




Important Dates & Reminders for the Week of October 9-13, 2023

Monday 09	Tuesday 10	Wednesday 11	Thursday 12	Friday 13
Thanksgiving day holiday(No school) 		Cross Country Running practice Grades 4-7 3:15 – 4:00 pm		Cross Country Running practice Grades 4-7 3:15 – 4:00 pm

Intention of the Week

- The intention of the week is, "I am honest with myself and others"

Information Items

1. Cross Country

Teacher Stephanie Galante is coaching the Larson Cross Country Running team. This weeks marks the second week of practices. This is a short and compact season. Please see the practice and race days listed below. Practices will start a 3:15 pm and finish between 3:45 and 4:00 pm on the Larson gravel field. Consent forms have been handed out. Students cannot participate until a signed form is turned into your student's teacher or the office. Please make sure to pick your child up before 4 pm. Thank you!

Practices

Wednesday October 4th
Wednesday October 11th
Friday October 13th

Tuesday October 24th (grades 6-7 only) Change of date

Race Days

Thursday, October 19th @ Loutet (Gr. 4-7)
Thursday, October 26th @ Loutet (Gr. 6-7)

2. NEW! Photo Day - Individual student photos Tuesday, October 17th

A Photographer from Edge Imaging will be at Larson taking individual photos. Retakes happen on a second date - TBD.

3. Student Cell Phone Use

A reminder that students are not allowed to use their cell phones during school time except under the direct supervision of their teacher and for school purposes only. Social Media and communication outside of the school is prohibited.

Information from Larson PALS

MUNCHALUNCH (FRIDAY LUNCH PROGRAM)

- **Order Friday Lunch NOW!** munchalunch.com
- **Deadline to order a lunch is the Thursday of the week prior. 8 days before!**
- **Preorder one lunch or the entire fall season now.**
- **Funding is available** for families-in-need. Email the principal DYeo@sd44.ca

Important: Even if you don't buy lunch, **register your family to receive PALS communication on munchalunch.com!**

FRIDAY TREAT SALES – all proceeds support the Grade 7 Class

- **Every Friday** in the front of the school at **3pm**
- All treat \$2

CALLING ALL GARDENERS!

- **Interested in looking after Larson's garden boxes this winter/spring?**
- Look after the current plants and/or plant new ones. Up to you!
- Larson will provide the supplies and seeds.
- **If interested, email larpals1@gmail.com subject "Larson Gardeners"**

MORE THAN A MOVIE at BC PLACE – Sunday, October 1st at BC Place

- Charitable Event for KIDS UP FRONT \$15/individual or \$50/family [More-Than-A-Movie](#)
- **Watch The Little Mermaid on the big screen at BC Place**
- Plus, on field activities and tours of BC Sports Hall of Family

MABELS LABELS

- **Keep losing kids clothes, water bottles or even shoes? Purchase Mabels Labels!**
- **20% of order will be given back to Larson PALS**
- Go to mabelslabels.ca and choose 'Support A Fundraiser' then 'Larson'!

RETURN-IT

- Bottle/Can Return Fundraiser all year long
- **Return-It Locations:**
 - North Shore Bottle Depot - [235 Donaghy Ave](#)
 - North Vancouver Bottle & Return It Depot – [310 Brooksbank Ave](#)
 - Lolo Return-It Express Plus - #101 [370 East Esplanade Ave](#)
- **Tell them you are supporting Larson or print a self-serve label using the school phone number 604-903-3570**
- **Your refund will be deposited into PALS Larson online account**

Artwork from around Larson

F11 (Robitaille/Terrillon)



F08 (Hernandez)



F03 (Stachowiak)

