

Friday, May 26<sup>th</sup>, 2023

Dear Carson Graham Community,

We hope this letter finds you well. May has been a busy month and it is difficult to believe that we are heading into the last month of the school year! Please be sure to familiarize yourself with the important information below:

#### **Staffing Announcement**

As is normal process, we will inform the community of any staffing changes for the 2023-2024 school year prior to school start up in September. Please note that we have already been made aware of administrative changes that will be happening for the next school year.

Vice Principal Tim Ireland will be moving to Argyle Secondary School as Vice Principal effective July 1<sup>st</sup>. As you know, Tim has been at Carson since September of 2017, save for a few months at Lynn Valley Elementary in 2020, and has made strong connections. His humour and ability to see things through a positive lens will be missed. In his former role as an elementary school counsellor, Tim spent some time within the Argyle Family of Schools and I know that he will quickly re-establish those relationships. His versatility and "people-first" approach will be very appreciated at his new school.

Tuzar Irani, currently serving as Vice Principal at Britannia Secondary School in Vancouver, will be joining the North Vancouver School District as Vice Principal at Carson next year. Prior to his Vancouver placement, Mr. Irani worked for 4 years as a Vice Principal and 17 years as a Science and Math teacher in Richmond. In his current role, Tuzar strives to build strong relationships that support student and adult development, engagement, and learning. I am excited that his skill-set will be a great match to our community.

I wish Tim and Tuzar well in advance of them settling into their roles at their new sites.

#### **KidSport North Shore (KSNS)**

KidSport North Shore (KSNS) is a chapter of KidSport BC, which is a registered charity within Sport BC that raises funds to cover registration fees for children and youth from low-income families to be able to participate in sports. KSNS will be hosting a Sports Equipment Sale on Saturday, June 24 in the Carson Graham Secondary School gymnasium. All items will be sold at incredibly low prices to support recycling of sports equipment, increase access to sports equipment for all North Shore families and residents, and to raise funds for our community charity. Carson will have a donation center set up in the main office next week, May 29<sup>th</sup> to June 2<sup>nd</sup> (5 days) to collect donations.

They are currently seeking:

- 1. Donations of New & Gently Used Sports Equipment (Collection Period: May 27 to June 4, 2023)
- 2. Adult & Youth Volunteers (both throughout June leading up to the event, and on the day of the event itself) minimum age 15 to volunteer independently or age 8 to volunteer alongside a parent/guardian. Anyone interested can <a href="SIGN-UP HERE">SIGN-UP HERE</a>.



### **Events, Workshops and More**

**Cinelab Summer School** – The City of North Vancouver in partnership with The Cinematheque are offering a two week filmmaking course for high school students (age 14-19) from July 10-21 and July 24-August 4. The focus of these programs is to empower young artists to bring their creative visions to life through film, with specific attention to the self-representation of minority groups. The application deadline is Friday, June 16. For more information or to apply, see <a href="https://www.cnv.org/Business-Development/Filming-In-the-City/Film-Bursary">https://www.cnv.org/Business-Development/Filming-In-the-City/Film-Bursary</a>.

**YAC Community Dialogue Series** – The North Shore Restorative Justice Society's Youth Action Collective presents a community dialogue series for youth (age 16-24) on various social justice topics impacting the community. Events will be hosted on Mondays, May 29-June 26 from 6:00pm-8:00pm at North Vancouver City Library. To register, see <a href="https://forms.gle/Nh4jYhQPaYdCTCBJ6">https://forms.gle/Nh4jYhQPaYdCTCBJ6</a> or contact <a href="nsrjyouth@nsrj.ca">nsrjyouth@nsrj.ca</a> for more information.

**North Shore Volunteer Fair** – North Shore Community Resources and Impact North Shore present the first annual North Shore Volunteer Fair on Saturday, May 27 from 10:00am-2:00pm. The fair will be held at North Vancouver City Library. For more information, see <a href="https://www.nvcl.ca/events/north-shore-volunteer-fair">https://www.nvcl.ca/events/north-shore-volunteer-fair</a>.

**Ask A High School Student** – Lynn Valley Library (NVDPL) is hosting a panel of high school students to chat about their experiences and advice for students in grade 6-7. The event takes place on Thursday, June 8 from 3:30pm-4:30pm in the Learning Lab. For more information, contact <a href="mailto:hawkesj@nvdpl.ca">hawkesj@nvdpl.ca</a>; registration is not required.

**Neurodivergent & Thriving** – Foundry North Shore presents a free community conversation focused on supporting neurodivergent youth on Wednesday, June 7 from 7:00pm-9:00pm at Mountainside Secondary. For more information or to register, see <a href="https://www.eventbrite.com/e/neurodivergent-thriving-tickets-633534908967">https://www.eventbrite.com/e/neurodivergent-thriving-tickets-633534908967</a>.

Capilano Community Services Art Therapy – Capilano Community Services presents an 8-week long art therapy program for youth (age 14-18) from 3:30pm-4:30pm on Thursdays, June 1-July 27 at Lions Gate Community Centre. This program will tackle confidence and self-esteem; no previous experience is necessary. To register or find out more, contact nick@capservices.ca. Applicants must be available for all sessions.

Cap Talks: An Integrative Approach to Mental Health – Capilano Community Services Society presents a talk with Dr. Taylor Thurston on enhancing mental health through lifestyle changes, therapies, personalized treatment and more. The event takes place from 6:30pm-8:30pm on Wednesday, June 7 at Lions Gate Community Centre. To register or find out more, see <a href="https://www.eventbrite.com/e/captalks-dr-taylor-thurston-nd-tickets-633590445077?aff=ebdssbdestsearch">https://www.eventbrite.com/e/captalks-dr-taylor-thurston-nd-tickets-633590445077?aff=ebdssbdestsearch</a>.

Youth Leadership Millennium – SUCCESS presents a free leadership program for youth (age 15-30) who can commit both in-person and online. YLM is an 8-month long leadership program that offers 120 service hours, training certificates, reference letters and more. For more information or to register, see <a href="https://successbc.ca/ylm/">https://successbc.ca/ylm/</a>.

Coast Mental Health Peer Support Program – Coast Mental Health presents a young adult training program in July for youth (age 19-30) interested in pursuing peer support work. The deadline to apply is Wednesday, May 31. For more information and application forms, contact <a href="mailto:Ophelia.kehila@coastmentalhealth.com">Ophelia.kehila@coastmentalhealth.com</a>.



**Reuse It & Upcycle Fair** – Urban Repurpose is hosting an upcycling fair, art show and market on Sunday, July 9 from 10:00am-4:00pm. To find out more information or to participate, see **https://www.urbanrepurpose.ca/re-use-it-fair**.

**Go By Bike Week** – HUB presents Go By Bike Week in Metro Vancouver from Monday, May 29-Sunday, June 4. For more information or to register, see <a href="https://bikehub.ca/registration">https://bikehub.ca/registration</a>.

#### **Volunteering and Jobs**

**City Public Engagement Event** – The City of North Vancouver's Planning & Development department is seeking youth (grade 8-12) volunteers to help facilitate an event at Civic Plaza on June 3<sup>rd</sup> from 9:30am-2:30pm. Volunteers will act as greeters, facilitating a graphic artist, a Lego station, and a zoning board game. Contact **emacdonald@cnv.org** to express interest.

City Park Stewards – The City of North Vancouver's Park Stewards program is seeking volunteers an invasive pull at Mahon Park from 9:00am-12:00pm on Saturday, May 27. Register at <a href="https://www.cnv.org/your-government/living-city/get-involved/city-park-stewards">https://www.cnv.org/your-government/living-city/get-involved/city-park-stewards</a>.

**NVCL Opportunities** – North Vancouver City Library is seeking general volunteers. For more information, see <a href="https://www.nvcl.ca/teens-community-hub">https://www.nvcl.ca/teens-community-hub</a>.

**NVRC Opportunities** – North Vancouver Recreation and Culture is seeking volunteers for general recreation. For more information, see <a href="https://www.nvrc.ca/about-us/employment-volunteering/volunteering">https://www.nvrc.ca/about-us/employment-volunteering/volunteering</a>.

**MONOVA Opportunities** – The Museum and Archives of North Vancouver is seeking volunteers for events, gallery ambassadors, and school programs. For more information, see <a href="https://monova.ca/volunteering/">https://monova.ca/volunteering/</a>.

**Edible Garden Project Volunteer Opportunities** – The Edible Garden Project is seeking volunteers for a variety of positions as well as drop-in volunteer sessions on Wednesdays from 3:00pm-5:00pm. More information and application forms available at <a href="https://ediblegardenproject.com/volunteer/">https://ediblegardenproject.com/volunteer/</a>.

North Shore Neighbourhood House Opportunities - To apply, see https://www.nsnh.bc.ca/get-involved/volunteer/.

Presentation House Theatre Opportunities – To apply, see <a href="https://www.phtheatre.org/support-pht-2/volunteer/">https://www.phtheatre.org/support-pht-2/volunteer/</a>.

Family Services Opportunities – To apply, see <a href="https://www.familyservices.bc.ca/volunteer-with-us/">https://www.familyservices.bc.ca/volunteer-with-us/</a>.

### **Ongoing Programs**

**NVCL Youth Drop-In** – The Room on the 2<sup>nd</sup> Floor of North Vancouver City Library is reserved for youth (grade 7-12) Monday-Thursday from 3:00pm-6:00pm and Friday from 3:00pm-5:00pm to hang out with friends, complete homework,





read, use computers, etc. Registration is not required. See <a href="https://www.nvcl.ca/teens-community-hub">https://www.nvcl.ca/teens-community-hub</a> for more information.

**NVRC Youth Centre Drop-In** – For a full schedule of drop-in programs, see <a href="https://nvrc.perfectmind.com/23734/Clients/BookMe4?widgetId=191b3742-8801-4eb9-bbfa-abb28439f20c">https://nvrc.perfectmind.com/23734/Clients/BookMe4?widgetId=191b3742-8801-4eb9-bbfa-abb28439f20c</a>.

**West Van Youth Drop-In Programs** – West Vancouver Youth Services offers a number of drop-in opportunities for youth (grade 6-12) from Monday-Saturday. All youth spaces are open and pre-registration is not required. For a full schedule of drop-in programs, see <a href="https://recschedules.westvancouverrec.ca/schedules/youth-spaces">https://recschedules.westvancouverrec.ca/schedules/youth-spaces</a>.

**MONOVA Sensory Friendly Sundays** – MONOVA presents sensory friendly programming one Sunday per month from 9:00am-11:00am geared towards for neurodiverse visitors of all ages. For more information or to book a time, see <a href="https://monova.ca/sensory-friendly/">https://monova.ca/sensory-friendly/</a>.

**Fearless: Youth Empowering Programming** – North Shore Women's Centre presents expanded youth program with a vision to become a "girls hub" for female-identifying and gender diverse youth. For more information, see <a href="https://www.northshorewomen.ca/fearless">https://www.northshorewomen.ca/fearless</a>.

Wired 4 Success – Hollyburn Community Services Society offers an ongoing 13 week program designed for youth (age 16-30) with barriers to employment. This program offers individualized planning, financial support, work experience and education encouraging youth to secure employment in their field of interest. See <a href="https://www.hollyburn-society.ca/youth/wired-for-success/">https://www.hollyburn-society.ca/youth/wired-for-success/</a> to register or find out more information.

Youth Employment Skills and Strategy (YESS) – Impact North Shore presents an ongoing program for newcomer youth to develop skills and gain work experience. For more information, see <a href="https://impactnorthshore.ca/our-workshops/youth-employment-skills-and-strategy-yess-program/">https://impactnorthshore.ca/our-workshops/youth-employment-skills-and-strategy-yess-program/</a>.

North Shore PACT – The CMHA has launched a civilian-led team that will respond to crisis calls related to mental health and substance use on the North Shore. Youth (age 13+) can receive over the phone or in-person help with a range of mental health issues. See <a href="https://northwestvancouver.cmha.bc.ca/programs-services/peer-assisted-care-team-pact/">https://northwestvancouver.cmha.bc.ca/programs-services/peer-assisted-care-team-pact/</a> for more details.

**Foundry Sea to Sky** – Foundry has opened a new location at 38648 Buckley Ave in Squamish. For more information, see <a href="https://go.foundrybc.ca/e/863241/sea-to-sky-/bqdqcy/2381919475?h=hX6dy4Eg8\_5R7rbxfPsoEOuOIPCR8dble-Z7DtxFJSw">https://go.foundrybc.ca/e/863241/sea-to-sky-/bqdqcy/2381919475?h=hX6dy4Eg8\_5R7rbxfPsoEOuOIPCR8dble-Z7DtxFJSw</a>.

**Provincial Youth Wellbeing Resource** – For provincial resources for youth mental health and wellbeing, see <a href="https://wellbeing.gov.bc.ca/youth-mental-health-and-wellbeing">https://wellbeing.gov.bc.ca/youth-mental-health-and-wellbeing</a>.

**NS Connexions Respite Program** – North Shore Connexions offers a respite program for children and youth with intellectual disabilities and their families. The program offers one-to-one support, activities that encourage growth and independence, and opportunities to engage with the community. For more information, see <a href="https://nsconnexions.org/services/community-respite/">https://nsconnexions.org/services/community-respite/</a>.





# **Summer Learning**

Please note that North Vancouver **Summer Learning will be held at Argyle Secondary School this summer**. Registration closes on June 23<sup>rd</sup> at 12 noon and there is still limited space in some of the courses. Please see the <u>Summer Learning</u> website for more information.

# **Upcoming Events**

June 7 - Late Start @ 9:52am

June 8 - Year-End Band Concert @ 7:00pm

June 10 - Music Car Wash Fundraiser

June 14 - Carson Advisory

June 16 - Mandatory Grad Ceremony Rehearsal @11:00am

June 16 - Year-End Dance Show @ 7:00pm

June 18 - Father's Day

I hope you have a great weekend.

Sincerely,

Suzette Dohm Principal