



Monday, September 20, 2021

Dear Carson Graham Community,

It's hard to believe we are in the latter half of September. Students are now settled into classes and seem to be appreciating the return to a daily routine.

We want to remind families that Wednesday, September 22nd marks the first "late start" of the year. This will be the first of ten Staff Collaborations that will occur throughout the year. This time allows us to meet the obligations of being an IB school. During this time, staff are collaboratively developing, reflecting and refining their units of instruction both within their subject area and across disciplines. Ultimately, this targeted time is intended to continually improve our teaching practices. The instructional day will begin at 10:00am and end at 3pm on these days.

Staff Collaboration	8:30 - 9:50
Period 1	10:00 - 12:00
Lunch	12:00 – 1:00
Period 2	1:00 – 3:00

There is also some information to share with those families who reside in Pemberton Heights. Note that we have worked with TransLink and there will be an 881 bus departing from 22nd & Phillips each school day at 9:00 am. Thank you to those families who brought this matter to the school's attention.

Please see below for other important information:

### **GrantMe Presentation**

GrantMe is a platform that supports students in getting into top universities and winning scholarships. Since its inception in 2017, GrantMe has successfully helped thousands of students win over \$4,000,000 in scholarships. This presentation will take students and parents through topics on financial planning for post-secondary, planning for admissions, how to find the right scholarships, writing scholarship essays, and more! On Tuesday, September 21st at 7pm PST, GrantMe will be hosting a FREE online presentation on how to prepare for the university admissions process and successfully win scholarships.

Event link: <https://grantme.ca/community-presentation-carsongraham>

Once signed up, participants will receive a confirmation email and then will be sent the zoom details for the presentation closer to the day/time of the event.

### **Terry Fox Run/Walk**

On another note, this year Carson is participating in the Terry Fox Run/Walk on Friday, September 24<sup>th</sup>. Students are encouraged to bring in toonies for Terry or fives for Fox to their Block 1 class. You can also show your support by donating to our school's online fundraising page:

<https://secure.terryfox.ca/registant/TeamFundraisingPage.aspx?TeamID=944737>



## Opportunities for Students and Families

### Events, Workshops & More

**Children & Youth Initiatives Fund** – The City of North Vancouver is now accepting agency and youth-initiated grant applications for events, initiatives, programs and services for children and youth in the City. See <https://www.cnv.org/city-services/planning-and-policies/grants-and-funding/children-and-youth-initiatives-fund> or contact **Julia Spitale** ([youth@cnv.org](mailto:youth@cnv.org)) for more information. Deadline for submissions is 5:00pm on Thursday, September 30.

**NVCL Teen Writing Contest Call For Submissions** – North Vancouver City Library and the Teen Advisory Council are now accepting submissions to the fourth annual Teen Writing Contest open to all North Shore teens (grade 7-12). Entries must be an original screenplay produced in 2021 with 750 words or less. For more information or to submit an entry, see <https://www.nvcl.ca/using-the-library/teen/events-and-programs/teen-writing-contest> or contact **Kate Longley** ([klongley@cnv.org](mailto:klongley@cnv.org)). Deadline for submissions is 5:00pm on Sunday, October 24.

**2021-2022 ACTION Mini Grants** – Vancouver Coastal Health Community Investments are providing a funding opportunity for innovative, community-driven projects. For more information see <http://www.vch.ca/public-health/healthy-communities-population-health/health-promotion-grants/apply-for-a-grant> or contact [Community.Investments@vch.ca](mailto:Community.Investments@vch.ca). The application deadline is 5:00pm on Sunday, October 31.

### Volunteering & Jobs

**Join a City Committee** – The City of North Vancouver is looking for volunteers to serve on a variety of committees that help shape and make a difference in the City. For more information or to apply, see <https://www.cnv.org/Get-Involved/Committees/Current-Vacancies-Committees-Commissions-and-Boards>.

**Rivers Day** – The City of North Vancouver's City Park Stewards program is looking volunteers to participate in Rivers Day on Saturday, September 26 from 10:00am-1:00pm. Register at <https://www.cnv.org/your-government/living-city/get-involved/city-park-stewards> or contact **Frances Ramsay** ([parkstewards@cnv.org](mailto:parkstewards@cnv.org)).

**MONOVA Opportunities** – The Museum and Archives of North Vancouver is seeking volunteers for events, transcription, archival documentation and assistance with school programs. For more information, see <https://monova.ca/volunteering/> or contact [info@monova.ca](mailto:info@monova.ca).

**Loutet Farm Volunteer Drop-In** – Join the Edible Garden Project at Loutet Farm for fun and engaging drop-in volunteer sessions on Monday and Wednesday afternoons from 3:00pm-5:00pm (except statutory holidays). High school aged youth can receive hands-on experience in a small-scale agricultural operation. No experience is necessary; tools and training will be provided. For more information, see <https://ediblegardenproject.com/volunteer/> or contact **Cindy Wei** ([schools@ediblegardenproject.com](mailto:schools@ediblegardenproject.com)). Registration is not required.

### Ongoing Programs

**NVCL Youth Drop-In** – The Room on the 2<sup>nd</sup> Floor of North Vancouver City Library is reserved for youth (grade 7-12) Monday-Thursday from 3:00pm-6:00pm and Friday from 3:00pm-5:00pm to hang out with friends, complete



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homework, read, use computers, etc. Registration is not required. See <https://www.nvcl.ca/calendar?trumbaEmbed=view%3Devent%26eventid%3D155162356> or contact [teens@nvcl.ca](mailto:teens@nvcl.ca) for more information.

**Open Gym Youth Drop-In** – North Shore Neighbourhood House is operating an open gym drop-in program for youth (age 13-18). This program takes place Fridays from 8:00pm-10:00pm and Saturdays from 7:00pm-10:00pm at John Braithwaite Community Centre. Registration is not required. For a full schedule of drop-in programs, see <https://nvrc.perfectmind.com/23734/Clients/BookMe4?widgetId=191b3742-8801-4eb9-bbfa-abb28439f20c>.

**Delbrook Youth Centre Drop-In** – NVRC's Delbrook Youth Centre is open Fridays from 3:30pm-9:00pm. Registration is not required. For a full schedule of drop-in programs, see <https://nvrc.perfectmind.com/23734/Clients/BookMe4?widgetId=191b3742-8801-4eb9-bbfa-abb28439f20c>.

**Harry Jerome Youth Lounge Drop-In** – NVRC's Harry Jerome Youth Centre is open Tuesdays and Fridays from 3:30pm-6:00pm. Registration is not required. For a full schedule of drop-in programs, see <https://nvrc.perfectmind.com/23734/Clients/BookMe4?widgetId=191b3742-8801-4eb9-bbfa-abb28439f20c>.

**John Braithwaite Youth Centre Drop-In** – The JBCC Youth Centre is open Tuesday-Saturday from 6:00pm-10:00pm for youth in grades 8-12 and Tuesdays 3:30pm-5:30pm for youth in grades 5-7. Registration is not required. For a full schedule of drop-in programs, see <https://nvrc.perfectmind.com/23734/Clients/BookMe4?widgetId=191b3742-8801-4eb9-bbfa-abb28439f20c>.

**Young & Recovering** – Foundry North Shore and CMHA are hosting bi-weekly peer-led support groups for youth working towards active recovery from drugs and alcohol. The group meets on Tuesdays from 4:00pm-5:00pm at Foundry (<https://foundrybc.ca/northshore>). For more information, contact **Ty Javos** ([ty.javos@cmha.bc.ca](mailto:ty.javos@cmha.bc.ca)).

**PROUD2BE Drop-In** – This free, weekly drop-in program allows youth (age 16-24) who identify as queer, transgender, two-spirited, and/or questioning to connect and share experiences in a safe space. For more information, see <https://www.familyservices.bc.ca/find-support/youth-support/> or contact [proud2be@familyservices.bc.ca](mailto:proud2be@familyservices.bc.ca).

**FamilySmart Parent in Residence** – Parents in Residence are available to provide peer support to families and caregivers who are parenting a child (0-young adult) with a mental health and/or substance use challenge. To connect with a FamilySmart Parent in Residence or request more information, see <https://familysmart.ca/program/parent-youth-in-residence/> or contact **Ann Louise Filbert** ([annlouise.filbert@familysmart.ca](mailto:annlouise.filbert@familysmart.ca)).

**NS Connexions Respite Program** – North Shore Connexions offers a respite program for children and youth with intellectual disabilities and their families. The program offers one-to-one support, activities that encourage growth and independence, and opportunities to engage with the community. For more information, see <https://nsconnexions.org/services/community-respite/> or contact **Amanda Jordan** ([amandaj@nsconnexions.org](mailto:amandaj@nsconnexions.org)).



## Upcoming Events

September 21- GrantMe Presentation  
September 22- Staff Collaboration Late Start @10am  
September 24- Terry Fox Run  
September 24- Grade 8 Community Day  
September 27- Music AGM  
September 29- EPIC Wednesday/Orange Shirt Day  
September 30- National Day for Truth and Reconciliation (Schools Closed)  
October 1- Curriculum Implementation Day (No Classes)  
October 4- Photo Retakes  
October 5- Grade 12 Parent Night  
October 6- Staff Collaboration Late Start @10am  
October 7- DP Parent Night (Current DP Students)  
October 11- Thanksgiving Day (Schools Closed)  
October 13- EPIC Wednesday  
October 13- PAC Meeting

Hope you are all well!

Sincerely,



Suzette Dohm

Principal

[sdohm@sd44.ca](mailto:sdohm@sd44.ca)