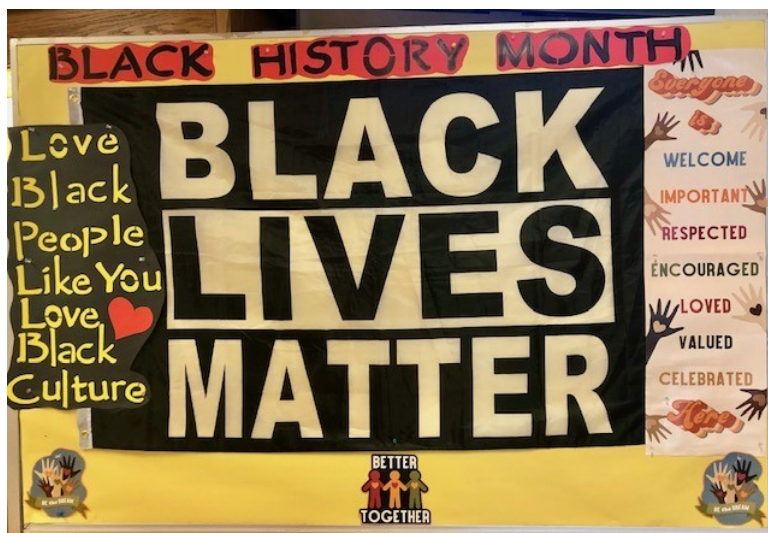


# SEYCOVE at sáyəmətən NEWSLETTER

## Welcome

We would like to thank the Coast Salish people, specifically the Skwxwú7mesh Nation and Tseil-Waututh Nation, whose unceded traditional territory the North Vancouver School District resides on. We value the opportunity to learn, share and grow on this traditional territory.



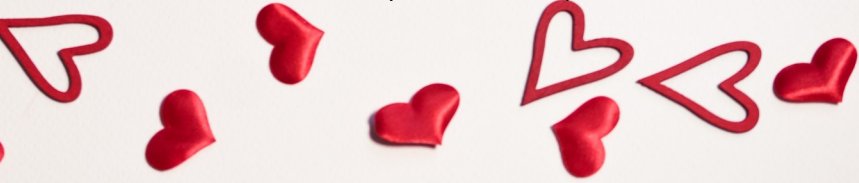
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# Upcoming Important Dates

- February 20 ..... Family Day—Schools Closed
- February 22 ..... Pink Shirt Day
- February 26 ..... Purdy’s Easter Chocolate Order Deadline
- March 6 ..... End of Gr. 8 Rotation 1
- March 7 ..... Start of Gr. 8 Rotation 2
- March 7 ..... Jazz Concert 7:00 pm
- March 7 ..... PAC Meeting 7:00 pm
- March 9 ..... **Parent Teacher Interviews**
- March 9..... Early Dismissal 1:15 pm
- March 10 ..... Early Dismissal 1:15 pm



## “Be Kind to You, Be Kind to All” - Pink Shirt Day 2023



PINK SHIRT DAY - Feb. 22, 2023

Now a movement celebrated across the globe, **Pink Shirt Day** has humble beginnings. Inspired by an act of kindness in small-town Nova Scotia, CKNW Kids' Fund, working with partners Boys & Girls Clubs and 980 CKNW, was inspired to raise funds to support anti-bullying programs. Here is a snippet of an article detailing the original incident:

“David Shepherd, Travis Price and their teenage friends organized a high-school protest to wear pink in sympathy with a Grade 9 boy who was being bullied [for wearing a pink shirt]...[They] took a stand against bullying when they protested against the harassment of a new Grade 9 student by distributing pink T-shirts to all the boys in their school. ‘I learned that two people can come up with an idea, run with it, and it can do wonders,’ says Mr. Price, 17, who organized the pink protest. ‘Finally, someone stood up for a weaker kid.’ So Mr. Shepherd and some others headed off to a discount store and bought 50 pink tank tops. They sent out messages to schoolmates that night, and the next morning they hauled the shirts to school in a plastic bag. As they stood in the foyer handing out the shirts, the bullied boy walked in. His face spoke volumes. ‘It looked like a huge weight was lifted off his shoulders,’ Mr. Price recalled. The bullies were never heard from again.”



## Seycove Secondary's Easter Chocolate Fundraiser

Support your school community by ordering some tasty Easter treats! Proceeds go towards school-wide initiatives. Deadline to order is February 26<sup>th</sup>. Orders will be ready for pick up April 3<sup>rd</sup> - 6<sup>th</sup> from the main office. If you already have a Purdy's account, you can simply sign in and then place your order. Link below:

<https://fundraising.purdys.com/1515893-104453>

# Parent Teacher Interviews

Seycove's Spring Parent Teacher Conferences will take place on March 9, 2023. The two session times for the conferences are 2:00 - 4:00 pm and 6:00 - 8:00 pm. Conferences will take place in Seycove classrooms and will last 5 minutes each.

Seycove will be using the same online appointment booking system to manage the event as in the fall. This online system allows parents the most flexibility to select their own appointments and book them online. The booking window will **open on Tuesday, February 21st at 9:00 am** and will close **Thursday, March 2nd at 11:55 pm**.

**Please note that the system is a "first-come-first-serve" system and appointment slots will fill up quickly.**

[Click here](#) for more information.



## Seycove Family of Schools Auction

The **39th** annual Seycove Family of Schools Auction is on **Saturday, April 29!** The theme is ***Dancing in the Rain***; get dressed up in your best black and white and get ready to dance the night away!

The auction has been a successful community event for the Seycove Family of Schools (Cove Cliff, Dorothy Lynas, Sherwood Park and Seycove) and has raised a significant amount of money that supports enhanced opportunities for our kids/schools. With your support, we are looking forward to bringing our Seycove Community back together to re-connect and have tons of fun! Whether you join us for the dinner and dancing, or want to volunteer on the night of the auction, we hope our entire Family of Schools Community can join us.

**Purchase Tickets online and sign up to volunteer via the Auction Website [www.seycoveauction.com](http://www.seycoveauction.com)**

*Donations of Black Umbrellas appreciated. Umbrellas can be dropped off at the Seycove Main Office. If you'd like your umbrella back at the end of the auction, please label it so we can get it back to you. Bottle Wall Donations also accepted: We are looking for donations of wine, hard liquor, liqueur and beer growlers with an attached gift card. This is for an interactive, guaranteed prize winning and fund generating game. Bottles can be dropped off at the Seycove Main Office.*



# Information · Updates · Reminders

## SUPPORTING STUDENTS AND FAMILIES IN THE COMMUNITY

Through the Student and Family Affordability Fund (SFAF), the school district is supporting students and their families who are feeling financially challenged due to the rising costs of living.

To request financial support at any time throughout the 2022-2023 school year, please complete the form(s) available on the [Student and Family Affordability Fund](#) web page and submit the form(s) in confidence to either your child's teacher, principal, school counsellor or front office staff. A listing of eligible expenses, and answers to common questions can be found on our [Frequently Asked Questions](#) web page.

*“Proactive and productive parent-school relationships positively impact student success and well-being.”*

**Collaborative communications** North Vancouver School District

Proactive and productive parent-school relationships positively impact student success and well-being. The purpose of communication between parents/guardians and school employees is to create, maintain and enhance positive relationships in support of the student's educational plan.

**STEP 1 Employee**  
Communication should remain as close to the source as possible. Communicate with the employee directly involved. By starting with the source, communication is more efficient and effective.

**STEP 2 Principal\***  
If actionable next steps are not determined in collaboration with the employee, communicate with the school principal. Principals work hard to provide a safe and welcoming learning environment for all students and staff.  
\*At secondary schools, communicate with the grade level administrator first, then with the principal.

**STEP 3 Director of Instruction**

**STEP 4 Assistant Superintendent**

**STEP 5 Superintendent**

**Communication is most effective at the school level**

**Guide for collaborative communication:**

1. Speak to the appropriate person.
2. Be simple, clear, concise.
3. Be prepared.
4. Establish next steps.
5. Follow through and follow-up.

There are many resources available at the school-level.

- School Based Resource Team
- Extended School Based Resource Team
- EA support
- Family of Schools Behaviour Support Worker
- Indigenous Support Workers
- Learning Services Teacher
- Social Emotional Learning team
- School psychologists
- Inclusive Education department
- Speech-language pathologists
- Teacher Leaders
- School counsellors

Moving to steps 3, 4 & 5 means entering the Policy 406 process. If solutions are not determined through the collaborative communication process, please refer to Policy 406: Resolving Concerns Regarding Personnel, Programs or Procedures.

**Collaborative communications** North Vancouver School District

Proactive and productive parent-school relationships positively impact student success and well-being. The purpose of communication between parents/guardians and school employees is to create, maintain and enhance positive relationships in support of the student's educational plan.

### Levels of communication

Parents often need to communicate with various staff members – teachers, support staff, administrators, and/or school district-level staff. As a general guideline for determining who to communicate with, communication should remain as close to the 'source' as possible. For example, if the topic pertains to something within the classroom, speak to the classroom teacher. Even at times when conversations may be uncomfortable, it is most productive to speak with the staff member directly involved and responsible. By starting with the source, communication is more efficient and effective.

### Guide for collaborative communication

1. **Speak to the appropriate person.** Teacher or Principal – person closest to the source.
2. **Be simple, clear, concise.** As a general rule of thumb, keep digital communication short and to the point. If more in-depth communication is required, set-up a meeting.
3. **Be prepared.** Determine the purpose and objectives of the meeting, and the questions the meeting needs to address.
4. **Establish next steps.** Collaboratively determine what actions are required from all those involved. Determine what the communication timeline and process will be moving forward.
5. **Follow through and follow-up.** Complete action steps and communicate progress back to all those involved according to the communications timeline and process that was established.

### Guiding questions

Here are some example guiding questions that can be used to prepare for and during meetings. These questions are designed to ensure communication meets the objective of supporting student success and well-being:

- What is the topic/issue that needs to be addressed?
- Given the student's needs, what is our overarching purpose or goal?
- What is the overall plan for the student's education?
- How would we like the student to be involved in the process of creating their educational and future goals? Does the student need to join the conversation?
- What is the role of an Individualized Education Plan (IEP)?
- What is our communication plan (timeline and process) moving forward?
- What are the choices or options of support we ought to consider?
- What actions do we need to take next?

### Communication is most effective at the school level

There are many resources available at the school-level, making schools the most effective level for communication.

#### Resources include:

- School counsellors
- School Based Resource Team
- Extended School Based Resource Team
- Family of Schools Behaviour Support Worker
- Learning Services Teacher
- EA support
- Indigenous Support Workers
- Social Emotional Learning team
- Inclusive Education department
- Teacher Leaders
- School psychologists
- Speech-language pathologists

## SCHOOL FEES

Semester 2 fees are now online and available for payment through [SchoolCashOnline](#).

Supplemental fees may be charged for goods and services associated with optional enrichment activities and take home items that extend learning outcomes for students beyond their basic educational program. Supplemental fees are published on our Course Information and Description page on the Seycove website [HERE](#).

## SEYCOVE IS SCENT FREE



**SCENT FREE ZONE**

Help us keep the air we share healthy and fragrance-free

The chemicals used in scented products can make some people sick, especially those with fragrance sensitivities, asthma, allergies and other medical conditions.

**PLEASE**  
DO NOT wear perfume, cologne, aftershave and other fragrances.  
USE unscented personal care products.

A reminder to all students that Seycove is a scent-free school. That means: Please do not wear perfume, cologne, after-shave, etc. with a scent as many people have adverse reactions to scent.

## Calculators

Reminder that calculators are required for all math courses. Please ensure that your students have the appropriate calculator for their courses. They are not provided by the school. Students should check with their teachers if unsure what model is required. *Phones are not a permitted alternative for use as calculators.*

For Junior classes, the Texas Instruments TI-30X IIS 2-Line Scientific Calculator is recommended.



Texas Instruments TI-30X IIS

## Grade 9 Immunizations

April 14, 2023

[Click here](#) for more information.

## Are your child's immunizations up to date?

During the COVID-19 pandemic, our school-age immunization programs for protection against diseases like diphtheria, whooping cough, measles and mumps were interrupted. It's now more important than ever to stay on track with your child's immunizations.

North Shore Public Health offers immunization appointments for children Ages 2 months to 19 years at the following locations

West Vancouver Community Centre  
Central Community Health (Esplanade)  
Parkgate Community Centre

Book an immunization appointment online

<https://northshorepublichealth.ianesapp.com/>



Not sure if your child is up to date on their childhood vaccines? Check their vaccination records at [Health Gateway](#).

To submit your child's immunization records please email to: [NorthShoreVaccineRecord@vch.ca](mailto:NorthShoreVaccineRecord@vch.ca)

For more information on the school based immunization program and vaccine schedules see [immunizebc.ca](#).

To speak to a public health nurse and for assistance booking an appointment online call 604-983-6700

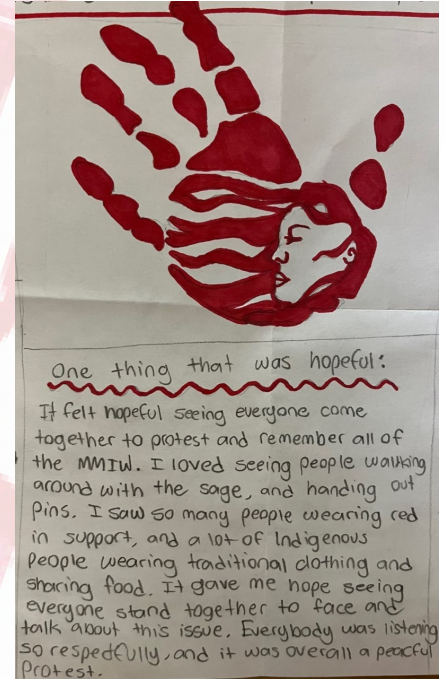
Vancouver Coastal Health

# Celebrating Learning

One more thing I want to learn:  
This topic is so important and I really want to keep learning about it to show that I care. Learning is the first step in showing support and working towards a society where these MMIW cases aren't swept under the rug. I want to learn about more cases and figure out why the police aren't doing more to save these women. I want to learn more about how the government is trying to reconcile, while still allowing MMIW to be ignored.

## MMIWG2S March

Reflections from Ms. Yeo's Social Justice 12 class that joined hundreds of people gathering in downtown Vancouver this week to honour the lives of missing and murdered Indigenous women, girls, trans and two-spirit people at the 32nd annual Women's Memorial March.



### One thing that everyone should know is:

The nationwide epidemic of high rates of disappearances and murders of Indigenous women, not only in British Columbia but in other provinces as well. The fact that it is still currently happening around the country serves as concrete evidence of predation, exploitation, oppression, and violence against Indigenous women.

Everyone should also know that the march wasn't just a clear-cut one-off thing, it is just a single, but significant, step towards attaining justice for the MMIW; a step towards truth and reconciliation; and a call for action not just for the government but for the citizens as well. It is a wakeup call for people to address and resolve the ongoing racism, discrimination, and negative stereotyping against Indigenous people.

I also think that everyone should know about this movement. Even though they are not directly affected by it, they must at least know about it and hopefully take a stand on it. Being privileged enough to not be affected by an issue does not mean you have the right to turn a blind eye to issues being faced by others.

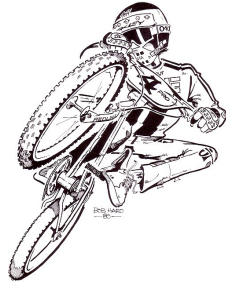


## Congratulations!

Congratulations to Angelo Giustino for receiving a medal in the University of Waterloo's Canadian Senior Mathematics competition held in November. You are a true math-lete!!

## Mountain Bike Racing Team

The Mountain Bike Racing Team will be starting up soon. We offer six Wednesday after school cross-country and enduro races in North Van, Squamish, and Whistler! See Mr. Hansell for more details!



NORTH VANCOUVER SCHOOL DISTRICT, NORTH SHORE RESCUE, AND THE DISTRICT OF NORTH VANCOUVER FIRE AND RESCUE PRESENTS:



North Vancouver School District  
the natural place to learn!

SPONSORS  
nsmba  
KNOLLY

### MOUNTAIN BIKE FIRST AID & SAFETY

April 5th, 2023 | 6:30 - 8:30pm  
NSR Headquarters | 63 Bewicke Ave, North Vancouver

Register Now! Limited spots available



FREE WORKSHOP FOR HIGH-SCHOOL LEAGUE RIDERS  
RSVP REQUIRED | DOOR PRIZES!

# ATHLETICS



## Alpine Race Team

Both the Boys and Girls Snowboard Teams finished FIRST at the Blackcomb Zone race, winning banners and qualifying for the Provincials.

*Congratulations to: Hannah Russell, Jocelyn Cavacuiti, Zena Urquhart, Thomas Britton, Theryn Strobl, Seth Perkins, Markus Jacobsen, Tygh Calder and Sam Arthur.*

The Girls Ski Team finished second and the Boys Ski Team finished fourth, also qualifying for the provincials.

# Congratulations!



# Career Spotlight



## 2023-2024 CARPENTRY YOUTH TRAIN IN TRADES APPLICATIONS OPEN

The WVS District's Carpentry: Youth Train in Trades is for students who are keenly interested in acquiring industry recognized skills and certification in Carpentry, construction and related trades. By completing this program students receive 16 credits (4 courses) towards high school graduation, in addition to Level 1 Carpentry Training.

Students learn lifelong skills, participate in work experience, and have the opportunity to learn right on the job site!

To learn more about the program [visit this site](#) and to [apply click here](#). If you have any questions, email Parnaz Kashani: [pkashani@wvschools.ca](mailto:pkashani@wvschools.ca) & Akina Weitzel: [Aweitzel@wvschools.ca](mailto:Aweitzel@wvschools.ca)



## RCMP DUTY OFFICER FOR THE DAY EVENT Mock Theft Scenario



### Cst. Bams, NVRCMP

Constable Bams shared her path to becoming an RCMP officer. Students learned about Depot in Regina and all the training that goes in to being an officer.

### STUDENTS LEARN THE BASICS

Seycove students worked together as a team to solve a crime. They had to quickly learn radio call signs, the Criminal Code and the importance of note taking in order to build a case that could go to trial.



### TAKING A CRIME REPORT

Caitlin takes the report from HQ about a crime in progress. Caitlin has to use proper radio terminology and codes in order to accurately update HQ and request a background check.



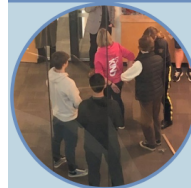
### THE CRIME SCENE

On scene, the students discover that a painting has been stolen. Hannah examines the crime scene while Claire and Grace collect the evidence.



### APPREHENDING THE CRIMINAL

After reviewing video surveillance and interviewing witnesses, the team declares a suspect. Claire locates the suspect, cuffs them and takes them into custody.



The last part of the process was for the team to attend trial. As trials are often years after the crime, the team had to rely heavily on the notes they took throughout the exercise. Fortunately, the team was able to successfully help prosecute the criminal and return the stolen goods to the owner.

LEARNING ABOUT THE PROCESS BY ACTUALLY GETTING TO PARTICIPATE IN A MOCK SCENARIO WAS A GREAT WAY TO HELP THE STUDENTS GAIN A BETTER IDEA OF ONE ASPECT OF WHAT IT TAKES TO BE AN OFFICER.

*Thank you to the North Vancouver RCMP, West Vancouver Police and NVSD Careers Team for putting this event together.*

# School Activities

## Dynamic Duo's Dress up Day

*"Trailer Park Boys"*  
Reuben & Sawyer

*"Stepbrothers"*  
Alex & Sam

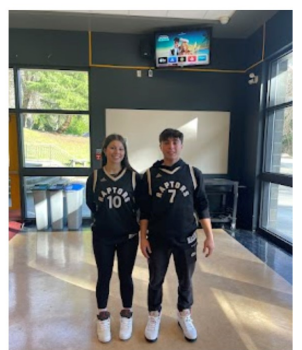
*"Rachel & Ross"*  
Nerea & Rhiann

*"Lois Lane & Superman"*  
Sydney & Kaden

*"Raptors"*  
Eliana & Cameron



DRESS UP DUO'S



AND THE WINNER IS...



*Grace & Meg*  
**THE  
ADDAMS  
FAMILY**



*Batman, Superman &  
Lois Lane*  
*Mia, Abbey & Sydney*

# Valentine's Day



Valentines Day at Seycove was filled with fun, treats and music! Student Council delivered over 240 special treats and messages. [Click HERE](#) to view Seycove Music's *Jazz In the Box* serenading lucky recipients with a lively rendition of "Fly Me to the Moon". Students also had the opportunity to search around the school to find pairs of sticky notes they could redeem for a chocolate prize. It was a very sweet day!



Seycove Student Council had fun making Valentine cards for our neighbours at Cedar Springs. Students spent hours creating over 150 unique cards to share with the residents at the retirement community. Staff and residents at Cedar Springs were thrilled to receive the heart-felt cards and messages. Thank you to all the students who helped share their time and talents on this community project.



*Have a wonderful Family Day  
long weekend!*