



Eastview Elementary School

1801 Mountain Highway, North Vancouver, BC V7J 2M7

Anaphylaxis

Key Points from Public Health Nurse (Laura Tayler-Hanson) Class Visits

- Anaphylaxis may be life threatening.
- **Students with life threatening allergies should wear medical alert bracelets**
- Awareness of students with potential anaphylaxis is important.
- Food allergies may be life threatening if the allergen (food the student is allergic to) is INGESTED
- All students need to be vigilant about potential allergens: wash hands prior to eating, clean desk after eating, wash hands after eating to avoid cross contamination.
- Students should not share food
- Students should find an adult IMMEDIATELY if they are concerned their friend with life threatening allergies may have ingested a food they are allergic to.
- Be a good friend, stay calm and listen to the adults.
- Anaphylaxis Canada website is excellent: <http://foodallergy.ca>

More information is available regarding anaphylaxis on the North Shore School Health Manual website at: www.vch.ca/schoolhealth/ns

We are a nut, banana, dairy, shellfish, fish, seafood and egg aware school. We respectfully request that students do not bring these items to school. If your child's diet consists of any of these items please inform the teacher in order for safe practices to be implemented.

If you have any questions, please contact Laura Tayler-Hanson, Eastview's Public Health Nurse at laura.taylerhanson@vch.ca or at 604-418-0990 (Cell).

Thank you,

Rob Smyth