

**This is an important notice.  
Please have it translated.**

## **Secondary Extra-Curricular Athletics SEASONAL SPORTS/ATHLETIC EVENTS Informed Consent for High Risk Sports**

### **Handsworth Ski and Snowboard Team 2024**

Dear Parents/Guardians:

The written, informed consent of parents/guardians is required for participation of students in all extra-curricular seasonal sport, athletic events and activities in North Vancouver School District No. 44. The purpose of the Informed Consent document is to provide students and parents/guardians with information that is related specifically to each extra-curricular seasonal sport. The information contained herein applies to the entire season of the specific extra-curricular sport and/or athletic event(s) and also extends to pre-season and post-season activities i.e., exhibition games, training camps, league playoffs, District/Zone playoffs, Regional and/or Provincial Finals. The parent/guardian consenting signatures on this document indicate acknowledgement and acceptance of the information contained herein inclusive of risks and potential consequences.

The scheduling of any extra-curricular seasonal sport and/or athletic event(s) involving a multiple-day and/or out-of-province excursion is governed under the provisions of School District *Policy 207: Field Trips* and parents/guardians will be informed separately and accordingly.

Within this package, you will find information relating to:

- Purpose(s) of the extra-curricular athletic program
- Notification of student/parent pre-season meeting required for: football, rugby, alpine skiing, snowboarding, gymnastics, diving, wrestling, and mountain biking.
- Itinerary consisting of schedule, date(s), and times
- Transportation arrangements
- Description of supervisors: teachers, employees of the Board and other adult volunteers, along with contact information
- Description of direct and indirect supervision
- Description of all activities and the inherent risks and potential consequences
- Assessment of student skills and abilities as pertaining to the extra-curricular sport/athletic activity
- Behavioral expectations of students plus safety rules and regulations
- Emergency Plan: cell phone, first-aid provision(s), injury/incident reporting
- Description of budget consisting of revenue (cost to student) and expenditures (cost of trip)
- Payment – School Cash Online
- Notice regarding cancellation and deposits
- Parental responsibility to arrange student accident or liability insurance
- Parental responsibility to determine whether the student may participate in the sport
- *Student Awareness of Risk and Responsibility Form* completed by student

## EXTRA-CURRICULAR ATHLETICS OBJECTIVES:

The objective of extra-curricular athletics is to foster a healthy appreciation of competition in the context of individual and team sports. Specifically, our program aims for the pursuit of excellence in the areas of commitment, competition, skill development, enjoyment, cooperation, and participation by students.

***The Handsworth Ski and Snowboard team operates under the North Shore Secondary Schools' Athletic Association. The purpose of the team is to provide advanced and expert level skiers/boarders with the extra-curricular opportunity to compete in a traditional gate style competition. In order to participate on the Handsworth Ski and Snowboard team, athletes MUST BE AT LEAST LEVEL 4 SKIER/BOARDER (details found on at [whistlerblakcomb.com](http://whistlerblakcomb.com)) Training occurs on January 17, 2024 on Blackcomb Mountain. Students must attend this training session unless alternate arrangements are made with the teacher sponsors. Competition(s) occurs on February 1, 2024 (Novice and Experienced) on Blackcomb Mountain in Whistler. Competitors are guaranteed two runs on the course and must complete both to be eligible for placing.***

By virtue of being out of the school setting and in many cases, away from the home school, students on an athletic team learn to be ambassadors for their school, their community and even their country. They learn the realities of travel, the responsibilities and independence of self-governance, the communication skills and leadership skills necessary for teamwork, and the social skills necessary for a variety of circumstances.

### **PRE- SEASON MEETING:**

*(Optional for all sports with the exception of: football, rugby, alpine skiing, snowboarding, gymnastics, diving, wrestling, and mountain biking. Pre-season meetings are mandatory for the above-mentioned sports)*

If the nature of the extra-curricular sport and/or athletic event exposes students to a higher than normally acceptable level of risk then a pre-season information meeting will be arranged for parents/guardians and students. The purpose of the pre-season meeting is to provide an opportunity for the dissemination of information and discussion, related to the inherent risks and potential consequences.

**The student/parent pre-season meeting for this athletic program is scheduled for Mon. Jan. 8/ 2024 at 4:00 PM in room 1115, Handsworth Secondary**

### **COACHES, SPONSORS(S) AND CHAPERONE(S):**

Suggested adult to student supervision ratios range from 1:10 to 1:15. The limitations created by category registration limits and bus capacity require a maximum of **fifty-two** racers in total.

<u>Name</u>	<u>M/F</u>	<u>Position</u>	<u>Cell Number(s)</u>	<u>Email address</u>
Mark Hansen	M	Teacher Sponsor	604-908-4683	Markhansen@sd44.ca
Arlene Murdock	F	District Chaperone		AMurdock@sd44.ca

### **LEVELS OF SUPERVISION:**

The level of supervision is divided into direct and indirect. Direct supervision is the time students spend with a coach, sponsor(s) and/or chaperone(s), which is directly related to the extra-curricular sport and/or event. Indirect supervision is the time students may spend as "unstructured time" outside of activities that are directly supervised. Under indirect supervision, the students may not necessarily be in the company of a coach, sponsor or chaperone. It is expected that students, while under indirect supervision, will act with common sense in accordance with school and school district behavior expectations. Coaches, sponsors and chaperones will determine the parameters of "unstructured time" and clearly articulate them to students. Students, when under indirect supervision, will be informed of how to reach a coach, sponsor or chaperone in the case of an emergency.

### **Whistler/Blackcomb:**

Students will be under indirect supervision during both the training and competition at Whistler/Blackcomb. Students are required to ski/snowboard with at least one (1) other person (the “Buddy System”) while on the hill and must provide teachers with their cell phone numbers. Teachers will also be providing their cell phone numbers (see above) as well as the number to the Whistler Blackcomb patrol (604-935-5555) to all students. In the event of an injury/incident students are to contact teachers via cell phone. Students will have the option to ski with teachers while at Whistler/Blackcomb.

All supervisors will remain on the mountain or at the base of the mountain. The head supervisor will be linked to mountain operations via a cellular phone. Supervisors will be skiing/snowboarding in small separate groups, and cellular phones will link these groups. All supervisors will have the following:

- A list of the participants
- Participant emergency contact information
- Participant medical information. Student Emergency Procedure Plans/medical supplies will be brought for students with life-threatening medical conditions (e.g., anaphylaxis).
- Cellular phone numbers of the other supervisors

Athletes will be under direct supervision while in transit to Whistler, BC but not during the course of each day (Training session and Race Day(s)). During the training day on Whistler/Blackcomb, athletes will be under both direct and indirect supervision by ski/board school instructor and sponsors. During the race day(s) and during the training session on Whistler/Blackcomb, athletes are required to ski/board with at least one “buddy” and check-in with teachers if requested.

### **TRANSPORTATION:**

#### **Transportation to Training and Racing at Whistler/Blackcomb and Whistler Olympic Park:**

All team members must travel on the bus. The use of private vehicles is not permitted except in instances of emergency transportation. Transportation of students by private vehicle shall be in accordance with *Policy 607: Transportation of Students*. All field trip transportation is subject to the regulation and law of the relevant, municipal, provincial, federal or international jurisdiction.

NB: Ski or snowboard boots may not be worn on the bus.

### **ITINERARY (This is an approximate itinerary, times may change):**

#### **January 17, 2024 Wednesday (race training session)**

**6:00 am** Students meet outside of Handsworth Secondary, front of the school on Handsworth Rd. to load and board bus to Whistler

**6:30** Bus departs Handsworth for Whistler

**8:30** Bus arrives at Blackcomb base 2. Students will receive lift tickets.

**9:00am-9:15** Students arrive at the start area of the GMC Race Centre on Blackcomb’s Cougar Milk run (**Indirect supervision**)

**9:30-10:30** Race training opens, coaches will be on-hand to support students. (**Indirect supervision**)

**10:30-12:00** Practice race (**Indirect supervision**)

**12:00 -1:00** Lunch (**Indirect supervision**)

**1:00 – 2:30** Once they have completed the race training, they are able to ski/snowboard use the buddy system to finish the remainder of the day (**Indirect supervision**) or ski with an instructor on Blackcomb Mountain. (**Indirect supervision**),, following the guidelines of the Alpine Responsibility Code)

Students are required to ski/snowboard with at least one (1) other person (the “Buddy System”) while on the hill and must provide teachers with their cell phone numbers. Teachers will also be providing their cell phone numbers (see above) as well as the number to the Whistler Blackcomb patrol (604-935-5555) to all students. In the event of an injury/incident students are to contact teachers via cell phone. Students will have the option to ski with teachers while at Whistler/Blackcomb.

**3:00 pm** Students meet at the bus (Blackcomb Base 2)

**3:00-5:30 pm** Travel back to Handsworth Secondary

**5:30 pm** Students are picked up at the school

### **February 1, 2024 Thursday (Race for Novice and Experienced categories)**

**6:00 am** Students meet outside of Handsworth Secondary to load and board bus to Whistler

**6:30 am** Bus departs Handsworth for Whistler

**8:30 am** Bus arrives at Blackcomb base 2. Students will receive passes, race bibs and instructions for the day.

**9:00 am-2:00 pm** Students complete racing at the GMC race center on Blackcomb (novice) or racing on Ross’ Gold on Blackcomb (experienced). Once they have completed the race (2 runs) they are able to ski/snowboard with a partner on Blackcomb Mountain. **(Indirect supervision, following the guidelines of the Alpine Responsibility Code)**

**3:00 pm** Students meet at the bus (Blackcomb Base 2)

Students are required to ski/snowboard with at least one (1) other person (the “Buddy System”) while on the hill and must provide teachers with their cell phone numbers. Teachers will also be providing their cell phone numbers (see above) as well as the number to the Whistler Blackcomb patrol (604-935-5555) to all students. In the event of an injury/incident students are to contact teachers via cell phone. Students will have the option to ski with teachers while at Whistler/Blackcomb.

**3:00-5:30 pm** Travel back to Handsworth Secondary

**5:30 pm** Students are picked up at the school

**During all instances of indirect supervision, teacher sponsors will be available at the cell numbers provided on the previous page. Students will be given this numbers prior to arrival at the venue and must ski with at least one person and have at least one (1) working cell phone.**

### **WHAT TO BRING Whistler/Blackcomb:**

1. **Certified Helmet (Mandatory)**
2. **Cell phone with extra battery pack**
3. Warm, dry winter clothing (no cotton), toque, gloves or mitts, goggles, sunscreen (check weather forecast the night before – [www.whistlerblackcomb.com](http://www.whistlerblackcomb.com))
4. A change of clothes (optional)
5. Shoes for the bus (no boots worn on the bus)
6. A bag to carry boots on the bus
7. Lunch, snacks and personal device

### **RISKS AND CONSEQUENCES:**

There is a degree of risk in all daily activities. The risk is increased to varying degrees when students are away from the safety and supervision of the school setting. It is impossible to itemize every possible element of risk associated with an extra-curricular sport and/or an athletic event. Generally speaking, this event may include, but not be limited to the following inherent risks and all risks associated with:

- A. Travel to and from the event venue(s)

Participation in extra-curricular sports and/or athletic events involves travel to and from the home school. Risks associated with travel, may include but are not limited to: mode of transportation, environmental conditions, distance, traffic conditions, etc.

- B. Active participation in the sport and/or athletic event  
Skiing and Snowboarding is a sport with a level of inherent risk and potential consequences, which may include, but is not limited to: bodily injury ranging from incidental to potentially fatal. It is impossible for the coaches to supervise all racers at all times on the mountain. Risk has been minimized by requiring racers to ski/board with a “buddy” and by discussing with the racers, the risk and the responsibilities inherent in skiing and snowboarding. Racers have demonstrated their awareness of risk and responsibility by completing the *Student Awareness of Risk and Responsibility Form*.

Students have been briefed on the risks involved in participating in extra-curricular Skiing and Snowboarding and on the appropriate precautions to be taken. Students are required to complete and sign the *Student Awareness of Risk and Responsibility Form* in order to demonstrate full understanding of the expectations, risks, safety precautions and responsibilities associated with Skiing and Snowboarding before being permitted to participate.

**The terrain parks and half-pipes are considered off limits and out of bounds for Handsworth Students during all training with the Handsworth Ski and Snowboard team.**

**For a full list of precautions, see *Behavioral Expectations, Safety Rules and Regulations***

Coaches, sponsors, chaperones, and students will do all they can to ensure a safe and controlled experience to reduce inherent risk. The consequences of risk are, again, myriad and dependent on the situation. Students and parents need to be aware that injury can occur from risk, and that injury can range from minor to fatal. By virtue of signing this “Informed Consent” document, you are acknowledging your understanding and acceptance of the inherent risks and possible consequences associated with this extra-curricular sport/athletic event.

#### **ASSESSMENT OF STUDENT SKILLS AND ABILITIES:**

Before students may participate in any planned extra-curricular sport and/or athletic event, they must assure the coach(es), sponsor(s) and chaperone(s) that they have the necessary and required skills, training and common sense to participate in the activity. Due to the nature of inherent risks associated with Ski and Snowboarding, the coach(es), sponsor(s) and/or chaperone(s) must be assured that students have the necessary and required skills, training, and common sense to realistically participate in the activity at varying degrees of competence.

In order to ensure that the participant has an appropriate level of competence and skill to actively participate in this athletic activity, he/she will be required to provide a self-assessment on the *Student Awareness of Risk and Responsibility Form*. It is important to note that students are solely responsible for being forthright and honest in declaring their level of skills and abilities in the “self-assessment” section entitled, “My level of skills and abilities” on the *Student Awareness of Risk and Responsibility Form*.

**Students are expected to attend the training session to both identify their abilities and learn to safely navigate a race course. Teachers and coaches will speak to students who are not performing at an acceptable level and they will not be permitted to compete. Students are also expected to compete in the *Experienced* category if they are currently racing (or have raced) at the K1, K2 level or higher. While on Whistler Blackcomb, Handsworth Secondary considers the terrain parks and half-pipes off limits and out of bounds during all training and racing sessions with the Handsworth Ski and Snowboard team.**

**In addition, Whistler/Blackcomb require students to follow the skiers/riders responsibility code and will be directed to leave the mountain if found in violation.**

## **BEHAVIORAL EXPECTATIONS, SAFETY RULES AND REGULATIONS:**

While participating in extra-curricular high school sports and/or athletic events, it is important that students are aware that behavioral expectations are governed under the B.C. High School Sports Code of Conduct, the School Code of Conduct and the School District Student Conduct Policy. Furthermore, students represent their school and District at all times when traveling and participating in extra-curricular school sports and/or athletic events and as such are accountable for their behavior.

The overarching principle of all school-related activities is to ensure the safety of the individual and group at all times. Students must always be concerned about their own safety and the safety of others at all times.

- All school rules, the School Code of Conduct and the School District Student Conduct Policy are in effect.
- Participants are not permitted access to the terrain parks and half-pipes although these areas may be “open”.
- **Helmet use is mandatory** for all school-sponsored ski/board programs.
- Participants must stay on Blackcomb Mountain, where the training and racing are scheduled.
- All participants must follow the *Alpine Responsibility Code* listed below.

### **Alpine Responsibility Code**

There are elements of risk that common sense and personal awareness can help to reduce. Regardless of how you decide to use the slopes, always show courtesy to others. Please adhere to the code listed below and share with others the responsibility for a safe outdoor experience.

1. Always stay in control. You must be able to stop, or avoid other people or objects.
  2. People ahead of you have the right-of-way. It is your responsibility to avoid them.
  3. Do not stop where you obstruct a trail or are not visible from above.
  4. Before starting downhill or merging onto a trail, look uphill and yield to others.
  5. If you are involved in or witness a collision or accident, you must remain at the scene and identify yourself to the Ski Patrol.
  6. Always use proper devices to help prevent runaway equipment.
  7. Observe and obey all posted signs and warnings.
  8. **Keep off closed trails and closed areas.**
  9. You must not use lifts or terrain if your ability is impaired through use of alcohol or drugs.
  10. You must have sufficient physical dexterity, ability and knowledge to safely load, ride and unload lifts. If in doubt, ask the lift attendant.
- The night prior to the trip, students should look at the weather forecast in order to determine appropriate clothing for the day.
  - Students will ski/board with a partner at all times.
  - **Students must ski/board on designated runs only. Students must not ski/board on closed runs, in the trees or in the back-country areas.**
  - Students should ski/board according to their ability. Runs designated by a green circle are recommended for beginners. Blue squares designate intermediate/experienced runs and black diamonds are for experts only.
  - The Terrain Parks and half-pipes are high risk areas and are to be avoided
  - Students must wear a helmet at all times while participating in skiing/boarding on the mountain.
  - Students who arrive after 6:00AM forfeit their money.

- On the day of the trip(s), students need to be at the school by 5:50AM. The bus leaves at 6:00AM.

### **EMERGENCY PLANNING:**

At least one supervising adult will have access to a cell phone and first aid kit. A first aid kit will be kept on the bus for access while in transit. Student Emergency Procedure Plans/medical supplies will be brought for students with life-threatening medical conditions (e.g., anaphylaxis).

While on the mountain and at WOP, the Ski Patrol will provide first aid assistance.

To access first aid attention students are to speak to employees of the mountain who may be identified by their uniforms.

In the event of student injury, parents/guardians will be notified. In addition, supervising school personnel are required to record the details of any serious injury that may occur during athletic events and activities and, as soon as practicable, complete an on-line *Incident Report* submission.

### **MEDICAL/EMERGENCY CONTACT INFORMATION:**

Parents/guardians are required to fill in the separate *Medical/Emergency Contact Information Form*. The information provided on the *Medical/Emergency Contact Information Form* is critical for guiding appropriate medical responses if needed.

### **TRAVEL/ACCIDENT INSURANCE:**

Unless notified otherwise, the extra-curricular sport and/or athletic event in which your child is participating has not arranged group insurance for Travel and/or Accident Insurance. Parents/guardians are responsible for the provision of individual student Accident Insurance for their child if desired.

Individual student Accident Insurance can be obtained from companies such as [www.iapkidsplus.com](http://www.iapkidsplus.com).

### **BUDGET:**

See the back of [Team Information and Registration](#) form for budget details

### **PAYMENT – SCHOOL CASH ONLINE:**

This year we will be transitioning to School Cash Online for all payments required in Athletics. From the Handsworth Secondary home page, scroll down to Pay School Fees and School Start Up Forms on the right hand side. Once on this page you will see a link to School Cash Online. Log in using your existing account to see new athletic fees attached to your child.

If you have trouble paying online, or have any other issues. Please contact Kelly O'Bryan at [kobryan@sd44.ca](mailto:kobryan@sd44.ca)

**Note: Fee's may not be uploaded at the date this document is distributed. You will receive an email from School Cash Online *indicating the Team fees that have been added to your account.***

### **POLICY REGARDING CANCELLATION OF EVENTS/REFUNDS:**

**NOTE:** If an extra-curricular seasonal sport budget requires the payment of a deposit and/or monies either in advance of the season or during the season and the extra-curricular athletic event(s) is cancelled either in part or in whole, or the schedule/itinerary altered, neither the school nor the Board shall be liable for any refund either in part, or in whole.

**REGISTRATION DATE:**

**Friday, Dec. 15, 2022**

Completed forms must be handed into Mr.Hansen by this date, space is limited. A District CashOnline charge will be placed in your school account.

**PARENT AND STUDENT RESPONSIBILITY:**

Parents/guardians have the responsibility to determine whether the student may participate on the Ski and Snowboard Team as demonstrated by the completion and signing of an *Informed Consent* form.

Students must complete the appropriate *Student Awareness of Risk and Responsibility* form. (Available separately)

Parents/guardians have the responsibility to arrange extra accident or liability insurance.

Please direct any questions or concerns surrounding the Alpine Ski and Snowboard Team to  
Mark Hansen (903-903-3600)  
or

[Markhansen@sd44.ca](mailto:Markhansen@sd44.ca)

Sincerely,

**Mark Hansen  
Sponsor Teacher  
Handsworth Secondary**



**SECONDARY EXTRA-CURRICULAR ATHLETICS  
SEASONAL SPORTS/ATHLETIC EVENTS  
INFORMED CONSENT APPROVAL**

For: **Skiing and Snowboarding**

**PARENT/GUARDIAN PERMISSION**

A student **must** have parent/guardian written and signed permission in order to participate in any extra-curricular seasonal sport and/or athletic event. Without this signed consent, students will not be able to participate in extra-curricular high school sports in North Vancouver School District No. 44.

**PARENT/GUARDIAN CONSENT**

I, \_\_\_\_\_, have read the full Informed Consent document that pertains to my  
Print Parent/Guardian's Name  
son/daughter \_\_\_\_\_'s participation in this extra-curricular sport and/or athletic event. I am  
Print Child's name  
aware of the inherent risks and potential consequences that may occur as a result of participation in this extra-curricular sport and/or athletic event. My signature here indicates that my child has my informed consent to participate in the stated extra-curricular seasonal sport and/or athletic event.

Signed \_\_\_\_\_

Dated: \_\_\_\_\_

## Student Awareness of Risk and Responsibility Form

\_\_\_\_\_, is arranging  
*Name of School*

\_\_\_\_\_ for  
*Description of Activity*

\_\_\_\_\_ on \_\_\_\_\_  
*Name of Class/Group* *Date(s)*

I, \_\_\_\_\_, understand that activities of this type may expose me to  
*Name of student*  
elements of risk. I have been briefed on the possible risks involved and the precautions that are to be taken.

The risks and precautions were explained to me by \_\_\_\_\_

### Please comment:

- Expectations for my behaviour \_\_\_\_\_  
\_\_\_\_\_
- My individual and group responsibilities \_\_\_\_\_  
\_\_\_\_\_
- My level of skills and abilities \_\_\_\_\_  
\_\_\_\_\_
- My understanding of the destination area and boundaries \_\_\_\_\_  
\_\_\_\_\_
- I understand the possible risks and consequences (i.e., injury or death) \_\_\_\_\_  
\_\_\_\_\_
- My right to be excused from an activity if I feel my safety to be at risk \_\_\_\_\_  
\_\_\_\_\_
- Safety precautions \_\_\_\_\_  
\_\_\_\_\_
- Safety equipment \_\_\_\_\_  
\_\_\_\_\_

I have been made aware of the possible risks and consequences (i.e. injury or death) related to the identified activity and freely agree to participate in the training and competition and to act in a safe and responsible manner according to *School District Policy 302: Student Conduct* and the *School Code of Conduct*.

Signature of Student \_\_\_\_\_ Date \_\_\_\_\_

Printed Name of Student \_\_\_\_\_ Teacher's Initials \_\_\_\_\_

Note: In addition to the Student Awareness of Risk and Responsibility Form, a written informed consent signed by the parent/guardian is required for student participation in this activity.