

SEYCOVE at sáyəmətən NEWSLETTER

Welcome

We would like to thank the Coast Salish people, specifically the Skwxwú7mesh Nation and Tseil-Waututh Nation, whose unceded traditional territory the North Vancouver School District resides on. We value the opportunity to learn, share and grow on this traditional territory.



Ms. Hall, Ms. Best and Caden E. ensuring our driveways are clear and safe.

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Upcoming Important Dates

- December 9 Choir Concert - Highlands United Church
- December 9 Girls Basketball Field Trip to Victoria
- December 10 Digital Media Youth Expo at Argyle
- December 11/12 Grad Photos at Artona Studio
- December 12 Ugly Sweater Day
- December 13 PAC Meeting 7:00 pm
- December 14 PLP Winter Exhibition
- December 14 Gingerbread House Competition
- December 15 Alumni Basketball Game
- December 16 Grad Baby Photos due
- December 16 Santa's Breakfast
- December 16 Last Day before Winter Break



Grad Baby Photos

Please send your child's baby photo for inclusion in the Graduation Ceremony to seycovebaby-photos2023@gmail.com. In the subject line, please write your child's name in full (STUDENT NAME, BABY PHOTO).



Grad baby photos are due no later than December 16.

SEYCOVE CHOIRS Winter Concert

7:00 pm at Highlands United Church



The annual Winter Choir Concert will be taking place **tonight** (Dec 9) at **Highlands United Church**! (not at Seycove—*Highlands United Church* in Edgemont Village) Come support your students and bring your dear ones for an evening of cozy merriment—with pointed, eclectic winter-time repertoire selected by myself and Melodie Langevin and performed by our very own sparkly new Seycove voice ensembles: Choir 8/9, Choir 10, Jazz In The Box, Advanced Choirs and Senior Chamber Choir. This is their first performance of the year (and, of course for some of them, their first performance ever!). If you can make it they would love to see your warm, welcoming faces in the crowd.

\$10 GA, \$5 for students and seniors. Hope to see you there—and in case I forget to say it, a Happy Holiday Season to you all.

Sincerely, Danny Najjar

Ugly Christmas Sweater Day - Dec. 12



Gingerbread House Competition - Dec. 14

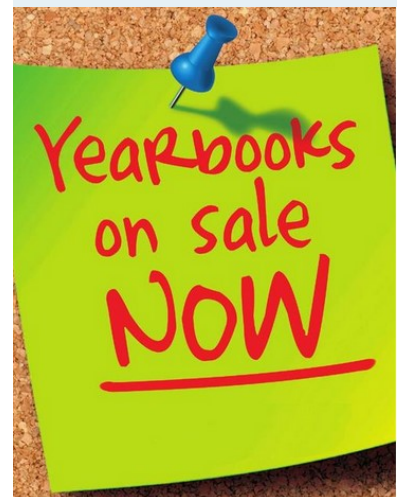


You're Invited.....



Yearbooks on sale NOW

2022—2023 yearbooks are now on sale. Please go to [SchoolCashOnline](https://www.schoolcashonline.com) to purchase your copy today. The number of yearbooks paid for determines the number of books ordered in January. Due to our publisher's deadline, we cannot extend the availability date for purchasing which is January 15, 2023. Every year we have disappointed students and there is nothing we can do. We cannot get extra books printed after the publisher deadline. PLEASE order



Breakfast with Santa is Friday, December 16th – 7:30am – 9:00am. Tickets can be purchased with cash at school or online through [SchoolCashOnline](#). Students will enjoy breakfast, entertainment, a visit from Santa and prizes! Limited tickets.



Information • Updates • Reminders

SCHOLARSHIP INFORMATION

IMPORTANT FOR ALL GRADE 12 STUDENTS

Complete the Seycove Local Scholarship Application form by filling in the online form. The link to the Local Scholarship form is found on the Scholarship Team general post, dated Friday, December 2.

All Seycove grade 12 students should complete this application as it addresses many scholarship and bursary opportunities, including financial need, community service, special areas of skill, academic achievement, leadership and areas of intended study and career.

Due Monday, January 23, 2023

Winter Weather

With winter weather here, it's timely to remind families of our District procedures. All North Vancouver Schools will remain open, if at all possible, during winter weather, including snowfalls. Any district-wide closure will be decided by 6:30am and announced through media, placed on the school district website and schools' websites, shared with parent/guardians via [School Messenger](#) (email and/or text) and emailed to staff. For more information, please visit the [Severe Weather Information](#) page.



Indigenous Education

Bryan Hughes and Emily Maxwell were two of twelve Indigenous course teachers honoured in a [blanketing ceremony](#) with Tsleil-Waututh and Squamish Nations.

Effective the 2023/24 school year, all students working toward graduation must successfully complete at least 4 credits in Indigenous-focused coursework. Students can meet this requirement through a variety of course options, including provincial Indigenous-focused courses; provincially-authorized First Nations language courses; and Indigenous-focused, locally developed courses. Some of these courses also satisfy Language Arts or Social Studies graduation requirements.

[Click here](#) for more information.

All Grade 9s and 10s at Seycove participated in workshops this week facilitated by Safeteen, a skill-based violence prevention program. It offers gender-specific strategies for managing fear and anger, and gives participants a way of standing up for themselves without violence. Grounded in theory on socialization and gender, these workshops address the roots of violence and expose power dynamics as the underlying factor in harassment, bullying and assault.



The Level 1 Safe Teen program introduces a highly acclaimed violence prevention assertiveness model. The topics covered delve into many social and emotional survival issues youth are facing in their day-to-day lives. Teens can experience tremendous pressure and anxiety both online and face-to-face. They struggle with the need to fit in, body image issues and gender stereotypes and more. Safeteen offers them strategies to navigate these issues skillfully and effectively. By utilizing experiential exercises, role-plays and dialogue, participants will learn to access their inner-wisdom, hone their critical thinking in order to stand up and speak up for what they believe in without violence.

Grade 10s will complete the Level 2 workshop next semester.

Senior Boys Basketball Fundraiser



5 Different Types of Moja Coffee

Purchase Organic Swiss Water Decaf Espresso, Organic Imara Espresso, Organic Guatemala Dark Roast, Organic Nicaragua Medium Roast or Organic Colombia Medium Roast at a discount and support Sr Boys Basketball!

Each 400 gram bag of coffee is \$15.00. (You save, as Moja's online price is \$17.50/bag).

The Senior and Junior Boys Basketball teams are fundraising to help raise money for the upcoming season and basketball program as a whole. Funds will primarily go towards tournament fees, travel expenses and basketball equipment as needed.

Thanks for your support!

First Campaign Dates - December 8th - *Deadline to order is January 3rd, 2023.* Any orders placed by Dec. 13th in the Deep Cove area will be delivered by Dec. 18th. Just in time for the holidays!

Moja Coffee - North Vancouver is a local premium coffee roaster. Located at 1412 Rupert Street (behind Canadian Tire at the corner of Rupert St. & Harbour Ave)



Winter Market & Bake Sale



Sugar Cookies

- 1 cup butter
- 1 cup sugar
- 1 egg
- 1 t vanilla
- 3 cups flour
- 1 T baking powder

- Heat oven to 350
- In mixer, cream butter & sugar together until light (about 3-5 min)
- Beat in egg & vanilla
- Lower mixer speed
- Add 1 cup flour and baking powder
- Add remaining flour
- Cover with wrap and let rest*
- Roll out on floured surface
- Cut into favourite shapes
- Bake on parchment lined sheet for 9-12 minutes
- Decorate with royal icing

*Dough can be chilled in fridge for up to a week or frozen for 3 months. Bring to room temperature for easier rolling.

The Winter Market & Bake Sale was a big success! Thanks to everyone for their donations and helping us to raise over \$700 for BC Children's Hospital and Harvest Project.

Celebrating Learning

Grades 8 and 9 French Classes



After a couple of weeks of preparation, the Grade 8 French class presented their French cafés to each other. Each group was tasked with bringing their own food, setting up their café and preparing a skit to go along with it.

Mme. Gruys and Mme. Herrera Dominguez

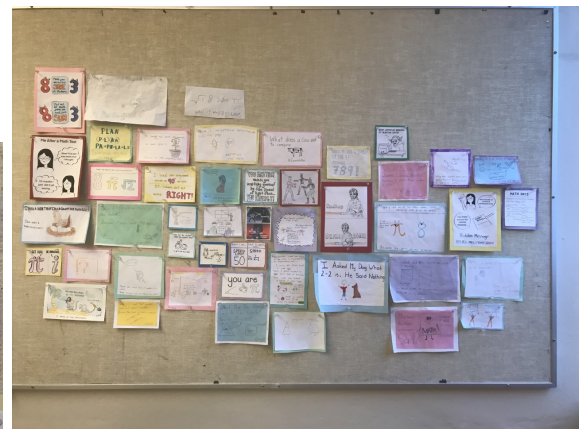
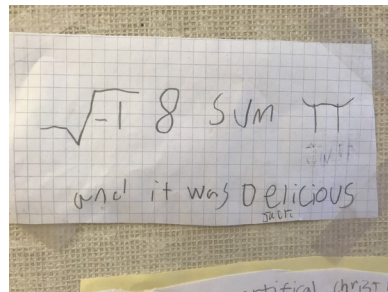
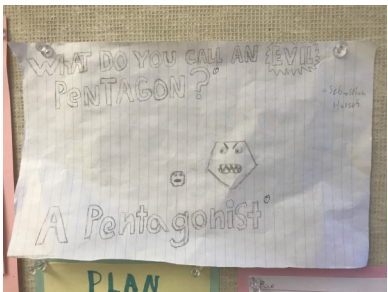
With excellent research of their determined francophone destinations, the Grade 9 French class constructed 3D maps on places ranging from Luxembourg, France and locally our Canadian Province of Quebec. You can see their maps on display by the Seycove entrance.

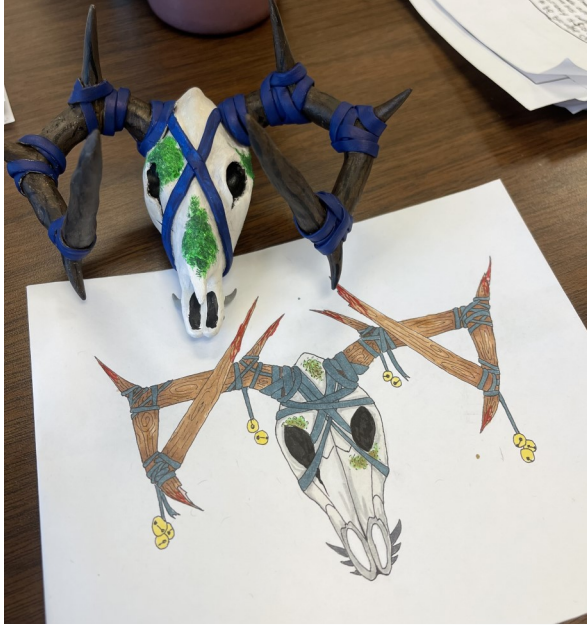
Mme. Gruys and Mme. Herrera Dominguez



Math Jokes

Dr. Welch's Math 10 class shares a room with one of the Math 8 classes. Some of the younger students noticed that the Math 10 students routinely post math jokes. Two of the Math 8 students wanted to get in on the action and posted their own jokes on the board. You never know what will inspire the younger students!





T. Williams - Bartok

Masks allow us to choose how the world sees us. In a sense, we put on a “mask” every day: The way we present ourselves to the world –school, public places, work. Maybe only those closest to us see us as we really are. The face we give to the world lets us show –and hide –specific things about ourselves, just like Jack can hide behind the charcoal on his face... “... the mask was a thing on its own, behind which Jack hid, liberated from shame and self-consciousness”

Ms. Alam’s Literature 11 class is studying Lord of the Flies. The assignment was to create a mask that has a symbolic reference to them.



Students in Spanish 11 enjoyed an authentic experience with native Spanish speakers at La Bodega Restaurant

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MAIN

Economics 12



Over the last few weeks students in Ms Rajan's Economic 12 class have been studying Macroeconomics specifically business cycles and fiscal policy. Students have been given opportunities to look at government budgets for given periods, usually a fiscal year, which shows what its resources are, and how they will be generated and used over the fiscal period. The budget is the government's key instrument for promoting its socio-economic objectives.

Ms Rajan's Economics 12 class is reviewing government budgets and analyzing current economic concerns and priority areas, future projections, components of revenue, structural deficits and calculating debt on money owed.

Student presentations aim to describe the challenges of using fiscal policy to manage budgets.



Senior Girls Volleyball

Breaking news from the athletics department from travelling reporter Mr Hansell, who just got back from a trip to Merritt with our senior girls volleyball team. We all know Seycove has great skiers, basketballers, and of course gold medal mountain bikers, but now we have a new team to cheer for...the volleyball team! Our Seyhawk ladies experienced the thrill of victory last month by qualifying for the big provincial tournament and then suffered the agony of defeat up against the big guns in Merritt.

Mr Hansell was there, LIVE, to catch the action and is very proud to report that our senior hawks dug deep and showed a lot of perseverance against the strongest teams in the province. When the going got tough and the air temperature dropped to minus 20, the

ladies never quit and battled for a top ten placing!

A big shout out to our senior girls volleyball team members: Ella Brooks, Evangeline Eilers, Giulia Gravela, Sydney Matthews, Abbey Milcak, Keira Norman, Frederica Morrone, Dana Passchier, Julia Potyok, Yuan Yuan Purdie, Hazel Smithers and Alyssa Upton. Your efforts have made Seycove very proud!

Congratulations to Sydney Matthews who was recognized as an all star for the tournament.

★
★
Congratulations
★



*Have a Wonderful
Weekend*

