

Lynnmour/Xá7elcha

February 10th, 2023

We would like to acknowledge and thank the long time stewards of this land, the Coast Salish people whose traditional territory North Vancouver School District resides on. At Lynnmour/Xá7elcha we are grateful to the Skwxwú7mesh and səliłwətaʔ with whom we share this beautiful land we live, learn and grow on together.

Black History Month - February

Can you imagine if someone asked you to leave a movie theatre because of the colour of your skin? What would you do?

This is exactly what happened to Viola Desmond in 1946 in Nova Scotia, Canada.

Violet was born in 1914 to mixed parents (her father was Black and her mother was Caucasian). Her family was large by today's standards, she had 9 brothers and sisters. This intelligent and successful business person, used her observations from her young years to build a career as a beautician as she noticed the lack of services for Black women in the area of hair and skin care. She was a mentor to young Black women in Nova Scotia through her Desmond School of Beauty Culture.

In 1946, Viola Desmond bravely stood up against racial discrimination when she refused to leave the segregated Whites-only section of the Roseland Theatre in New Glasgow, Nova Scotia. She was arrested, jailed overnight and convicted without legal representation for "tax evasion" for not paying the full amount of tax for the seat she sat in. Despite best efforts, Viola's appeals were denied and she was unable to remove the charges against her. In 2010, the Government of Canada issued Desmond a free pardon, long after her death.

In 2018 Viola Desmond became the FIRST Canadian woman to appear on Canadian currency (the \$10 bill). Beside her picture is an excerpt from the Canadian Charter of Rights and Freedoms "Every individual is equal before and under the law and has the right to the equal protection and equal benefit of the law without discrimination." Viola's story is becoming more well known as a result of



her pictures on the currency and on a postage stamp as people want to know more about her. Her courageous refusal to accept an act of racial discrimination provided inspiration to later generations of Black persons and continues to inspire many others today.

[Read more about Viola Desmond and other Human Rights activism on the link from the Canadian Human Rights Museum.](#)

This week!

It has been a very busy week around the school with lots of guests visiting us!

Our week started with the Earth Rangers presentation, teaching us all about conservation, protecting habitats, and what we can do to help the various ecosystems around the world. The group brought a few smaller visitors with them and the students were able to see a toucanette, monitor lizard, and armadillo.... not creatures we typically see around these parts.



The grade 1s and 2s were also visited by our friends from the OWL (Orphaned Wildlife Rehabilitation Society) to learn more about how these raptors adapt in the environment, their life cycles and the dangers they face in the wild. Students have been enjoying a whole unit on owls and continued today making clay owls with their buddies!

We were also excited to welcome an opportunity from the Canadian Sport Institute for each division to participate in a Karate lesson with Sensei Shaun. This chance to experience a new skill by a trained and qualified athlete and teacher was amazing for many of our students who may not otherwise have chance to learn Karate.

Thank you to all the staff who organized and supported these wonderful opportunities for students!



Lice

We know that lice can be a huge problem in the household and uncomfortable for those affected. The good news is that they don't carry disease. Being sure to fully get rid of them is important for everyone though and that can be quite a process. We are doing what we can here at the school to remind students not to touch heads, share helmets, or borrow hats/toques, but we know that we still have cases of lice within our classrooms. Please take a moment to review the information on the website (or that is sent home to classes when we are alerted) to ensure that you are able to manage lice should it be detected in your child's class.

[Lice Info/Treatment](#)

Spirit Wear

We are excited to announce that the ever popular Xa7elcha/Lynnmour Spirit Wear is once again available for purchase! This is completely optional and not at all required but we know that some families have been asking and interested as their children outgrow their old Spirit Wear!

To purchase your new gear, please use the website link:

<https://www.paddlevancouver.ca/collections/lynnmour-elementary-spirit-wear>

Password: LM23

A small portion of each sale will go towards supporting our "Friday Clubs" where all students are able to join a group of their interest and choosing for some fun social opportunities during lunch times.

Please be sure to complete the order form with your child's name and division number so that we can be sure you receive your items!

If you have outgrown your old spirit wear and want to donate it back to the school so that we may hand it out to those families who may be interested but who may not be able to afford it, we are happy to accept t-shirts that are still in good shape!



Band and Strings sign up

Band and Strings Registration is open for 23-24

The Elementary Band and Strings Program is a unique instrumental music program that is distinctive to the North Vancouver School District. We are so lucky to have band at Lynn timer and we hope to see it grow!

The program complements the BC Ministry of Education's Arts Education curriculum and provides school-based instrumental ensemble instruction to students in the intermediate grades (Grades 5 - 7 for Band and Grades 4 - 7 for Strings).

Click the following link to [See more information](#)

Important Dates to note

Feb 17 - Professional Day (District wide) Students not in session

Feb 20 - Family Day (school closed)

Feb 22- Pink Shirt Day (Anti-Bullying)

March 1 - Parent Conferences (1 :40 dismissal - student led)

March 6-8 Grade 4 Outdoor School

March 9 Parent conferences (1:40 dismissal- student led)

March 13-24 Spring Break



Cindy Hudson

Cindy is using Smore to create beautiful newsletters