

Eastview Partners for Inclusive Education (PIE)
presents

NOVEMBER

6



Sharon Selby

Anxiety Management Strategies

Sharon is a Registered Clinical Counsellor, Author and Speaker who has been featured on Breakfast TV, TEDx, and more. She has over 20 years experience counselling children and families, with a special interest in helping children and teens decrease high anxiety.

Understanding Anxiety and Anxiety Management Strategies in Elementary School Years.

Wednesday, November 6 @ 7pm

Eastview Elementary (1801 Mountain Hwy, North Van.) school library

RSVP to Sasa Drover - sasadrover@gmail.com

Childcare available! Please indicate in RSVP

PIE is a group that shares ideas, learns, grows, and shows support for each person in our school community with open hearts and minds on topics related to inclusive education.