



École Ross Road School

2875 Bushnell Place, North Vancouver, B.C. V7J 2Y9

Phone: (604) 903-3750 Fax: (604) 903-3751

Email: rossroad@sd44.ca

<http://nvstd44.bc.ca/schoolsites/RossRoad.aspx>

2021-11-22

***The School Community of Ross Road strives to support potential for all that values diversity and is built in a safe and caring environment.
Ross Road is welcoming, caring and inclusive. We foster a culture of engaged learners and critical thinkers who are responsible and respectful. As a school community we promote a sense of belonging for all.***

Monday Message

Dear Ross Road Families,

We hope this newsletter finds you and your family well. The winter break is fast approaching with four weeks left before the winter holidays.

Important Health and Safety Reminders

Please continue to monitor your child closely for illness and keep them home when sick.

- Complete a [Daily Health Check](#) and Stay Home when sick
 - [K-12 Health Check app](#)
 - Refer to the BCCDC's [When to test for COVID-19 document](#)
 - Staff, students and families can also use the BCCDC online [Self-Assessment Tool](#)
- Remind your child to practice proper hand hygiene
- Send a mask!!
- Don't forget to send a water bottle
- For school exposure notification information from the school district please check [HERE](#)
- Families are reminded to check requirements for children who have travelled outside the country, including crossing the land border. Currently, children less than 12 years of age are not able to attend school for 14 days after arriving back into Canada [LINK](#). There is also a detailed list of requirements for travel for youth aged 12-17 years of age who are fully vaccinated, partially vaccinated and unvaccinated. Please see [LINK](#). It is the parent/caregiver's responsibility to be familiar with these requirements prior to returning to school.

Pick-up & Drop-off Safety: Safe routes to school map

Posted on the Ross Road school website is a [map](#) developed by the Safe Routes to school Advisory group. You are encouraged to review it. Whenever possible, families are encouraged to walk/cycle/roll to school. Having said this, we also understand that some families do need to drive their children to and from school. In these cases, we encourage the “drive-to-five” approach. We encourage parents and guardians to review the map and determine safe locations roughly a five-minute walk from the school where you can drop-off and pick-up your children before and after school. For older students, adults can drop them off and they can walk independently or with friends. For younger students, adults can park and walk with them. Taking a “drive-to-five” approach to getting students to and from school has many benefits. Students experience both physical and mental health benefits from the additional 10 minutes of exercise they will receive each day. Walking and cycling also makes for safer and more connected communities by getting to know neighbours and other families, and helping to reduce traffic congestion around the school. It can also be an excellent family bonding time and help set the day up for success.

PAC is seeking volunteers to help with traffic safety:

<https://rossroadpac.ca/valet-service-volunteers-needed/safe-routes-to-school-map-ross-road.pdf> (dnv.org)

District Opportunities for Parents and Guardians

NVSD Anti-Racism Focus Groups

As part of the NVSD’s commitment to learning from the community’s lived experiences to help ensure a welcoming, safe and inclusive culture for all school district community members, parents/guardians are invited to participate in anti-racism focus groups. Focus groups will take place via Zoom. The next group will meet on Thursday, November 25th at 4 p.m. If you are interested in participating in the focus groups, which are facilitated by Bakau Consulting, please email Consultant Will Shelling at will@bakauconsulting.com, and use the subject line: NVSD Parent/Guardian Focus Group Thursday, November 25. Please direct any questions about the focus groups to Bakau Consulting at feedback@bakauconsulting.com. Thank you for your participation

How Inclusion Benefits All by Shelly Moore

NVPAC & NVSD would like to invite all parents/guardians within the NVSD SD#44 to a live virtual presentation with Shelley Moore Date: Tuesday, November 23rd, 2021 Time: 6:30pm via Zoom REGISTRATION is through Eventbrite. Based in Vancouver, British Columbia Canada, Shelley Moore

consults locally, provincially, and beyond. Her interactive presentations are constructed based on contexts of specific schools and communities and integrate theory and effective practices of inclusion, special education, curriculum, and technology. She completed an undergraduate degree in Special Education at the University of Alberta, her masters at Simon Fraser University, and is currently a PhD student at the University of British Columbia. Register through Eventbrite

Here: <https://www.eventbrite.ca/e/shelley-moore-tickets-199480309977>

Technology, Sleep and Children

November 25 NVPAC is hosting White Hatters who will deliver a presentation on how technology can adversely affect children's sleep patterns. The presentation addresses sleep deprivation concerns, inhibited learning challenges, what families can do to overcome these challenges and includes a Q&A. Register for the 7 p.m. November 25th webinar [HERE](#).

[Technology, Sleep and Children Tickets, Thu, 25 Nov 2021 at 7:00 PM | Eventbrite](#)

Important Dates:

November is adoption awareness month

November 15-26 – Virtual Scholastic Book Fair

November 28-December 6 – Hanukkah

November 29 – End of Term 1

December 10 – Report Cards published to the parent portal

December 17 – Last day before winter break-Pyjama day!

Kind regards,

Kate Lechleiter, Principal
klechleiter@sd44.ca

Bridget O'Brien-Kopacek, Vice Principal
bobrienkopacek@sd44.ca