

• F O U N D R Y •

WHERE WELLNESS TAKES SHAPE

Drop in Support

Monday & Thursday
1:00 – 6:00pm

Tuesday &
Wednesday 1:00 –
5:00pm

Drop in Medical clinic hours

Monday – Thursday
2:30 – 5:00 pm

Support, counselling, and connection to
other Foundry services



Foundry North Shore provides
health and wellness services for
youth and young people aged 12-24

Opening Hours:

Monday & Thurs 9am – 6 pm
Tues, Wed & Thurs 9 am -5 pm
211 West 1st St
North Vancouver