitment to providing quality education and fostering a positive learning environment is truly commendable. Your efforts contribute significantly to the success of our students.

Students, take pride in your achievements, and let them serve as a source of inspiration for the challenges that lie ahead. Your hard work is a testament to your capabilities and potential.

Wishing you all continued success, growth, and fulfillment in the coming months.

Warm Regards,

Sarah Best
Principal



FEBRUARY IS BLACK HISTORY MONTH

Every February, people across Canada participate in Black History Month events and festivities that honour the legacy of Black people in Canada and their communities.

The 2024 theme for Black History Month is: **“Black Excellence: A Heritage to Celebrate; a Future to Build”**. This theme represents both an opportunity to engage in open dialogue and a commitment to learning more about the stories Black communities in Canada have to tell about their histories, successes, sacrifices and triumphs.

No matter where you live, we invite all Canadians to learn more about these communities, and how they continue to help shape Canadian history.

[LEARN MORE](#)

Seycove Calendar

Jan 26	Last Day of Semester 1
Jan 27	International Holocaust Remembrance Day
Jan 29/30	Review & Completion Days *students will be invited to attend
Jan 31	Semester Turnaround Day No classes for students
Feb 1	Start of Semester 2
Feb 1	Start of Black History Month
Feb 6	Semester 1 Reports Published
Feb 8	Hot Lunch PreOrder– Pasta Day
Feb 10	Lunar New Year
Feb 13	PAC Meeting—7pm Library
Feb 14	Valentine's Day
Feb 16	District Wide—ProD Day No classes for students
Feb 19	BC Family Day—Stat Holiday Schools Closed

INTERNATIONAL
HOLOCAUST
REMEMBRANCE DAY
January 27



International Holocaust Remembrance Day is a day to honour the six million Jewish victims of the Holocaust. It is observed annually on January 27.

On January 27, 1945, the Auschwitz-Birkenau concentration camp – where more than one million people were sent to gas chambers and to their agonizing deaths during the Holocaust – was liberated. In 2005, that day was designated as the annual International Day of Commemoration in memory of the victims of the Holocaust. Each year, Canadians and individuals all over the world take this opportunity to remember the victims of the atrocities of the Holocaust and reflect on the dangers of anti-Semitism. - [Canada.ca](https://www.canada.ca)

Resources:

[The Canadian Encyclopedia - Canada and the Holocaust](#)

[Government of Canada - International Holocaust Remembrance Day](#)

[UNESCO - Int'l Day of Commemoration in Memory of the Victims of the Holocaust](#)

[International Holocaust Remembrance Alliance](#)



Updates & Reminders



End of Semester 1—Review & Completion Days January 29 & 30

- January 26: Last day of regular classes for Semester 1
- January 29 & 30: End of Semester **Review & Completion Days**
Students & parents will be contacted by teacher if students are invited to attend R&C.
Only invited students should attend R&C.
- January 31: Semester Turnaround Day—No Class for Students
- February 1: First day of Semester 2
- February 6: Semester 1 Summary of Learning Reports Published



Course Programming Information & Timeline

- I: Student Course Programming Information Meetings (for students)**
Juniors (grade 8 & 9s) Friday Feb 2 @ 11:50 – 12:50 in the Cafeteria
Seniors (grade 10 & 11s) Friday Feb 2 @ 11:50 – 12:50 in the Gym
- II: Seycove Counsellors will visit classes and answer questions**
February 8 and 9
- III: Parent Information Evenings for Course Programming (Jan 24/25)**
- IV: Course Request Forms Due in the Main Office by Thursday, February 15**
Students must hand in their completed course request forms signed by both the student and a parent/guardian by Thursday, February 15



Recent Cougar Sighting Nearby—What To Do



The Black Bear Society is alerting our community about a recent sighting of a mama cougar and her three kittens nearby on Banbury Road and Summerside Lane.

A reminder, if you encounter a cougar:

- Stay calm. Keep the cougar in sight and maintain eye contact
- Pick up small children and pets
- Slowly back away
- Be present. Focus on the situation and not on your phone

[More information HERE](#)



Updates & Reminders



QUASH—New Smoking/Vaping Cessation Program at Seycove

Quit That Hit: 6 part Lunch and Learn Series for students

Change is a process, not an event.

In early February Seycove will be exploring Quash: a program developed by Health Canada and the Canadian Lung Health Foundation centered on smoking and vaping.

Quash is a voluntary smoking and vaping cessation club. It is for students who would like to educate themselves around tobacco use, addictions, the harmful effects of smoking; with the potential for quitting. It will be held every Tuesday at lunch, pizza supplied.

For more information, please contact [Ms Alam](#) or [Ruby](#).



Youth Development Instrument Survey—Grade 11s



All Grade 11 students in School District 44 will be participating in the annual **Youth Development Instrument Survey** during the week of Feb 26. The survey is conducted by UBC in conjunction with the Ministries of Health and Education. The purpose is to help identify individual and contextual resources, opportunities, and practices that affect positive youth development. Please go to the attached link for more information

[Overview - Human Early Learning Partnership \(ubc.ca\)](#)

2025 Dominican Republic Humanitarian Trip Info

Students and parents who missed the January 16th information meeting about the 2025 Dominican Republic Humanitarian Trip can view the information from the meeting [HERE](#).

If your student is interested in joining the Team going to the DR, please have them reach out to [Ms. Yeo](#) so she can add them to the list and ensure they are copied on communications about the trip.

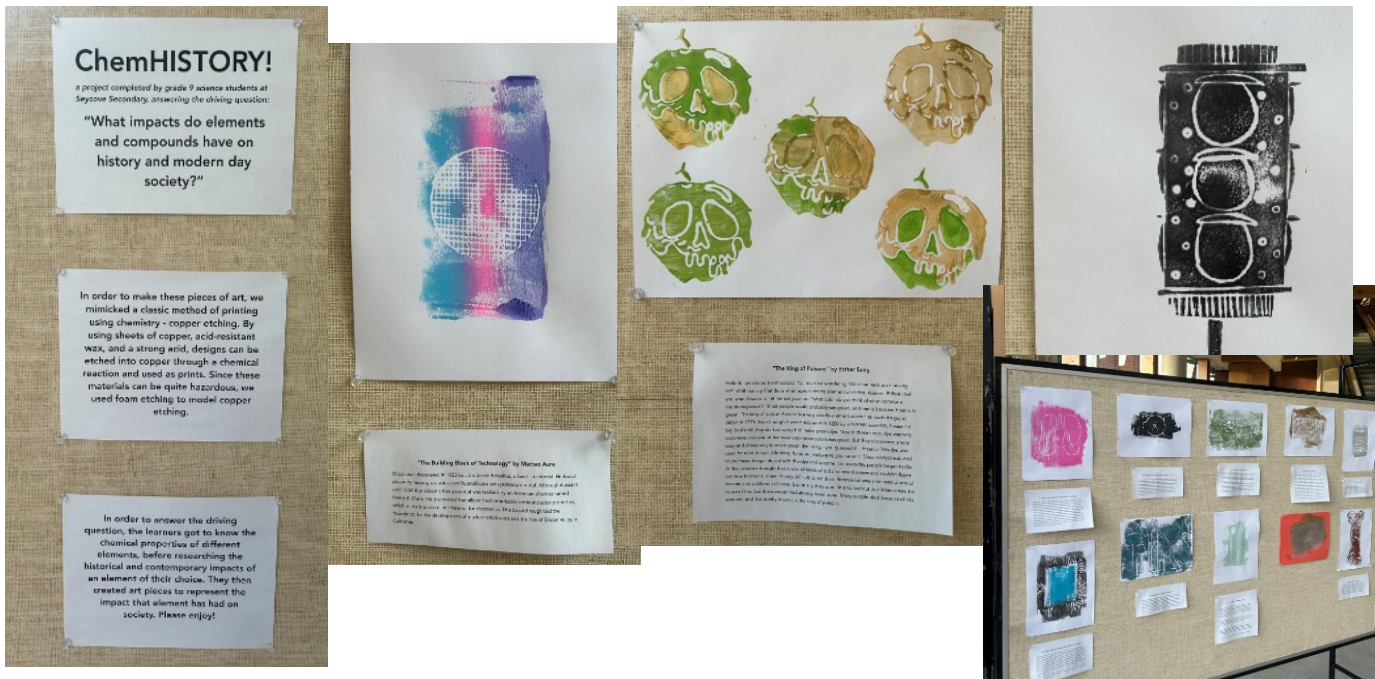




Celebrations of Learning

Science 9 - ChemHISTORY

Science 9 students had the chance to display their art to the public at the Education Services Centre. After getting to know the chemical properties of different elements, the students had the opportunity to study the contemporary or historical significance of an element of their choice. The students then made art pieces to symbolize that element, and they turned out awesome! Way to go scientists! - Ms. Kadi

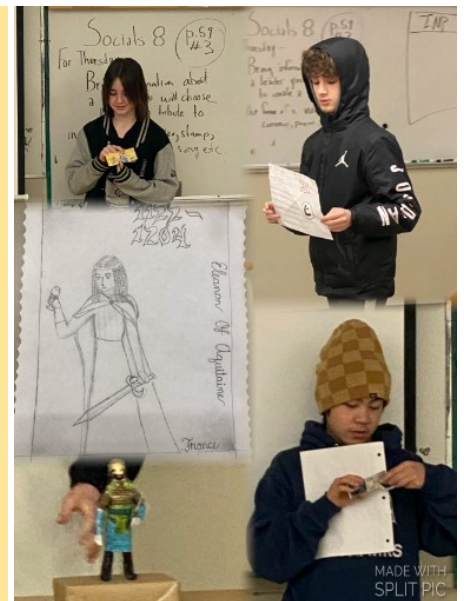


Social Studies 8 - Medieval Leaders Project



Socials 8 recently completed projects paying tribute to a medieval leader through videos, currency designs, poems, 3D figurines and songs. The students exceptionally creative work demonstrated their deep understanding of what makes a leader significant.

- Ms. Rajan





Celebrations of Learning

First Peoples 12 Exhibition

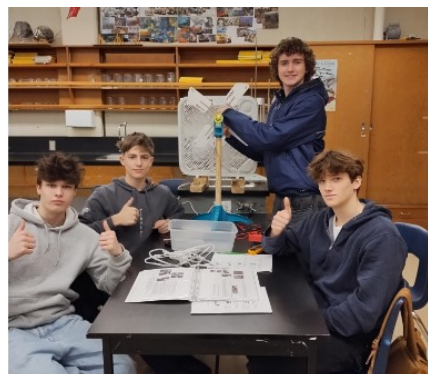
On Tuesday, January 23rd, grade 11 and 12 B.C. First Peoples 12 students hosted their annual public exhibition of learning. Learners in Ms. McWilliam's class created artifacts to represent their learning from the course, and create artifacts answering the driving question "What can I give back, even if only in a small way, to be a part of Reconciliation?". PLP Learners worked with Mr. Hughes to launch their learning of the course for next semester, beginning with important contemporary events.

Thank you for all our of visitors, and to all of the learners who presented their work! - Ms. McWilliam



Science 10—Climate Change & Renewables Lesson

Students in Mr. Hansell's Science 10 Class recently participated in a special activity on alternative energy sources (wind and solar power). A guest presenter spoke about climate change, green energy efficiency, and careers in green energy technology. Students did experiments on how to maximize the efficiency of solar and wind energy systems.—Mr. Hansell





WEX Stories

Graeme's Construction Work Experience Placement with Naikoon Contracting

Work Experience Placement to Apprenticeship: Graeme's Journey to Red Seal



Graeme's interest in carpentry is what led him to visit the Work Experience (WEX) office to see what kinds of opportunities were available for him to better understand the trade. With the guidance of Seycove's WEX Facilitator, Janice Knapp, Graeme's journey in carpentry gained momentum. Janice connected Graeme with Naikoon Contracting for a two-week placement last summer. Eager to learn and armed with his passion for carpentry, Graeme arrived at the job site each morning, ready to tackle tasks ranging from site clean-up to more hands-on responsibilities.

During the second week, Graeme found himself right in the midst of the action, part of the crew demolishing a property on South Granville. The experience was transformative, as the sounds of hammers and saws echoed through the job site, solidifying Graeme's desire to continue his journey towards becoming a carpenter. Amidst the debris and the thrill of creating something new, Graeme discovered that carpentry was where his true passion lay, "I enjoyed seeing all the other trades in action, but working at Naikoon confirmed I want to continue in carpentry."

Motivated by his newfound clarity, Graeme took the initiative to pursue his dream further. Knowing that his heart was set on obtaining the Red Seal in carpentry, he reached out to the WEX team to explore more opportunities. Thanks to the efforts of NVSD District Careers Teacher, Jennifer Kinakin, Graeme secured a spot in the upcoming BCIT Level 1 Apprenticeship Carpentry Program in February, with Naikoon Contracting serving as his proud sponsor.

Starting in February, Graeme is all set to embark on a dual journey of earning and learning. He'll be working for Naikoon, gaining hands-on experience in the field, while also attending the BCIT program to further sharpen his carpentry skills. Expressing his enthusiasm for the upcoming chapter, Graeme stated, "I'm looking forward to getting paid well in a career that I'm really passionate about. I am excited to start so young towards my Red Seal certification in carpentry and know that I can take this skill with me anywhere."

As Graeme steps into this promising future, he carries not only the tools of his trade but also the invaluable lessons learned through hard work, dedication, and the unwavering support of those who believed in his carpentry dreams.

If you have a student who is interested in a career in trades, please encourage them to message Mrs. [Knapp](#) or Ms. Yeo to arrange a meeting. The North Vancouver School District offers support including financial support for training in skilled trades. Visit [Career Pathways](#) for more information or plan to attend the **Student and Parent Trades Information Night at Handsworth on Feb 1, 6pm-8pm.*



Post Secondary & Careers

ATTENTION BUSINESS OWNERS



The Seycove Work Experience course is looking for businesses to participate in our program. We have students looking for placements in accounting, engineering & trades. If you would be interested in helping our students gain valuable work experience towards their desired career, we want to hear from you. Please message [Janice \(jknapp@sd44.ca\)](mailto:jknapp@sd44.ca) to learn more about how your business can help.

(*Our students are covered under WorkSafe BC insurance as 'Workers of the Crown' - Students usually work 2-4 hour shifts (unpaid) once or twice weekly. We can also arrange full days or spring break placements)

Jan 31—*new date* Enhanced Programs Evening

Students and Parents are invited to learn about the various enhanced programs and academies offered at our secondary schools. The event will include short presentations and booths hosted by NVSD staff, academy providers, program facilitators and coaches. Wednesday, January 31, 6 to 8 p.m - [MORE INFO](#) | [RSVP](#)
5th Floor, Education Services Centre ,2121 Lonsdale Avenue,

Feb 1 - Parent & Student Night—Careers in Trades

Parents and Students! Join us for an information session on career pathways in trades. Learn about the opportunities from local businesses, SkilledTrades BC, post-secondary options and programs available within the North Vancouver School District.

[MORE INFO & SIGN UP HERE](#)

Thursday, February 1: 6pm-8pm | Handsworth Secondary School



Feb 7 - Parent & Student Night—Careers in the Arts

Explore diverse visual, music, dance, and theatre career opportunities through a gallery walkabout style event. Engage with local businesses and cultural icons like the Polygon, Vancouver Opera, Urban Ink and the Inuit Gallery of Vancouver and post-secondary exhibitors including La Salle, CAP U, SFU and the Vancouver Film School.

[REGISTER HERE](#)

Wed, Feb 7: 6-7:30 pm—Drop In—Gordon Smith Gallery - 2121 Lonsdale Ave



Feb 8 - Women in Science Evening

At BC Children's Hospital and BC Women's Hospital + Health Centre, we are proud to support our inspiring female leaders who are making groundbreaking discoveries and innovations in research. At this unique evening event, we will be showcasing the important contributions of seven of these women. [INFORMATION & REGISTRATION HERE \(bcchr.ca\)](#)



Feb 18 –MedEd Conference 2024 by LGH

Students interested in a career in the medical field are invited to attend our 6th Annual MedEd Conference hosted by the Lions Gate Hospital Foundation Youth Advisory Committee. Learn from experienced health care professionals and students for information and insight into medical careers. [TICKETS HERE](#)

February 18, 2024 at the HOPE Centre -1337 St. Andrews Avenue, North Vancouver.





Post Secondary & Careers

Upcoming Trades Opportunities

VCC Baking and Pastry Arts Foundation Certificate: High School Youth Train in Trades Program

Is your student interested in a career in baking or pastry arts? Students can enrol in VCC courses designed for High School students and earn credits towards graduation.

For more information on the program and important dates, please visit the [VCC Website](#)

Please also have your student reach out to their grade counsellor or visit the Work Experience Office



BCIT Carpentry Programs

Students can start towards an apprenticeship in Carpentry through BCIT's high school apprentice programs. BCIT has just released dates for 2025. If your student is looking to start a career in trades, please have them connect with their grade counsellor or the Work Experience Office.

[Program Dates](#)



Free Food Safe Level 1 Course for Seycove Students

Seycove has received a grant towards Career Education and we are excited to offer a free Food Safe Level 1 course to grade 10-12 Seycove Students in March. The details are still being worked out but we would like to know what kind of interest there is from our students. Please complete this form if your student would like to enrol in this program. [FOOD SAFE INTEREST FORM](#)

Please note that Food Safe is often required for working at restaurants or other food service jobs. It provides excellent safety knowledge and is a very valuable addition to student resumes.





GRAD 2024



Grad Council Fundraiser—Help Support Seycove Grad Scholarships



**Order your Purdy's Easter treats
and help support
Grad Scholarships**

Use our link to order today:

PURDY'S LINK

**Orders will be available to pick up on
March 12-14**

*Order by February 19th and pick up at Seycove March 12-14. Easter Sunday is March 31st during spring break.

Grade 12 Capstone Presentations—May 10, 2024

Although the Career Life Connections 12 classes in period 1 and 2 with Ms. Yeo are finished at the end of semester one, grade 12s need to continue completing their Capstone projects/presentations which will be presented on May 10, 2024 to a panel of people. Students should be about 80% done their presentations, so please ask them for a sneak peek and provide them with constructive feedback as they put in the remaining details and finishing touches. For more information: please contact Ms. Yeo at ayeo@sd44.ca





Seycove Snapshots



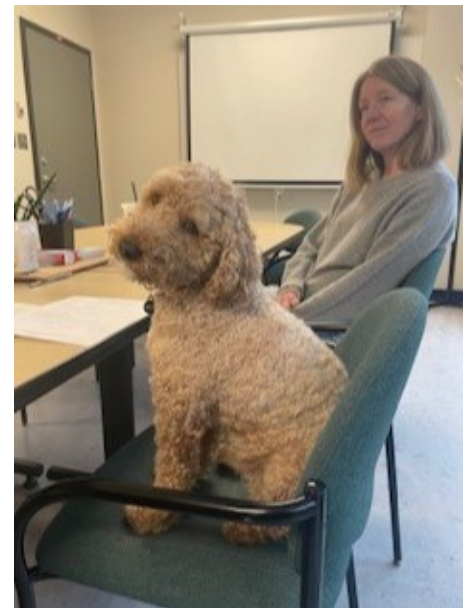
BC Junior Chess Association Championship Qualifier

Our top chess players engaged in a mini-tournament to determine who would qualify to represent Seycove at the British Columbia Junior Chess Association Championship in the spring. All of the players put forth their best effort versing each other through several exciting rounds of timed chess games to determine the qualifiers. Congratulations to the students who made it through and good luck at the tournament this spring!

- Ms. Brady, Chess Club Sponsor



**Congratulations to:
Tom H (10), Thomas H (12),
Kyle M (12), Nate L (9) and
Jonathan H (12) for
representing Seycove at the
upcoming Championship**



Seycove Counselling Services Team Member, Cooper, attends a planning meeting and provides important input on school paw-licies



Seycove Seyhawks



Alpine Team Training Night at Mt. Seymour



After a delayed start to the season, Seycove's Ski and Snowboard Team finally got their chance to train up at Mt. Seymour last week where they were greeted by the most incredible sunset. The team had an active night of timed races setting them up for their trip to Blackcomb last Friday where they got to experience major powder conditions. The team continues to train gearing up for upcoming zone races on February 1st.



*Clockwise from top left: Caelem, Taylor, Liam
Photos courtesy of Alistair Davey, Seycove Yearbook.*



Seycove PAC

www.seycovepac.ca

Munchalunch—Lunch Orders for Semester 2— Sign up by Jan 31

The Seycove PAC is continuing the hot lunch program for the 2nd and 4th Thursdays for the rest of this year. This program not only provides healthy food options, prepared from scratch, it also helps raise money for the PAC to fund teacher wish lists, school uniforms, sports equipment and computers, etc.

The caterer, Well Fed, has upsized them to 'XL' format in addition to the 'L' for our high school students. We've tried to include vegetarian, vegan, gluten free and dairy free options where we are able, on each of the 4 themed food days:



Feb 8 /24: Pasta Day
Mar 14 / 24: Mexican Food Day
April 25 / 24: Pasta Day
May 23 / 24: Mexican Food Day

Feb 22 / 24: International Day
April 11 / 24: Salad, Wrap & Sandwich Day
May 9 / 24: International Day
Jun 6 / 24: Salad, Wrap & Sandwich Day



- NEW parents need to register here: <https://munchalunch.com/schools/seycove>
- RETURNING parents can go directly to the login page: <https://munchalunch.com/login>

If you are a returning munchalunch parent, but your student is new to Seycove, you should be able to login and transfer your student using "Transfer School" under the "My Family" tab. If you have a child at more than one school, you need to contact support@munchalunch.com with your two school names. Payment is due upon ordering and can be made by major credit card. Any orders not paid for by 7 days in advance of the lunch day cannot be fulfilled. Ordering will be open until January 31st and **all orders must be completed and paid for by February 1st.**

If allergies are a concern you can double check ingredients here:

[Well Fed Hot Entree Ingredient List & Allergens...](#)

[Well Fed Cold Entree and Side Ingredient List &...](#)

SAVE THE DATE: 40th Annual Seycove Auction—March 9, 2024



Taking down your Christmas Lights?? The Auction Committee is in need of lots of strings of lights to help with our decor this year. Lights can be donated or borrowed, big or small, indoor/outdoor, and any colour!! Please reach out to info@seycoveauction.com or call Kim directly at 778-839-4585.



\$65/ticket or \$650/table of 10 (limited availability)
Ticket = appies, drink ticket and door prize entry!
Tickets available at www.seycoveauction.com