

N

O R T H S H O R E



Artwork by Sabrina Lalonde

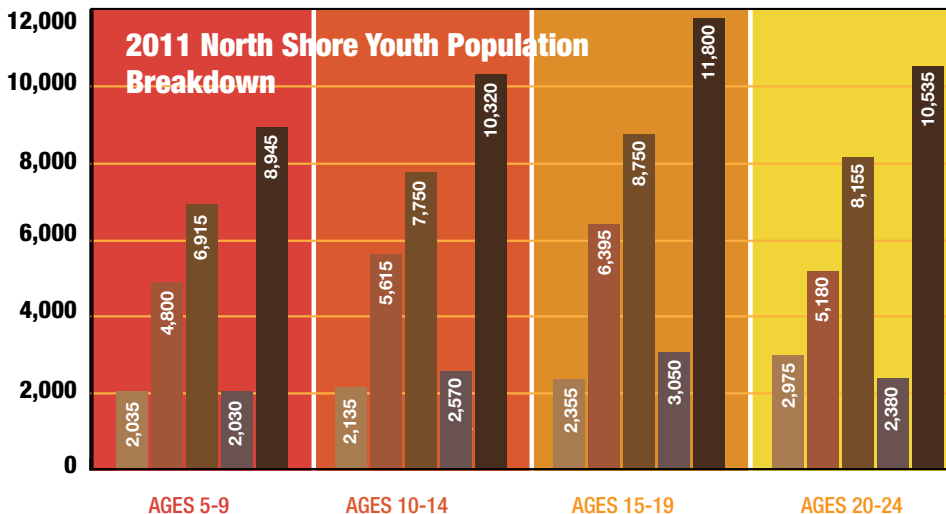
Youth Services Directory  
2012-2013

# Table of Contents

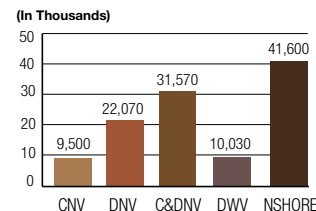
<b>Youth Stats</b> .....	<b>1</b>
<b>Public Schools</b> .....	<b>1</b>
North Vancouver School District .....	1
North Vancouver Youth Leadership Student Council C/O North Vancouver School Board.....	1
West Vancouver School District .....	2
Post Secondary and Continuing Education Capilano University .....	2
<b>Municipal Youth Services: North Vancouver, West Vancouver and Bowen Island</b> .....	<b>2</b>
North Shore Youth Outreach Services Overview.....	2
City and District of North Vancouver Youth Outreach Program .....	2
Capilano Community Services Society .....	3
Norvan Boys and Girls Club .....	3
North Shore Neighbourhood House (NSNH).....	3
Parkgate Community Services Society (PCSS).....	4
North Vancouver Recreation Commission and Youth Lounges.....	4
West Vancouver Youth Outreach Services: Ambleside Youth Centre.....	4
Bowen Island Youth Programs .....	5
<b>First Nations</b> .....	<b>5</b>
Squamish Nation.....	5
Tsleil Waututh Nation .....	5
Youth Outreach for At-Risk and Potentially At-Risk Youth.....	6
<b>Ministry of Children and Family Development and Contract Services (MCFD)</b> .....	<b>6</b>
Guardianship, Youth Services and Family Development.....	6
Intake and Family Services .....	6
North Shore Youth Justice Office .....	6
Hollyburn Family Services (incl. the North Shore Youth Safe House) .....	7
Elizabeth Fry Society .....	7
Family Services of the North Shore.....	7
Child and Youth Counselling and Prevention Program.....	8
Jessie's Legacy Eating Disorders Prevention Program .....	8
Youth Website and Texting Information.....	8
Youth Leadership Advisory Board .....	8
Integrated Family and Youth Intake Line.....	8
<b>Vancouver Coastal Health Authority and Contract Services</b> .....	<b>9</b>
D-Talks.....	9
North Shore Community Health Services.....	9
Nursing Support Services .....	9
Drop-in Youth Health Clinics.....	9
Be Real Eating Disorders Clinic .....	9
PLEA Youth Services .....	9
<b>North Shore Child and Youth Mental Health and Addictions: Vancouver Coastal Health and Ministry of Children and Family Development</b> .....	<b>10</b>
MCFD Child and Youth Mental Health (CandYMHA) Program .....	10
CandYMHA Program Referral Line.....	10
Urgent Response .....	10
Child and Youth Mental Health Hospital Liaison .....	10
Therapeutic Day Program .....	10
15th Street Youth Services.....	11
Constructive Alternatives to Teen Suspension (CATS).....	11
Alcohol and Drug Prevention.....	11
CONNECT Parenting Program .....	11
<b>Community Services Programs</b> .....	<b>11</b>
Big Brothers of Greater Vancouver (BBGV) .....	11
Big Sisters of BC, Lower Mainland .....	11
Iranian Educators Society for Families .....	12
North Shore Connexions Society .....	12
North Shore Crisis Services Society.....	12
North Shore Disability Resource Centre .....	12
North Shore Multicultural Society (NSMS).....	12
Get Connected Program .....	12
Integr* and Activ8 .....	12
Neonology: A Brighter Perspective.....	14
Momentum.....	14
Constellation.....	14

North Shore Palliative Care Family Bereavement Program.....	14
North Vancouver Restorative Justice Society Administration Office .....	15
<b>Employment Programs .....</b>	<b>15</b>
Aboriginal Community Career Employment Services Society (ACCESS) .....	15
Eshla7an Employment and Training Centre Youth Programs, Squamish Nation .....	15
YWCA One Stop Career Shop Free Employment Services for Men and Women .....	15
The City of North Vancouver Children and Youth Initiatives .....	15
Wired 4 Success Youth Employment Program, Bowman Employment Services.....	16
North Vancouver Civic Youth Awards.....	16
<b>Municipally-Sponsored Activities.....</b>	<b>16</b>
District of North Vancouver, City of North Vancouver and District of West Vancouver .....	16
North Shore Youth Week.....	16
North Vancouver City Library: The Room .....	17
West Vancouver Memorial Library .....	17
North Vancouver Youth in Film, TELUS Summer Visions Film Institute, Pacific Cinémathèque .....	17
<b>North Shore Youth Services Coalitions .....</b>	<b>17</b>
Lower Capilano Community Partnership Committee .....	17
Lynn Valley Youth Services in Partnership.....	18
North Shore Action on Prevention Task Force .....	18
North Shore C4.....	18
North Shore Children's Coalition .....	18
North Shore Education Committee for the Prevention of Disordered Eating.....	18
North Shore Youth Safe House Committee .....	18
<b>Parent Programs .....</b>	<b>18</b>
Ministry for Children and Family Development.....	18
Family Preservation and Reunification Programs .....	19
Family Support Services: Parent-Teen Mediation .....	19
Municipal Youth Outreach Services.....	19
North Shore Multicultural Society .....	19
Family Support Centre.....	19
<b>North Vancouver RCMP Youth Intervention Unit .....</b>	<b>20</b>
<b>Neighbourhood-Based Youth Services .....</b>	<b>22</b>
Capilano Community Services Society .....	22
William Griffin Rec Youth Centre Zone.....	22
North Shore Neighbourhood House .....	22
Youth Outreach Workers.....	22
Lonsdale Youth Centre.....	22
John Braithwaite Youth Centre .....	22
Parkgate Community Services Society.....	22
Parkgate Youth Centre.....	22
Seymour Youth Centre .....	23
Seycove Youth Centre.....	23
G.L.O.W. (Gay Lesbian or Whatever) .....	23
Norvan Boys and Girls Club .....	23
North Shore Youth Safe House .....	23
North Vancouver Recreation Commission.....	23
Vancouver Coastal Health Confidential Youth Health Clinics.....	23
City of North Vancouver .....	23
District of North Vancouver .....	23
<b>District of West Vancouver .....</b>	<b>23</b>
Ambleside Youth Centre.....	23
West Vancouver Community Centre.....	23
squamish.net.....	24
Tsleil-Waututh Nation Social Development Department.....	24
<b>24-Hour and Referral Phone Lines.....</b>	<b>24</b>
North Shore Youth Services Phone Line .....	24
VCH and MCFD Child and Youth Mental Health and Addictions Referral Line .....	24
Integrated Family and Youth Intake Line.....	24
Hollyburn Family Services, Family Services of the North Shore, Westcoast Family Resources and Elizabeth Fry .....	24
D-Talks.....	24
Suicide Support Line.....	24
Ministry of Children and Family Development After-Hours .....	24
North Shore Crisis Services Society.....	24
Youth Safe House Phone 24/7, Kids Help Line.....	24

# Youth Statistics



## TOTALS (ALL AGES, 5-24):



- City of North Vancouver
- District of North Vancouver
- City and District North Vancouver
- District of West Vancouver
- North Shore

Source: 2011 Census Canada

## Public Schools

**North Vancouver School District T. 604.903.3444 Board of Education Chair: Franci Stratton  
Superintendent, John Lewis | [www.nvsd44.bc.ca](http://www.nvsd44.bc.ca)**

School District #44 enrolls over 16,000 students from K–12. There are six secondary schools: Argyle, Carson Graham, Handsworth, Seycove, Sutherland and Windsor and 25 elementary schools. The North Vancouver Distributed Learning School offers academic and elective credit courses for youth and adults in Grades 10, 11 and 12.

**North Vancouver Continuing Education T. 604.903.3333 [www.conted44.com](http://www.conted44.com)**

**North Vancouver District Student Leadership Council, C/O North Vancouver School District  
T. 604.903.3444**

The District Student Leadership Council (DSLCL), is a group of secondary students who represent the interests of their peers at the District level. The Council consists of a school administrator, a counsellor and representatives from each secondary school. The DSLCL provides a platform for constructive, educational dialogue and a formal avenue for gathering student perspective, opinions and interests on educational issues.

**West Vancouver School District T. 604.981.1000**

**School Trustee Chairperson: Cindy Dekker, Superintendent, Chris Kennedy [www.sd45.bc.ca](http://www.sd45.bc.ca)**

School District #45 has 7,245 students from K–12. There are 14 elementary schools, one alternate school—A.C.C.E.S.S (Alternate Career and Continuing Education for Secondary Students)—and three secondary schools: West Vancouver, Rockridge and Sentinel.

**Post Secondary and Continuing Education Capilano University T. 604.983.7578 [www.capilanou.ca](http://www.capilanou.ca)**

## Municipal Youth Services: North and West Vancouver and Bowen Island

### **North Shore Youth Outreach Services Overview:**

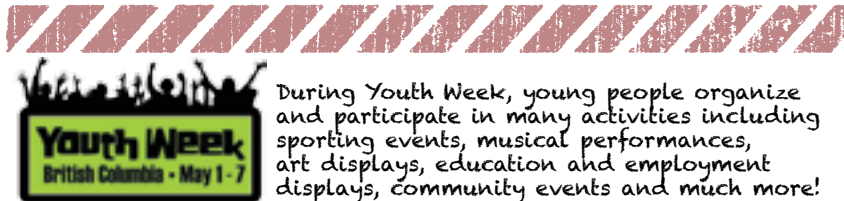
Both North and West Vancouver provide neighbourhood-based programs and services that focus on developing community responses to the needs of local at-risk and potentially at-risk youth. Examples of specific objectives that have been established for the Youth Outreach Services Program include:

- Opportunities for leadership and youth engagement
- Individual support—immediate, one-to-one, on-site and on-going—including crisis intervention and family mediation
- Opportunities to affect positive change for youth, including teaching life skills and skill development
- Referrals to community resources to facilitate healthy lifestyle choices
- Access to information for youth
- Assessment of youth needs and provision of programs to meet those needs
- Small group and classroom presentations on youth issues
- Opportunities for drug and alcohol education, assessment and referral

### **City and District of North Vancouver Youth Outreach Program**

The goal of North Vancouver Youth Services is “to create relationships and opportunities that enable the development of youth (10–24 yrs) to become meaningfully involved in the life of the municipality and to be healthy, engaged and valued members of the community.” Four agencies provide youth outreach services at the community level—Capilano

Community Services Society servicing Upper and Lower Capilano and the City, NorVan Boys and Girls Club servicing West Seymour/Inter-River, North Shore Neighbourhood House servicing the City of North Vancouver and Lynn Valley



and Parkgate Community Services Society servicing East, West Seymour and Deep Cove. These services are funded through the City and District of North Vancouver's Youth Outreach Funding Policy.

**Capilano Community Services Society (Cap Services) – 600 W. Queens Rd., North Vancouver V7N 2L3**

**Contact: Renee Strong, Executive Director T. 604.988.7115 [www.capservices.ca](http://www.capservices.ca)**

Cap Services has three Youth Outreach Workers and two centre-based workers (jointly funded by the District and City). The society runs a youth drop-in at William Griffin Recreation Centre, called The Zone.

**NorVan Boys and Girls Club – 800 Forsman Ave., North Vancouver V7J 2G6 (West Seymour/Inter-River)**

**Contact: Joe Yankanna T. 604.986.3449 F. 604.905.5743 [www.bgc-gv.bc.ca](http://www.bgc-gv.bc.ca)**

NorVan provides a Teen Night at Lynnmour Club House for teens aged 13–18 yrs. in the Inter-River area of West Seymour (funded by District of North Vancouver). Teen Club runs Friday nights and includes out-trips and drop-in: 6:30pm – 9:00pm. The Club also provides pre-teen programming funded by the Boys & Girls Club of Greater Vancouver.

**North Shore Neighbourhood House (NSNH) – 255 E. 2nd St., North Vancouver V7L 1C4 (City of North Vancouver and Lynn Valley) Contact Lisa Hubbard, Executive Director 604.987.8134 ext. 229**

**Email: [lhubbard@nsnh.bc.ca](mailto:lhubbard@nsnh.bc.ca) [www.nsnh.bc.ca](http://www.nsnh.bc.ca)**

The Youth Outreach Program consists of two full-time City Youth Outreach Workers, one part-time Youth Outreach Worker and one full-time Pre-Teen Worker specializing in alcohol and drug education and prevention (funded by the City of North Vancouver) and one full-time and one part-time Lynn Valley Youth Outreach Worker (funded by the District of North Vancouver). NSNH operates three youth centres/drop-ins at Harry Jerome Community Recreation Centre, John Braithwaite Community Centre and Lynn Valley Hall and partners with the North Vancouver Recreation Commission on band nights at Seylynn Hall.

**Contact: Dave Huber, Youth Program Manager 604.987.8138 ext. 204 [dhuber@nsnh.bc.ca](mailto:dhuber@nsnh.bc.ca)**

NSNH also administers the Young Parents Program for youth (13–24 yrs) on the North Shore. The program provides one-to-one support, group drop-in, out-trips, food bank, parenting classes and advocacy and a toy-exchange (funded by Ministry for Children and Family Development and the municipalities). NSNH partners in the North Vancouver School District's Learning Together Program which takes place at Sutherland Secondary and is available for adolescent parents to complete their Grade 12 with an on-site day care (funded by Ministry of Education and Ministry of Children and Family Development). **For information on the Young Parents Program Contact: Trudy Lammoglia, Program Manager Childcare 604.987.8138 ext. 219 [tlammoglia@nsnh.bc.ca](mailto:tlammoglia@nsnh.bc.ca)**

NSNH also administers the Youth Living with Loss Program – Please see page 14 for details.

**Parkgate Community Services Society (PCSS) – 3625 Banff Court, North Vancouver V7H 2Z8 (East, West Seymour and Deep Cove) Contact: Lisa Reinders, Executive Director T. 604.983.6375 [www.myparkgate.com](http://www.myparkgate.com); Sarah Kitson, Youth Centre Coordinator T. 778.882.2566 [akitson@myparkgate.com](mailto:akitson@myparkgate.com) Youth Outreach Worker: Cassandra Van Dyck T. 604.783.5754 [cVanDyck@myparkgate.com](mailto:cVanDyck@myparkgate.com)**

PCSS employs three full-time Seymour Youth Outreach Workers and a full-time Youth Services Supervisor (funded by District of North Vancouver). PCSS operates and provides services through three youth centres at Parkgate Community Centre, Seymour Youth Centre (near Ron Andrews Community Recreation Centre) and at Seycove Secondary Community School. PCSS partners with the North Vancouver Recreation Commission and North Shore Neighbourhood House in running GLOW, a gay, lesbian or whatever group for youth on the North Shore.

### **North Vancouver Recreation Commission and Youth Lounges – T. 604.987.PLAY (7529)**

**[www.northvanrec.com](http://www.northvanrec.com)**

The North Vancouver Recreation Commission partners in the provision of youth lounges with the municipally funded youth outreach agencies:

- William Griffin Community Recreation Centre – Capilano Community Services Society Youth Lounge
- Harry Jerome Community Recreation Centre – Lonsdale Youth Lounge (North Shore Neighbourhood House)
- John Braithwaite Community Centre – Youth Lounge
- Karen Magnussen Community Recreation Centre – Youth Nights
- Lynn Valley Community Recreation Centre – North Shore Neighbourhood House Pre–Teen Drop–in
- Parkgate Community Centre – Youth Centre (PCSS)
- Parkgate Community Services – Seycove Youth Centre and Seymour Youth Centre (beside Ron Andrews Community Recreation Centre)

### **District of West Vancouver Youth Outreach Services, Ambleside Youth Centre – 1018 Marine Dr. (located in Ambleside Park next to the SPCA) Contact: Leanna Buffie, Youth Services Supervisor**

**[lbuffie@westvancouver.com](mailto:lbuffie@westvancouver.com) or call the centre. T. 604.925.7233 [www.amblesideyouthcentre.ca](http://www.amblesideyouthcentre.ca)**

**[www.facebook.com/amblesideyouthcentre](http://www.facebook.com/amblesideyouthcentre)**

West Vancouver has full-time Youth Outreach Workers who provide confidential, front-line crisis intervention, ongoing individual support and referrals to community resources for West Vancouver youth and their caregivers. The Youth Outreach Workers support youth and their caregivers through issues of conflict, problems at school, relationship challenges, substance misuse and bullying and violence, including physical and sexual abuse. Along with part-time staff, the Youth Outreach Workers also work at Ambleside Youth Centre—a free, safe and fun space to hang out, enjoy out-trips, volunteer, participate in youth driven special projects, be a part of gig nights and more.

The District of West Vancouver also offers recreational programs in aquatics, arts and culture, gymnastics and health and fitness. The Youth Program Coordinator oversees the youth lounges at West Vancouver Community Centre and Gleneagles Community Centre, arranges for youth training and leadership opportunities, assists in the creation of new

recreational youth programs, facilitates the involvement of youth in all aspects of community development and is the contact for the Youth Advisory Committee, the Recreation Advisory Team and the Student Work and Advisory Team.

**West Vancouver Community Centre – 2121 Marine Drive, West Vancouver T. 604.925.7222**

**Gleneagles Community Centre – 6262 Marine Drive, West Vancouver T. 604.925.7270**

[www.westvancouver.ca/youth](http://www.westvancouver.ca/youth)

**Bowen Island Youth Programs – 650 Carter Road, Bowen Island BC V0N 1G2**

**Contact: John Stiver, [jstiver@bimbc.ca](mailto:jstiver@bimbc.ca) Youth Outreach Worker T. 604.947.2717 C. 604.240.3467**

[www.six50.ca](http://www.six50.ca)

The Youth Outreach Worker is available for youth who require support or assistance. Bowen Island Youth Centre, Six50, is run by the Bowen Island Teen Centre Society and is located at 650 Carter Rd.

Open Thursday – Saturday, 6:00pm – 11:00pm

## First Nations

**Squamish Nation Youth Centre**

**100 Capilano Rd., North Vancouver V7T 3P6**

**Contact: Natalie Baker, Youth Development Coordinator T. 604.980.3981 [www.squamish.net](http://www.squamish.net)**

Squamish Nation has a Youth Development Coordinator, a Youth Centre, a recreation centre, a Social Development Office, the Eslha7an Employment Centre and Training Centre and Eslha7an Learning Centre. The Learning Centre provides First Nations students (15–19 yrs) with adult basic education and Dogwood Diploma. There is a learning disability program for various ages and an over 19 program. The Family Health Centre provides drug and alcohol counselling, a health clinic and legal aid. The Youth Development Coordinator also assists youth (10–18 yrs) with court and probation.

**Tsleil-Waututh Nation – Community Development Department, 3075 Takaya Dr., North Vancouver V7H 3A8**

**T. 604.924.4175 [www.twnation.ca](http://www.twnation.ca) Contact: Carleen Thomas Manager, Education T. 604.924.4185**

**F. 604.929.3466 Email: [cathomas@twnation.ca](mailto:cathomas@twnation.ca)**

The Tsleil-Waututh Nation Skills Development Centre is dedicated to supporting Aboriginal and Métis people in their efforts to enhance their self-awareness, health and wellness, education and employment. A collection of programs and services based on First Nations traditions, stressing the importance of balance and having the goal of removing barriers to education, are provided to improve students' quality of life, including:

- Band School that offers kindergarten to grade 12 courses and Dogwood Diploma
- Upgrading or essential skills to provide potential for successful integration into secondary or post-secondary settings, work experience, vocational training, or the workplace



- Homework Club provides after-school tutoring for students on reserve lands who currently attend mainstream schools
- Counselling and Health Services to support students, clients and their families in managing the issues affecting their health, wellness, education and employment
- a Restorative Justice Coordinator to assist youth with court and probation

**Youth Outreach for At-Risk and Potentially At-Risk Youth. Open Referrals: 10-24 Years 604.990.2244**

## Ministry of Children and Family Development (MCFD) and Contract Services

**Guardianship, Youth Services and Family Development Response - #301-221 W. Esplanade, North Vancouver V7M 1A4 T. 604.904.4300 After Hours T. 604.310.1234 [www.mcf.gov.bc.ca/youth](http://www.mcf.gov.bc.ca/youth)**

Family Development Response (FDR) social work is a non-adversarial intervention allowing the FDR team to work with the family and community to protect the child/youth and build families' capacity and resources. Focus is on helping the family enhance its strengths, not substantiating the abuse allegation that may have been received. This solution-focused model and strength-based assessment enhances a family's ability to engage in a safety plan and set goals for future change. The Youth In-take Worker is available to assess the need for youth specific services, such as parent-teen mediation and youth agreements. Guardianship Social Workers provide services to Youth In Care and to youth (16-19 yrs) who cannot return home on Youth Agreements and require significant support to live independently.

**Intake and Family Services – #304-221 W. Esplanade, North Vancouver V7M 3J3 T. 604.981.0008 After Hours T. 604.310.1234**

MCFD Intake and Family Services has two offices servicing both North and West Vancouver up to Lions Bay and Bowen Island. Ministry provides child protection services, family support, services to youth and mental health services. Guardianship Social Workers provide services to Youth In Care and to youth (16-19 yrs) who cannot return home on Youth Agreements and require significant support to live independently.

**North Shore Youth Justice Office – #301-224 W. Esplanade, North Vancouver V7M 1A4 Contact: Tanya Pereira, North Shore/Coast Youth Justice Team Leader T. 604.904.4300**

Provides services to youth in conflict with the law, including Extra Judicial Sanctions (diversion from the Court system) and Bail and Probation Supervision. Youth Probation Officers assist youth in following conditions of their court orders, including arranging Community Service Work and making referrals where appropriate. Youth Probation is under the Ministry of Children and Family Development. Services such as Intensive Supervision and Support, Curfew Monitoring, Bail and Residential Homes are provided by PLEA. (See pg. 9)

**Hollyburn Family Services – Unit 210–255 W. 1st St., North Vancouver V7M 3G8 Contact: Paul Butler, Supervisor of Youth Services T. 604.987.8211 F. 604.987.8122 Email: paulbutler@hollyburn.ca www.hollyburn.ca**

Hollyburn Family Services provides a number of community-based services to youth and families on the North Shore. Hollyburn has skilled Youth Workers and Family Counsellors who assist Youth and families in a variety of programs.

- Transitioning Youth to Adulthood (**T. 604.987.1411**) provides youth 15–18 yrs with a Transition Youth Worker for up to one year to assist them in developing independent life skills, in seeking employment and in finding housing. Parent-Teen Mediation assists families in developing solutions that promote healthy and realistic expectations for parents and teenagers (12–18 yrs). Open referrals and no cost (see pg 16).
- Two other transition homes are available for youth, ages 6+
- Key Program (Knowledge and education for youth) is an alternate education school for youth (13–17 yrs) in partnership with the Ministry of Education, Parkgate, MCFD and PLEA (see pg. 10).
- Hollyburn Hockey Heroes is a free hockey program for at-risk youth.
- Residential Care/Group Homes provided for youth with autism and other pervasive developmental disorders; and the Specialized Assessment for Youth (SAY) Program is a group home for youth in care.
- The North Shore Youth Safe House (**1.877.78.YOUTH**) provides a home environment for youth (14–18 yrs) who have run away from home or who are homeless. Youth Workers assist in managing crises and reconnecting youth with their families or determining other sustainable living arrangements. The house has four beds and two transition beds and has been funded through a private donation, Service Canada, North Shore Rotary Clubs, the District of North Vancouver (which also owns the house) and a number of community partners.

**Elizabeth Fry Society (North Shore) Head Office – #103–237 E. Columbia St., New Westminster V3L 3W4 T. 604.520.1166 | F. 604.520.1169 www.elizabethfry.com Contact: Kathy McLellan, Clinical Manager, Family Preservation T. 778.869.1551 or 604.980.4423**

Elizabeth Fry Society provides family preservation and reunification for families on the North Shore.

**Family Services of the North Shore – #101– 255 W. 1st. St., North Vancouver V7M 3G8 Contact: Mario Testani, Program Manager; Community Counselling T. 604.988.5281 | F. 604.988.3961 www.familyservices.bc.ca**

North Shore Family Preservation/Reunification and Support Services provides outreach services that are supportive, goal-oriented and community-based. Support services are available to families and youth in need. **Free and open referrals: T. 604.987.1411 Executive Director: Julia Staub-French, jsfrench@familyservices.bc.ca, Director of Clinical Programs: Julia Staub-French, same as above, Director of Community and Provincial Programs: Mimi Hudson, mhudson@familyservices.bc.ca, Child and Youth Counselling and Prevention Program Manager: Karen White, kwhite@familyservices.bc.ca, Child and Youth Prevention Coordinator: Val Lev Dolgin, levdolgin@familyservices.bc.ca, Jessie’s Legacy Eating Disorder Prevention Coordinator: Shelley Hine, hine@familyservices.bc.ca**

## **Child and Youth Counselling and Prevention Program**

Counselling services for children and youth (ages 2–19) for a range of issues including anxiety, depression, sexual abuse, bullying, school stress, coming out, suicidal thoughts, cutting, eating disorders, dating violence, self esteem and others. The program works with children and youth who are being impacted by their parent's separation, divorce, relationship abuse or addictions. Older children (age 14 and up) are generally in control of their own counselling process, determining what level of involvement their parents will have and what information will be shared between parent/counsellor. Length of service is based on the specific needs and issues presented. A sliding scale is offered to assist individuals who cannot pay for a full hour fee. (scale \$20–\$110). If a youth does not have money to pay for counselling and a parent is unwilling to help, a solution is worked out with the youth to get them the help they need, assisted by the generous support donor.

No cost for services for children and adolescents who have been sexually abused or sexually assaulted as those services are fully subsidized by the Ministry for Children and Family Development.

## **Jessie's Legacy Eating Disorders Prevention Program [jessieslegacy.ca](http://jessieslegacy.ca)**

Jessie's Legacy is a Provincial program that provides eating disorders prevention education, resources and support for youth, families, educators and professionals. Youth can join via the Facebook page and participate in Provincial Eating Disorder Awareness Week events.

## **Youth Website and Texting Information**

Youth website at [www.need2talk.ca](http://www.need2talk.ca) or text to **778.887.6487** to reach a youth counsellor. Youth 14 and older can receive counselling services without their parents' consent.

## **Youth Leadership Advisory Board (Youth-LAB)**

**Youth Volunteers Needed!** Family Services of the North Shore is excited to announce a new initiative for youth. The Youth Leadership Advisory Board (Youth-LAB) helps reach at-risk youth. Youth volunteers advise staff on a new youth outreach strategies for the agency.

**Integrated Family and Youth Intake Line – T. 604.987.1411** for parent, teen and family support

**Westcoast Family Resources Society – Suite #304–1200 Lynn Valley Rd., North Vancouver V7J 2A2**  
T. 604.987.1411 or 604.985.2202 F. 604.985.3742

## **North Shore Family Preservation/Reunification and Support Services**

Provides outreach services that are supportive, goal-oriented and home/community-based. Support services are available to families and youth in need.

[nshore.fpp@westcoastfamily.org](mailto:nshore.fpp@westcoastfamily.org) | [www.westcoastfamily.org](http://www.westcoastfamily.org)

Contact: Wayne Wong, Program Director C. 604.417.3408

# Vancouver Coastal Health Authority and Contract Services

**24-Hour Service to help youth find a detox (alcohol and drugs) placement D-Talks: 604.658.1221**

**North Shore Community Health Services – 5th Floor 132 W. Esplanade Ave., North Vancouver V7M 1A2**  
**Contact: On Call Nurse T. 604.983.6700 F. 604.983.6839 [www.vch.ca](http://www.vch.ca)**

Four Youth Health Clinics on the North Shore provide free, confidential health services to youth 13–19 yrs. Doctors and Public Health Nurses provide birth control, the emergency contraceptive pill (ECP), individual counselling, diagnosis and treatment of sexually transmitted diseases, pregnancy testing, smoking cessation, information on healthy living and referrals to other community services.

**Nursing Support Services – 2121 Marine Dr., West Vancouver V7V 4Y2 T. 604.904.6291 F. 604.904.6262**

Provides support to youth (up to 19 yrs) with special health needs and their families, including consultation for caregivers. School-aged physiotherapy provides consultation services for designated school-aged children and youth with disabilities (T. 604.904.6200).

**Drop-in Youth Health Clinics Mon. 3:15pm-6:15pm, Tues. 2:30pm-4:30pm, Thur. 2:30pm-4:30pm, On-Call Nurse 8:30am-5:00pm Mon-Fri. For any health questions call: 604.983.6700**  
**[www.vch.ca/facilities/clinics/youth.htm](http://www.vch.ca/facilities/clinics/youth.htm)**

## **YOUTH DROP-IN MEDICAL CLINICS**

**John Braithwaite Community Centre (CNV) – 2nd Floor, 145 West 1st. St.**

**West Community Health Centre (DWV) – 2121 Marine Drive**

**Parkgate Community Centre (DNV) – 3625 Banff Court 2nd Floor**

**Be Real Eating Disorders Clinic – 2121 Marine Drive, West Vancouver, 1st floor (Ambulatory clinic)**

**Call for an appointment: T. 604.983.6847 [www.vch.ca/nutrition/be\\_real.htm](http://www.vch.ca/nutrition/be_real.htm)**

Open two Wednesday afternoons per month for youth 11–19 yrs who live on the North Shore, Sunshine Coast, Powell River, or Sea to Sky area. The multi-disciplinary team includes a doctor, counsellor and a dietitian.

**PLEA Youth Services: Youth Support Recovery Program – 3894 Commercial St., Vancouver V5N 4G2**

**T. 604.708.2616 Intake pager: 604.891.1082 [www.plea.bc.ca](http://www.plea.bc.ca)**

PLEA has two beds on the North Shore that provide 28-day transitional housing for youth up to 21 years-old who require a safe environment while they access alcohol/drug counselling from their referring outpatient service.

Funding is provided by VCHA. PLEA also works with young offenders.

# North Shore Child and Youth Mental Health and Addictions: Vancouver Coastal Health Authority and Ministry of Children and Family Development (MCFD)

**MCFD Child and Youth Mental Health (CYMH) Program 301–224 W Esplanade, North Vancouver V7M 1A2 and the Child and Adolescent Program (CAP) T. 604.983.6719 F. 604.983.6705, 5th Floor 132 W. Esplanade, North Vancouver V7M 1A2 T. 604.904.4336 CYMHA (Central Intake) Referral Line T. 604.904.4336**

The consortium is a multi-disciplinary team of psychologists, psychiatrists, family therapists, child and youth clinicians, social workers, a psychometrist and other therapists and counsellors. Referring problems include anxiety, depression, behavioural issues, ADHD and other mental health issues. Parent and after-school groups, summer programs and a social skills program are offered. Office and community-based therapy, outreach services and groups for children, youth and their families who have been affected by mental health issues are available. Services are free and referrals are accepted through the Central Intake at the number above.

## **Urgent Response**

Urgent Response is a unit made up of Clinicians that offers up to six sessions of crisis stabilization. Cases are referred through the Central Intake number and follow-up occurs within 24hrs. Cases requiring immediate intervention call 911 or go to the hospital. **Referral Line: 604.904.4336**

## **Child and Youth Mental Health Hospital Liaison**

A Clinician offers case consultation and treatment/discharge planning for children and youth on the Acute Psychiatry and Pediatrics Wards at Lions Gate Hospital; provides in-service education; bridges patients into community treatment/support; reviews cases presented at emergency; and conducts follow up with those in need of treatment. Short-term therapy and bridging to appropriate ongoing treatment in the community is provided.

## **North Vancouver SD Community Learning Program, Therapeutic Day Program – 3365 Mahon Ave., North Vancouver V7N 3T7 T. 604.903.3333**

This program provides therapeutic and educational services to youth who are currently unable to attend school due to significant mental health issues. The program includes a Clinician, a Psychiatrist, North Shore District Teachers and a Special Education Assistant to support youth until they are able to be successfully re-integrated into a community school placement.

### **15th St. Youth Services – 2nd Floor 152 E. 15th St., North Vancouver V7L 2R1**

This program offers a variety of services to youth (13–18 years-old) and their families who are struggling with a substance abuse issue, or by a co-occurring mental health and substance abuse issue. Youth Clinicians work closely with North Shore schools and other agencies to identify and support clientele through the treatment process. Services include drug and alcohol assessments, individual, group and family counselling, outreach, referral and follow-up support. This program also provides therapeutic programming to alternate schools and community agencies on the North Shore.

### **Constructive Alternatives to Teen Suspension (CATS) – 148 E. 15th. St., North Vancouver T. 604.984.3777**

An early intervention/prevention program offered to students who are caught committing drug or alcohol infractions at school. Students participate in a three-day program focused on drug, alcohol and addiction issues. Therapeutic support is offered and confidentiality is assured. High risk students are assigned a Clinician for three follow-up sessions. Repeat offenders are referred to a Clinician for ongoing one-to-one counselling.

### **Alcohol and Drug Prevention**

Both North and West Vancouver communities have a Drug and Alcohol Prevention Educator. These positions are designed to promote and implement prevention strategies through intensive community engagement. Close partnerships with parents, school teachers/administrators, police, youth service providers, youth and community businesses create a strong foundation for consistent messaging and prevention initiatives regarding substance misuse.

### **CONNECT Parenting Programs**

An 8–10 week program offered throughout the school year for parents who are parenting pre-teen and adolescent children. Often co-facilitated with MCFD.

## **Community Services Programs**

### **Big Brothers of Greater Vancouver (BBGV) – 102–1193 Kingsway, Vancouver V5V 3C9**

**T. 604.876.2447 Email: [jmiller@bigbrothersvancouver.com](mailto:jmiller@bigbrothersvancouver.com)**

BBGV is committed to the healthy development of boys aged 7–12 yrs by providing them with quality one-to-one mentoring friendships with caring adult role models. For over 50 years, the charity has successfully provided adult male role models for boys who could benefit from some extra support and guidance. Pairs spend an average of 2–4 hours a week together doing a wide variety of fun activities, such as biking, hiking, listening to music and hanging out.

### **Big Sisters of BC, Lower Mainland – 34 E. 12th. Ave., Vancouver BC V5T 2G5 T. 604.873.4525**

**[www.bigsisters.bc.ca](http://www.bigsisters.bc.ca)**

Little Sisters are girls between 7–17 yrs who want to develop a friendship with a caring adult woman. Little Sisters are referred by parents, counsellors and social workers. Little Sisters may come from various family backgrounds, including

foster care, single parent or two parent families, etc. Big Sisters of BC Lower Mainland also provides free tutors to girls who cannot afford a tutor.

**Iranian Educators Society for Families – Office Address: # 104–1590 Bellevue Avenue, West Vancouver BC, V7V 1A7 T. 778.883.0591 Email: info@iranianeducators.com www.iranianeducators.com**

Iranian Educators Society for Families offers individual and group counselling to Farsi-speaking youth and their families, including bilingual counselling, parent education and Youth support programs.

**North Shore Connexions Society – 1070 Roosevelt Cres., North Vancouver V7P 1M3**

**Contact: Mary Mullen, Executive Director T. 604.984.9321 www.nsamh.org**

Society offers friendship circles, after–school and career programs for youth with disabilities.

**North Shore Crisis Services Society – Suite 212–145 East 15th St., North Vancouver V7L 2P7 Executive Director: Laura Reynolds T. 604.987.0366 or ACE Program 604.786.7487 www.nscss.net**

Adolescent and Children’s Empowerment (ACE) Program provides services for children and youth 3–18 yrs exposed to abuse, threats, violence, or substance misuse. Individual counselling, group support and prevention activities for schools are provided free of charge. Support is provided in a safe environment through art, play and discussion. Funded by The Ministry of Public Safety and Solicitor General as part of the Children Who Witness Abuse (CWWA) Programs.

**North Shore Disability Resource Centre – 3158 Mountain Hwy., North Vancouver V7K 2H5**

**Contact: Elizabeth Barnett, Executive Director T. 604.985.5371 F. 604.985.7590 www.nsdrc.org**

Society offers a teen and pre-teen Social Program for youth 9–18 yrs with developmental disabilities. Teens learn social and life skills and participate in recreational activities.

**North Shore Multicultural Society (NSMS) – #207–123 E. 15th St., North Vancouver V7L 2P7 T. 604.988.2931**

**F. 604.988.2960 www.nsms.ca Contact: Jian Pablico Youth Programs Coordinator: jianp@nsms.ca**

**www.neonology.ca and Saba Golchin, Youth Manager**

**Get Connected Program** – An eight-week program and/or one-to-one coaching that assists newcomer youth and young adults in their transition into Canadian life. Program participants gain knowledge and experience in:

- Leadership and team building
- Volunteering and recreation
- Career exploration/job search skills
- Life skills and self awareness

**Integr8 and Activ8** – NSMS works in partnership with the North Vancouver School District to deliver Integr8 and Activ8, two programs that address settlement related issues for newcomer youth.



Artwork by **Sabrina Lalonde**



**Neonology: A Brighter Perspective** – Neonology is a North Shore project that engages youth to create an inclusive and welcoming community for all youth. Neonology is primarily an anti-discrimination initiative and encourages youth, parents and teachers to create safe and respectful environments. This program offers:

- Workshops to youth in high schools
- Youth leadership training and opportunities to develop Neonology initiatives in schools
- Web-based environments for youth to support and explore their ideas and role in creating racism-free and inclusive environments
- Workshops for teachers, school staff, youth workers and parents

**Neonology Legacy:** Curriculum shares our best practices and training to organizations and communities in and outside of the North Shore. Each community has its own challenges and approaches to anti-oppression and diversity. The innovative Neonology training provides an invaluable tool to support communities in creating their own initiatives/ programs that are relevant to their community's needs. Please contact NSMS if you are interested in looking for ways to make your community more connected, youth friendly and welcoming.

- Youth Engagement Training
- Diversity Training for youth and organizations

**Momentum:** Momentum is defined as a “driving power and strength”. This program is exactly that. It is designed to empower immigrant youth, through community connections, with valuable experiences and networks in order for them thrive and succeed in their new community.

**Constellation:** Constellation is a theatre-based program for newcomer youth ages 15–18 that is designed to support and empower them in their daily lives at school, home and new community.

**Youth Living with Loss – North Shore Neighbourhood House and Ambleside Youth Centre**

**Mailing Address: NSNH 225 East 2nd St. V7L 1C4 c/o YLWL Contact: Meaghan Jackson, Facilitator [ywlggroup@gmail.com](mailto:ywlggroup@gmail.com)**

Youth Living with Loss serves youth ages 13-19 yrs who are grieving the death of a family member or friend. Provides free assessment, short-term individual counselling, and peer support. Facilitated group sessions are provided by a Bereavement Counsellor and volunteers, providing youth with opportunities to connect with a safe environment, increase understanding of the grieving process, develop coping skills, and express themselves through creative arts.

**North Vancouver Restorative Justice Society Administration Office – 147 E 14th St North Vancouver**

**V7L 2N4 Contact: Alana Abramson, Executive Director T. 604.969.7462 F. 604.990.7450**

**Email: [info@nsrj.ca](mailto:info@nsrj.ca) [www.nsrj.ca](http://www.nsrj.ca)**

Provides restorative justice responses to crime and conflict, such as mediation, conferencing, peacemaking circles

and shuttle mediation between victims and offenders in order to facilitate understanding, reparation and healing. Training sessions at community agencies and schools are also offered. Referrals through police, community agencies and individuals.

## Employment Programs

**Aboriginal Community Career Employment Services Society (ACCESS) – Suite 104–100 Park Royal, West Vancouver V7T 1A2**

**Contact: Helen Boyce, Director T. 604.922.4077 (ex 204) F. 604.922.4088 [www.accessfutures.com](http://www.accessfutures.com)**

ACCESS provides funding, training and employment services for the urban Aboriginal Community in Metro Vancouver. Youth and adults develop skills needed to compete in the workforce. Clients are status, non status, Métis and Inuit. In partnership with BCIT, we have provided apprenticeship training programs to over 250 Aboriginal apprentices in 21 different trades. The Gateway to Health Services Program is a partnership with Vancouver Community College's Essential Skills Program and offers employment training with employers such as Safeway, BC Ferries, Hastings Raceway and BC Housing. Each year, a seven-month West Coast Jewelry Arts Program at the Native Education Centre is funded. The award winning BladeRunners program assists Aboriginal and non-Aboriginal youth who face multiple barriers to employment with the tools to enter into employment in construction.

**Eslha7an Employment and Training Centre Youth Programs, Squamish Nation – 345 W 5th St North Vancouver V7M 1K2 Contact: Faye Halls, Department Head T. 604.985.7711 [www.squamish.net](http://www.squamish.net)**

Provides a summer youth employment program for First Nations youth 15–19 yrs and a post-secondary school program.

**WorkBC Employment Services Centre - North Shore Youth YWCA 318 – 260 West Esplanade, North Vancouver, BC V7M 3G7 T. 604.988.3766 F. 604.988.7153 Contact: Jody Watt, Manager [http://ywcavan.org/content/WorkBC\\_Employment\\_Services\\_Centre\\_\\_\\_North\\_Shore\\_Youth\\_/190](http://ywcavan.org/content/WorkBC_Employment_Services_Centre___North_Shore_Youth_/190)**

Drop-in resource centre, providing a range of career planning and employment search skills for male and female jobseekers ages 16 to 30.

**Wired 4 Success Youth Employment Program, Bowman Employment Services – 110–255 W. 1st St., North Vancouver V7M 3G8 Contact: John Stoffer, Manager T. 604.988.1052 [jstoffer@bowmanemployment.com](mailto:jstoffer@bowmanemployment.com)**

Employment program for multi-barrier youth between 15–30 yrs old. Consists of eight weeks skills link training, Mon–Fri six hours per day, followed by job placement with a 50% wage subsidy for 10 weeks. Clients are provided a training allowance of \$8/hr for the skills link portion of the program. Clients cannot be EI eligible. Federally-funded through Service Canada.

# Municipally-Sponsored Activities

The CNV, DNV and DWV employ Community Development staff who focus on:

1. Developing youth-focused programs and services
2. Supporting non-profit agencies in providing municipally core funded youth outreach services
3. Supporting planners and agencies with an interest in youth support-related community projects
4. Liaising between municipal staff, council and youth and serving professionals

**District of North Vancouver – 355 W. Queens Rd., North Vancouver V7N 4N5 Contact: Annie Mauboules  
T. 604.990.2454**

**City of North Vancouver – 41 W. 14th St., North Vancouver V7M1H9 Contact: Lisa McCarthy  
T. 604.983.7385 Email: [lmccarthy@cnv.org](mailto:lmccarthy@cnv.org) or [youth@cnv.org](mailto:youth@cnv.org)**

**District of West Vancouver Youth Services Supervisor – 2121 Marine Dr., West Vancouver V7V 4Y2  
Contact: Leanna Buffie T. 604.921–3467 Email: [lbuffie@westvancouver.ca](mailto:lbuffie@westvancouver.ca)**

The Youth Program Coordinator oversees youth training and leadership opportunities, assists in the creation of new recreational youth programs and facilitates the involvement of youth in all aspects of community development. The Youth Program Coordinator is the contact for the Youth Advisory Committee, the Recreation Advisory Team and the Student Work and Advisory Team.

**The City of North Vancouver Children and Youth Initiatives – Grant, \$500 for special-driven youth events (no deadline), \$3,000 for innovative youth services to be applied for by non-profit agencies, (check website for deadline) [www.cnv.org/youth](http://www.cnv.org/youth)**

**North Shore Youth Week – [www.bcyouthweek.com](http://www.bcyouthweek.com)**

Youth Week is an international celebration of youth held annually during the first week of May. The North Shore communities participate in hosting Youth Week activities and engage hundreds of young people in planning organizing and participating in special events and celebrations.

The goals of Youth Week are to celebrate young people and their accomplishments, help to build a strong connection between young people and their communities and to profile the issues and diversity of youth across the province.

**North Vancouver City Library: The Room – 120 W. 14th St., North Vancouver V7M 1P2  
Contact: Youth Department: T. 604.998.3480 [www.nvcl.ca](http://www.nvcl.ca)**

The North Vancouver City Library offers services and programming for teens, including books, DVDs, CDs, video games, free internet access and a Manga and Anime Club. Volunteering opportunities for teens are available through the Read-Along Program, the Teen and the Technology Council.



**West Vancouver Memorial Library – 1950 Marine Drive, West Vancouver V7V 1J8 Contact: Shannon Ozirny, Head of Youth Services T. 604.925.7408 sozirny@westvanlibrary.ca www.westvanlibrary.ca**

The West Vancouver Memorial Library (WVML) offers an inclusive, welcoming environment for youth of all ages. Wireless access is free throughout the building and there is space for silent study and group work. Teen space offers books, DVDs, CDs, magazines, audiobooks and playaways. Students in Grades 8–12 can earn volunteer hours by participating in the Teen Advisory Group or Teen Volunteer Program.

**North Shore Youth in Film | TELUS Summer Visions Film Institute, Pacific Cinémathèque #200–1131 Howe St., Vancouver V6Z 2L7 T. 604.688.8202 www.cinematheque.bc.ca**

Through financial support from production companies, the three North Shore municipalities provide full bursaries for youth 14–19 yrs to enter the TELUS Summer Visions Film Institute, an award-winning digital filmmaking program. Produced by the Education Department at Pacific Cinémathèque and Dream Big Productions at Templeton Secondary School, Summer Visions creates a unique and inspired atmosphere. Youth work in production teams to write, shoot, edit and screen a short digital video, supported by a staff of experienced, respectful and challenging filmmakers and mentors. Videos, premiered at a downtown Gala and Awards Ceremony in September, often go on to win awards across the country.

**North Vancouver Civic Youth Awards – Check website for deadlines. www.cnv.org/youthawards**

## **North Shore Youth Services Coalitions**

**Lower Capilano Community Partnership Committee – Contact: Stacy Yeats, yeatss@northvanrec.com**

Focused on enhancing services and supporting Lower Capilano with community development, staff support and a funding program.

**Lynn Valley Youth Services in Partnership – Contact: Dave Huber, NSNH dhuber@nsnh.bc.ca**

Focuses on planning youth services in Lynn Valley.

**North Shore Action on Prevention Task Force – Contact: Lawrie Graham, VCH**

**Lawrie.Graham@vch.ca (formerly) Ainsworth**

Focused on exploring a vision for a cohesive prevention service and delivery system on the North Shore through clear actions and activities.

**North Shore C4 – Contact: Terry Bulych, VCH, Terry.Bulych@vch.ca**

Committee is intended to address interface issues between the five main youth service providers on the NS (i.e. North and West Vancouver School Districts, MCFD, VCH and Community Based Service Providers). C4 stands for Coordinate, Communicate, Collaborate and Consult between the youth stakeholders.

**North Shore Children’s Coalition – Contact: Terry Bulych, VCH, Terry.Bulych@vch.ca and David McQuarrie, MCFD, David.McQuarrie@gov.bc.ca**

Information and planning committee focused on the therapeutic issues associated with children in the middle years.

**North Shore Education Committee for the Prevention of Disordered Eating –**

**Contact: Mimi Hudson, NSFS, mhudson@familyservices.bc.ca**

VCH and the SD’s education and prevention planning team, provides an evidenced, informed approach and resiliency-based system of service and support to help youth be free from eating disorders.

**North Shore Middle Childhood Matters: Contact: Fran Jones, NS Community Resources**

**fran.jones@nscr.bc.ca**

Service providers and government representatives focused on planning after-school programs for children grade 5–7.

**North Shore Youth Safe House Committee** – Variety of service providers supporting, advising and keeping in tune with needs of youth. **Contact: Paul Butler, Hollyburn Family Service Society pbutler@hollyburn.ca**

## Parent Programs

**Ministry for Children and Family Development** – Referrals can be made through **Central Intake at 604.904.4336**.

Connect Parent Program is a principle-based psycho-educational group that presents the role of parenting in the context of attachment. There is a unique focus on understanding the principles of attachment to promote a consistent and progressive parenting ability which increases relationship and reduces stress. Groups are held throughout the year and focus alternately on parents of teens and parents of preteens.

**Family Preservation and Reunification Programs – Hollyburn Family Services, Family Services of the North Shore, Elizabeth Fry Society and Westcoast Family Resources Society** **Referral Line: 604.987.1411**

Parents will be assisted with the best service for their particular need. Family Preservation is designed to strengthen and preserve families where there is a risk of family breakdown or to promote reunification when breakdown has already occurred. Family Counsellors are available to respond to the family’s immediate needs and provide therapeutic and educational interventions in the family home. Service is delivered to families with children under the age of 19 yrs who reside on the North Shore. Referrals are made by the Ministry of Children and Family Development only.

**Family Support Services: Parent–Teen Mediation – Hollyburn Family Services #210-255 W. 1st St., North Vancouver, V7M 3G8 Contact: Chris Burt, Family Services Coordinator T. 604.987.8211 email: [www.cburt@hollyburn.ca](mailto:www.cburt@hollyburn.ca) [www.hollyburn.ca](http://www.hollyburn.ca) Referral Line: 604.987.1411**

Family Support Services are provided to meet family needs, including parent education and skill development, parent and teen mediation, family violence counselling, self-help and peer-led support groups and assistance in accessing other support services (available to families with children under 19). Parent and Teen Mediation is a specialized counselling service. Mediators assist the family in developing solutions that promote healthy and realistic expectations (curfews, school, independence, respect). Available at no cost to all North Shore residents with teens between 12–18 years. Family Support Services is funded by the Ministry of Children and Family Development (see pgs 8–9).

**Municipal Youth Outreach Services: Parent-Teen Support North Shore Youth Services – T. 604.990.2244**  
Youth Outreach Workers are available in their role as youth advocates to meet with parents, counsellors, teachers and social workers to help find strategies and solutions to interpersonal communication problems that are creating barriers to youth success (see pgs 4–7).

**North Shore Multicultural Society – #207–123 E. 15th St., North Vancouver, V7L 2P7 Contact: Jian Publico Youth Development Worker, [jianp@nsms.ca](mailto:jianp@nsms.ca) T. 604.988.2931 F. 604.988.2960**

The Immigrant Family Bridging Program supports both teens and their newcomer parents through problems created by settling in a new community.

**Family Support Centre – 205–1865 Marine Dr., West Vancouver, V7V 1J7 T. 604.926.0856 [info@northshoreschizophrenia.org](mailto:info@northshoreschizophrenia.org) [www.northshoreschizophrenia.org](http://www.northshoreschizophrenia.org)**

Support, counselling, information, education and other services for family members or close friends of people with serious mental illnesses such as schizophrenia or bipolar disorder.

## WVPD Community Services Unit

Cpl. Jag Johal 604.925.7315 C: 604.786.9997	Cst. Lisa Schmidtke 604.925.7429 C. 604.612.2057	Cst. Tammy Khorram 604.925.7348 C. 604.862.0034
<b>SECONDARY SCHOOLS</b>		
Rockridge Mulgrave (Sr)	Sentinel Access	West Vancouver Secondary Collingwood Sr. School
<b>ELEMENTARY SCHOOLS</b>		
Gleneagles Caulfeild West Bay Cypress Park & Eagle Harbour Primary Mulgrave Jr.	Chartwell Cedardale Pauline Johnson Westcot St. Anthony's	Hollyburn Irwin Park Ridgeview Collingwood Jr.

# North Vancouver RCMP Youth Intervention Unit

Cpl. Angie Kermer School Liason 604.969.7552	Cst. Brenda Abreo School Liason 604.969.7556	Cst. Courtney Gardner 604.969.7557 *Cst. Jeff Palmer (First Nations Students) 604.969.7335	Cst. Chris Jensen 604.969.7554	Cst. Christy Mohr 604.969.7558
<b>SECONDARY SCHOOLS</b>				
Coverage where required	Argyle 604.903.3300 Keith Lynn 604.903.3800 Sutherland 604.903.3500	Capilano College 604.986.1911 *Balmoral 604.903.3400 *Carson Graham 604.903.3555	Handsworth 604.903.3600 Seycove 604.903.3666 Windsor 604.903.3700	Coverage where required
<b>ELEMENTARY SCHOOLS</b>				
	Boundary 604.903.3260 Brooksbank 604.903.3280 Lynn Valley 604.903.3620 Queensbury 604.903.3730 Ridgeway 604.903.3740 Ross Road 604.903.3750 Upper Lynn 604.903.3820	Braemer 604.903.3720 Carisbrooke 604.903.3380 Eastview 604.903.3520 Ecole Francais Internationale 604.924.2457 Larson 604.903.3570 Norgate 604.903.3680 *Queen Mary (Mt. Cloverley) 604.903.3720 Westview 604.903.3840	Blueridge 604.903.3250 Canyon Heights 604.903.3290 Capilano 604.903.3370 Cove Cliff 604.903.3420 Cleveland 604.903.3390 Dorothy Lynas 604.903.3430 Highlands 604.903.3540 Lynmour 604.903.3590 Sherwood Park 604.903.3810	Brockton 604.929.9201 Holy Trinity 604.987.4454 Lions Gate 604.984.8226 Montroyal 604.903.3680 St. Edmunds 604.988.7364 St. Pius X 604.929.0345 Waldorf 604.985.7435

# Neighbourhood-Based Youth Services

 NorVan Boys and Girls Club – Inter River

 Parkgate Community Services Society – Seymour

 North Shore Neighbourhood House – Lynn Valley

 North Shore Neighbourhood House – City of North Vancouver

 Capilano Community Services Society – Handsworth, Delbrook, Capilano, Norgate & City of North Vancouver

**Capilano Community Services Society** – (Serving Upper and Lower Capilano and the City of North Vancouver)

Delbrook Bldg North, 600 W Queens Rd., North Vancouver V7N 2L3 T. 604.988.7115 F. 604.988.7105

Renee Strong, Executive Director: renee@capservices.ca

Youth Outreach Workers: Sukhdeep Kandola, sukh@capservices.ca T. 604.417.7095

Dominique Pouliotte, dominique@capservices.ca T. 604.418.3525

Youth Program Manager: Dan Monument C. 604.417.5474 dan@capservices.ca

**William Griffin Rec Youth Centre Zone** – 851 W Queens Rd, North Vancouver BC V7N 4E3

Zone Youth Lounge T. 604.983.6538, Youth Centre Staff: Geoff Campbell and Megan Goodman

**North Shore Neighbourhood House** – (Serving the City of North Vancouver, Lynn Valley and the North Shore)

225 E. 2nd St. North Vancouver, V7L 1C4

Dave Huber, Youth Program Manager, dhuber@nsnh.bc.ca T. 604.987.8138 (Ext. 204)

## Youth Outreach Workers:

Alicia Carin (CNV) Outreach Youth Worker C. 604.258.8539 acarin@nsnh.bc.ca

Kelly Schmidt (CNV) Outreach Youth Worker C. 604.258.8589 kschmidt@nsnh.bc.ca

TBA (LV/CNV): Outreach Youth Worker C. 604.258.8775

Rachel Raimondi (LV): C. 604.258.8765 rraimondi@nsnh.bc.ca

## Pre-Teen Outreach Worker:

Samantha Moscipan (CNV) C. 604.258.8750 smoscipan@nsnh.bc.ca

Young Parents Program Family Support Worker Lara Beierle C. 604.258.8325 lbeierle@nsnh.bc.ca

Youth Centre Coordinator Dale Cheyne, C. 604.868.7065 dcheyne@jbcc.ca

**Lonsdale Youth Centre** – Harry Jerome 123 E 23rd St., North Vancouver Supervisor T. 604.983.6430

(7pm–10pm)

**John Braithwaite Youth Centre** – 145 W. 1st St., Supervisor, Frankie Nugent, T. 604.982.8318 fnugent@jbcc.ca



**Parkgate Community Services Society** – (Serving Seymour area) 3625 Banff Court, North Vancouver V7H 2Z8  
T. 604.983.6357 | F. 604.983.6357 Lisa Reinders, Executive Director, T. 604.983.6375  
areinders@myparkgate.com On-call nurse T. 604.983.6700

Youth Services Supervisor: Marc Keith T. 604.983.6379 C. 604.783.8053 mkeith@myparkgate.com

Youth Outreach Workers:

Cassandra Van Dyck T. 604.783.5754 cVanDyck@myparkgate.com

Lynsey Dimock T. 604.903.3666 (Ext. 276) C. 604.783.5754 ldimock@myparkgate.com

Sean Henry, T. 604.983.6673 C. 778.885.9583 shenry@myparkgate.com

**Parkgate Youth Centre:** 3625 Banff Court, North Vancouver V7H 2Z8 T. 604.983.6358

Sarah Kitson, Youth Centre Coordinator T. 778.882.2566 akitson@myparkgate.com

**Seymour Youth Centre** – 2425 Mt. Seymour Pkwy, North Vancouver V7H 2Y9 T. 604.983.6673

**Seycove Youth Centre** – 1204 Caledonia Ave., North Vancouver V7G 2A6 T. 604.903.3666 (Ext. 276)

**G.L.O.W. (Gay Lesbian or Whatever)**

Coordinator: Iris Yong, C. 604.783.5754 T. 604.903.3666 (Ext. 276) iyong@myparkgate.com

**Norvan Boys and Girls Club** (Serving Inter-river) Beside Lynnmour Elementary School Teen Club Friday Nights  
(out-trips and drop-in: 6:30pm–9:00pm)

Program Coordinator, NorVan Club: Joe Yankanna T. 604.986.3449 F. 604.904.5743

**North Shore Youth Safe House** – Open: 24/7, T. 1.877.78.YOUTH (96884)

Hollyburn Family Services Youth Services Manager: Paul Butler C. 604.790.6012 paulbutler@hollyburn.ca

Safe House Manager: Natalie Labelle T. 1.877.78.YOUTH nlabelle@hollyburn.ca

**North Vancouver Recreation Commission** – T. 604.987.PLAY

Community Coordinators:

Lisa Reinders (Seymour East) T. 604.983.6375

Tom Walker (Seymour West) T. 604.983.6510

Ron Holbrok (Lynn Valley) T. 604.987.6461

Joyce Parkin (Capilano) T. 604.983.6546 F. 604.983.6546

Janet Wallace (City) T. 604.983.6415

Trish Holme (JBCC–City) T. 604.982.8310

Call 604.987.PLAY to be connected to any NVRC staff

**District of North Vancouver** – www.dnv.org 355 W. Queens Rd., North Vancouver V7N 4N

Annie Mauboules T. 604.990.2454 F. 604.984.8664 mauboula@dnv.org

## **DISTRICT OF WEST VANCOUVER**

**Ambleside Youth Centre** 1018 Marine Drive, West Vancouver [amblesideyouthcentre.ca](http://amblesideyouthcentre.ca) [facebook.com/amblesideyouthcentre](https://www.facebook.com/amblesideyouthcentre)

Youth Outreach Workers: Jan Riddell T. 604.925.7233 C. 604.379.0456 [jriddell@westvancouver.ca](mailto:jriddell@westvancouver.ca)

Peter Chisholm T. 604.925.7233 C. 604.219.0717 [pchisholm@westvancouver.ca](mailto:pchisholm@westvancouver.ca)

Tennyson Wong T. 604.925.7233 C. 604.809.2888 [twong@westvancouver.ca](mailto:twong@westvancouver.ca)

**West Vancouver Community Centre Youth Lounge** – 2121 Marine Drive, West Vancouver

Melanie Clark, Youth Program Coordinator T. 604.925.7222 [mclark@westvancouver.ca](mailto:mclark@westvancouver.ca)

**Gleneagles Community Centre Youth Garage** – 6262 Marine Drive, West Vancouver

**Squamish Nation** – Youth Centre, 100 Capilano Rd., North Vancouver V7T 3P6 [squamish.net](http://squamish.net)

**Tsleil-Waututh Nation Social Development Department** – 3075 Takaya Dr., North Vancouver V7H 3A8

T. 604.929.3454, [www.tsleilwaututhsdc.org](http://www.tsleilwaututhsdc.org) or [www.twnation.ca](http://www.twnation.ca)

**Bowen Island Youth Services** – PO Box 279, RR#1, Bowen Island BC V0N 1G0

Youth Outreach Worker: Jan

## **NORTH VANCOUVER SCHOOL DISTRICT (NVSD)**

**Community Learning Program** 3365 Mahon Ave., North Vancouver V7N 5T7

District Principal: Maureen McRae T. 604.903.3341 [mstanger@nvsd44.bc.ca](mailto:mstanger@nvsd44.bc.ca)

– District Learning Centre

– Distributed Learning

– Choices Intervention

– Continuing Education

**NVSD Youth Engagement Workers:**

Sutherland - Robin Laughlin

Windsor - Rob Carter

Carson Graham - Bernard Piprah, Lisa Devine

Handsworth - TBA

Argyle - TBA

Seycove - TBA

## 24-HOUR AND REFERRAL PHONE LINES

<b>North Shore Youth Services Phone Line</b> For a recorded listing of municipal and local youth programs. Message directs caller through touch-tone to the actual service in their area or one that meets their needs. (See pgs. 3-5)	<b>T. 604.990.2244</b>
<b>VCH and MCFD Child and Youth Mental Health and Addictions Referral Line</b>	<b>T. 604.904.4336</b> (See pg. 10)
<b>Integrated Family and Youth Intake Line</b>	<b>T. 604.987.1411</b>
<b>Hollyburn Family Services, Family Services of the North Shore, Westcoast Family Resources and Elizabeth Fry – D-Talks</b> 24-hour service to help youth find a detox (alcohol and drugs) placement.	<b>T. 604.658.1221</b> (See pg. 7)
<b>Suicide Support Line</b>	<b>1.800.SUICIDE 1.800.784.2433</b>
<b>Ministry of Children and Family Development</b>	After Hours: <b>T. 604.310.1234</b>
<b>North Shore Crisis Services Society, www.nscss.net Women's 24-hour Support Line:</b>	<b>T. 604.987.3374</b>
<b>Youth Safe House (Phone 24/7)</b>	<b>T. 1.877.78.YOUTH (1.877.789.6884)</b> (See pgs. 9-11)
<b>Kids Help Line, Kidshelpphone.ca</b>	<b>T. 1.800.668.6868</b>

**N** O R T H S H O R E  
 Youth Services Directory  
 2012-2013

### Funding for this directory provided by:

The City of North Vancouver  
 District of North Vancouver  
 District of West Vancouver  
 North Vancouver School District  
 West Vancouver School District  
 Vancouver Coastal Health  
 Ministry of Children and Family Development

### For copies of this directory:

The City of North Vancouver  
 Phone: 604.983.7385  
 Fax: 604.985.0576  
 Email: youth@cnv.org

### Online directory:

[www.cnv.org/YouthResources](http://www.cnv.org/YouthResources)  
[www.nscr.bc.ca](http://www.nscr.bc.ca)



**N** O R T H S H O R E  
Youth Services Directory  
2012-2013



the  
**city**  
of north  
vancouver



NORTH VANCOUVER  
DISTRICT

*west vancouver*



BRITISH  
COLUMBIA

Vancouver  
CoastalHealth

