



## École Ross Road School

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*The School Community of Ross Road strives to support potential for all that values diversity and is built in a safe and caring environment. Ross Road is welcoming, caring and inclusive. We foster a culture of engaged learners and critical thinkers who are responsible and respectful. As a school community we promote a sense of belonging for all.*

### Monday Message

Dear Ross Road Families,

We are now in the month of May and time is just flying by. We are looking forward to warmer weather as we approach the final months of this school year.

### Health and Safety Reminders

- Effective April 16, 2022, the Daily Health Check has transitioned to a Health Awareness. Please read [LINK](#) for the details.
- Starting April 25, 2022, there are fewer federal requirements in regards to travel. Please read [LINK](#) carefully for all the information.
- Parents and guardians are asked to continue to make appointments (email or phone call) to meet with school staff before or after school.
- If you do enter the school for a scheduled meeting, all visitors must report to the office and complete the QR code sign-in process

### Reminder: Class Photos

Please mark your calendar as we will be having class photos taken tomorrow, Tuesday, May 3<sup>rd</sup>.

### Frozen:

A huge thank you to our fabulous director Suzanne Morgan, the wonderful cast of Frozen, our enthusiastic staff and students, and our supportive audience for contributing to three entertaining days of acting, singing and dancing.

### Tempo Tuesday:

Tomorrow is our first of five Tempo Tuesday runs! Get those waivers filled out and returned to their teacher and come join the fun on Tuesday mornings. Warm-up 8:05- run to 8:30. (Your child's face will be fresh and rosy for class pictures later in the day.)

**Track and Field:** First mini meet is Wednesday, May 4<sup>th</sup> 3:30- 5:00 at Sutherland for all runners!

| <u>TIME</u>                    | <u>MONDAY</u>   | <u>TUESDAY</u>   | <u>WEDNESDAY</u>   | <u>THURSDAY</u>   | <u>FRIDAY</u>  |
|--------------------------------|---|--|--|---|--|
| <b><u>8:00-<br/>:8:35</u></b>  | Grade 4-7 Shotput (Ms. Colangelo)<br><br>Grade 4/5 Long Jump/Triple Jump (Ms. Susana and Ms. Wiebe) | <b><u>Tempo Tuesday (KM Club)</u></b><br><br>Grade 4-7 Long Distance (Ms. Booker and Ms. Peters) | Beginning Strings  | Band  | Grade 4/5 Sprints and Relays (Mme Capelle and Ms. Colangelo) |
| <b><u>12:20-<br/>12:45</u></b> | Band  | Grade 4/5 High Jump (Mme Lauren/Ms Morgan)   | Grade 6/7 Long Jump/Triple Jump (Mme Kaburda/Mme Tancon)   | Grade 6/7 High Jump (Mme Jess)  | Grade 6/7 Long Jump/Triple Jump (Mme Kaburda and Mme Tancon) |
| <b><u>3:00-<br/>3:45</u></b>   | Grade 6/7 Sprints and Relays (Mme Bulsara and Ms. O'Brien)  | Grade 6/7 Sprints and Relays (Mme Bulsara and Ms. O'Brien)                                       | Grade 4/5 Long Jump/Triple Jump (Ms. Susana and Ms. Wiebe) | Grade 4/5 Sprints and Relays (Mme Capelle and Ms. Colangelo)<br><br>Grade 4-7 Long Distance (Ms. Booker and Ms. Peters) |  |

**Samosa & Flower PICK UP TOMORROW**

Please pick up your pre-ordered goodies at the school tomorrow Tuesday May 3rd from 4-6pm. Thank you for supporting this Grade 7 fundraiser!

**Cheakamus for Grade 3 & Grade 6/7s**

Students in grade 3 and grades 6/7 will be heading to Cheakamus on Thursday and Friday this week. Please connect with your child’s classroom teacher should you have any questions about the date they are attending and departure and return times.

**Jump Rope for Heart**

Thank you to all the families who collected donations during our Jump Rope for Heart campaign. You've raised over \$7,000 for the Heart and Stroke Foundation! This means our school will receive \$700 worth of gym equipment for next year. Online donations close today. Families who raised \$25 and over will receive a gift card of their choice. You will receive an email asking which gift card you would like to receive and a separate email with that card will arrive within 2-3 weeks. Thanks again to our very generous Ross Road community!

**May 2-8 is Canadian Mental Health Week and this year’s theme is “Empathy”**

Empathy is the capacity we share as human beings to step into each other’s shoes, to understand where they’re coming from and what they’re feeling and to listen attentively without judgement. It’s also one way to reduce and resolve conflict. At school we explore empathy through Second Step and in

our day to day interactions with others!

For further information or resources, please refer to the following link provided by the Canadian Mental Health Association:

[https://www.mentalhealthweek.ca/?utm\\_source=social&utm\\_medium=google&utm\\_campaign=not-social-drip-en-2022&gclid=EAlalQobChMljuTAuvun9wIVUxh9Ch0W2Q30EAAYASAAEglRgPD\\_BwE](https://www.mentalhealthweek.ca/?utm_source=social&utm_medium=google&utm_campaign=not-social-drip-en-2022&gclid=EAlalQobChMljuTAuvun9wIVUxh9Ch0W2Q30EAAYASAAEglRgPD_BwE)

### **May is Asian Heritage Month**

<https://www.canada.ca/en/canadian-heritage/campaigns/asian-heritage-month.html>

Asian Heritage Month is an opportunity for us to learn more about the many achievements and contributions of Canadians of Asian heritage who, throughout our history, have done so much to make Canada the country we know and love.

The theme for Asian Heritage Month 2022 is, “Continuing a legacy of greatness”. This month is a reminder for all Canadians to come together to combat anti-Asian racism and discrimination in all its forms.

Visit the page for a link to a Facebook live celebration on May 9, plus a tool kit and additional resources.

### **Reminder: Morning Intermediate (Grade 4-7) Homework Club**

The sessions will be in the library supported by Educational Assistants and will be from 8-8:35am. Students will be able to enter from 8-8:15am only.

Schedule:

|         |         |           |          |         |
|---------|---------|-----------|----------|---------|
| Monday  | Tuesday | Wednesday | Thursday | Friday  |
| Grade 4 | Grade 5 | Grade 6   | Grade 7  | Grade 7 |

### **District Opportunities:**

#### **Outdoor Safety & Emergency Preparedness Open House | Workshop Registration Open**

The North Vancouver School District’s inaugural Outdoor Safety & Emergency Preparedness Open House takes place on Saturday, May 7, 11 a.m. to 2 p.m., at École Secondaire Argyle Secondary School. This family-friendly community event will showcase the expertise of local emergency management bodies and first responders and aims to build awareness and resiliency around outdoor safety and emergency preparedness. The event consists of an outdoor trade show and select smaller group information sessions/workshops hosted by participating organizations. Those in attendance will speak with local experts and get up close to emergency vehicles and equipment used in real-life rescues, including helicopters used by North Shore Rescue. This FREE event also includes a complimentary bike

valet service and a variety of food truck options where you can purchase food and refreshments. For more information, including participating organizations and links to workshop registration, visit the [event's website](#).

### **Summer Learning - Registration opens May 2**

North Vancouver Summer Learning provides a platform for students to explore and extend learning opportunities while fulfilling their educational requirements through a variety of opportunities in the month of July. The Summer Learning 2022 suite of course offerings provide students the opportunity to enhance core skills and/or earn credits toward graduation:

- [Full Credit Academic Courses](#) (including French 11 - NEW this year)
- [7/8 Transition](#) (including 7/8 Music – NEW this year)
- [English Language Learning \(ELL\)](#)
- [Eslha7an](#) Secondary Review & Completion
- [Numeracy 8/9 Foundations](#)
- [Literacy 8/9/ Foundations](#)

Registration is open to students within and beyond the NVSD. [Registration](#) opens May 2 for NVSD students (and May 9 for everyone else). Registration closes June 23 at noon.

For further district updates, please review the Superintendent's Report posted here [LINK](#).

### **Translation Options**

To view this update in a language option of your choice, please review and enable the message translation options available through your email provider. While not exhaustive, we have provided links to popular email providers: [Microsoft Outlook](#) and [Gmail](#).

### **Important Dates:**

May – Asian History Month

May 1 – International Family Equality Day

May 2-3 Eid al-Fitr

**May 3 - Class Photos**

May 9 – District Wide Professional Development Day

May 20 - Kindergarten Orientation

May 23 – Victoria Day

If you have any questions or concerns, please communicate with your child's classroom teacher or contact us at the school.

Kind regards,

Kate Lechleiter, Principal  
[klechleiter@sd44.ca](mailto:klechleiter@sd44.ca)

Bridget O'Brien-Kopacek, Vice Principal  
[bobrienkopacek@sd44.ca](mailto:bobrienkopacek@sd44.ca)

***The North Vancouver School District and Ross Road Elementary School are situated upon the unceded traditional territory of the Skwxwú7mesh Nation and Tsleil-Waututh Nation. We would like to thank the Coast Salish people and value the opportunity to learn, share and grow on this traditional territory.***