



# • F O U N D R Y •

NORTH SHORE

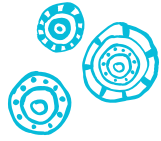
WHERE WELLNESS TAKES SHAPE



Free and confidential  
services for young people 12  
to 24 years old.



# Welcome to Foundry



We bring services together under one roof to make it easier to find help and support.

We empower people to lead healthy lives, forge new abilities and shape their own vision of who they want to be. No issue is too small to see us about.

Not sure what support you need? Come by and talk with us! We'll work together to help determine what support is right for you.

- **Drop-In Counselling**
- **Peer Support & Service Navigation**
- **Parent/Family Support & Service Navigation**
- **Medical Services Clinic**
- **Sexual Health Clinic**
- **Mental Health Support and Counselling**
- **Substance Use Counselling**
- **Intensive Youth Outreach Service (iYOS)**
- **Housing Support (19+)**
- **Life Skills & Employment Support**
- **Family Counselling**
- **Groups for Parents & Youth**
- **Eating Disorders (12-18)**
- **Prevention Education**

All services are free and confidential.



## FOUNDRY NORTH SHORE

211 W. 1st Street  
North Vancouver, BC  
604-984-5060

## MEDICAL SERVICES DROP-IN

Monday to Thursday  
2:30 pm - 5:00 pm



[www.foundry.bc/  
northshore](http://www.foundry.bc/northshore)

## OPENING HOURS

Monday & Thurs  
9:00 am - 6:00 pm  
Tuesday/Wed & Friday  
9:00 am - 5:00 pm

## COUNSELLING DROP-IN HOURS

Monday & Thurs  
1:00 pm - 6:00 pm\*  
Tuesday/Wed  
1:00 pm - 5:00 pm\*

\*last appt taken 1/2 hr  
before closing

