



Friday, March 11th, 2022

Dear Carson Graham Community,

From all of us here at Carson, we would like to wish you a restful and relaxing Spring Break. The first couple of months of 2022 have certainly flown by. It is time for all of us to take care of ourselves and enjoy some time with family and friends. Explore, play, rest and rejuvenate! We look forward to connecting again when school resumes on March 28<sup>th</sup> (Day 2).

### **Upcoming Changes to COVID-19 Province-Wide Restrictions**

As shared by Provincial Health Officer Dr. Bonnie Henry on Thursday, March 10, when K-12 schools return from Spring Break, which for the North Vancouver School District is on Monday, March 28, **masks will no longer be required for students, staff and visitors**. The decision to wear a mask or face covering is a personal choice for everyone, and one that should be supported and treated with respect.

For more information on additional upcoming changes to province-wide restrictions, click [HERE](#). For information specific to K-12 schools, click [HERE](#).

### **Parent Teacher Interviews**

Parent Teacher Interviews will occur on Wednesday, April 13 from 2:00-4:00 and 6:00-8:00 pm. Interviews will once again be virtual on Teams. Watch for instructions on how to sign-up the first week back from Spring Break.

### **PAC Meeting Date Change**

Please note that the upcoming PAC meeting has been rescheduled to April 6<sup>th</sup> at 7:00 pm.

### **Take Action Art Contest**

#### **How can you inspire others to take action against climate change?**

As part of the NVSD's first Climate Action and Sustainability Week, we are calling all aspiring artists, ages 5 to 18, to create a 2D or 3D piece of art that illustrates this year's theme of "Taking Action for the Environment".

Individual and class prizes will be awarded in three divisions:

Primary - Kindergarten to Grade 3

Intermediate - Grade 4 to Grade 7

Secondary - Grade 8 to Grade 12

**The deadline for submissions is April 5th.** For more information about the contest, prizes, and rules visit: [https://my44.sd44.ca/group/qp1fjs4/Pages/Art-Contest.aspx#/="](https://my44.sd44.ca/group/qp1fjs4/Pages/Art-Contest.aspx#/=).

### **Teen Mentoring Program**

We are looking for teen mentors to work with students from Westview Elementary. The North Vancouver School District has a partnership with Big Brothers of Vancouver who run this program and they are accepting applications





from all grade 9, 10 and 11 students at Carson. We are looking for volunteers who want to be safe, positive role models to children in grades 1-7. Although the start date is still to be determined, mentors will go to Westview on Wednesdays from 3:30-4:30 pm and play games, do arts and crafts, build a connection and have fun. This is a great way to give back to the local community and collect service hours at the same time! Click [here](#) to apply.

### Rapid Antigen Tests for K-12 Students

A reminder to those students who have not picked up their Rapid Antigen Tests that they can be pick up a kit from the main office. Information on when and how to use the tests is provided in an [information sheet](#) prepared by the Ministry of Education.

### Opportunities for Students and Families

#### Events, Workshops & More

#### Think Global, Plan & Lead Local - Youth4Action Leadership Boot Camp

At this fun and highly interactive leadership boot camp, we will take a deeper dive to explore the choices we face as our region's population grows. How do our daily choices and actions as citizens (and youth leaders) affect sustainability? Together we will:

- Interact with regional planners to find out how long-term plans can shape our region and share feedback about plans we're working on, such as Metro 2050 and the Regional Parks Plan
- Join a hackathon to explore links between student leadership, Metro Vancouver Priorities and the United Nation's Sustainable Development Goals
- Connect with other student leaders who are passionate about making a positive impact for people and planet!

[Register now for this Youth4Action Leadership Boot Camp – March 14 & 15, 10:00 am to 2:30 pm](#)

**Filming the Future: Spring Break Filmmaking Program** – North Vancouver City Library and The Cinematheque present a free five-day filmmaking workshop for youth (age 13-18). The workshop takes place in-person at NVCL's collaborator from March 14-18 from 12:00pm-4:00pm. To register or find out more information or to register, see <https://www.nvcl.ca/calendar?trumbaEmbed=view%3Devent%26eventid%3D158037146> or contact [Kate Longley \(klongley@cnv.org\)](mailto:klongley@cnv.org).

**Nowruz Celebration with VICO** – North Vancouver City Library presents a virtual Nowruz celebration on Saturday, March 19 from 11:00am-12:15pm. To register or find out more information, see <https://www.nvcl.ca/calendar?trumbaEmbed=view%3Devent%26eventid%3D158366387>.

**ISCBC Youth Mini Summit: Environmental Leadership** – The Invasive Species Council of BC is hosting a virtual environmental summit on Saturday, March 12 starting at 1:00pm. For more information or to register, see <https://bcinvasives.ca/news/youth-mini-summit-environmental-leadership/?fbclid=IwAR3Xu55vmBBBWO-CI1x9dl-1s8hxtumseXZhCqgJjbwR7bMJBpVxN9s80v0>.

**Call For Youth Artists** – Impact North Shore is seeking youth artists (age 16-29) to showcase their art (painting, dance, music, spoken word, etc.) around the theme of Community Connections and Belonging. The Evening of Art event takes place from 6:30pm-8:00pm on Tuesday, March 29. To submit a proposal, contact [Bahar Taheri \(bahartaheri@gmail.com\)](mailto:bahartaheri@gmail.com); for more information on the event, see <https://impactnorthshore.ca/our-workshops/an-evening-of-art-exploring-community-connections-and-belonging/>.

#### Volunteering and More





**Earth Day 2022** – The City of North Vancouver’s City Park Stewards program is looking volunteers to participate in Earth Day at Mosquito Creek Park from 10:00am-1:00pm on Saturday, April 23. Register at <https://www.cnv.org/your-government/living-city/get-involved/city-park-stewards> or contact **Frances Ramsay** ([parkstewards@cnv.org](mailto:parkstewards@cnv.org)) for more information. Registration opens Tuesday, March 22.

**Policeman’s Helmet Pull** – The City of North Vancouver’s City Park Stewards program is looking volunteers to participate in an invasive pull at Heywood Park from 9:00am-12:00pm on Saturday, May 28. Register at <https://www.cnv.org/your-government/living-city/get-involved/city-park-stewards> or contact **Frances Ramsay** ([parkstewards@cnv.org](mailto:parkstewards@cnv.org)) for more information. Registration opens Tuesday, April 26.

**Invasive Pull** – The City of North Vancouver’s City Park Stewards program is looking volunteers to participate in an invasive pull at Heywood Park from 9:00am-12:00pm on Saturday, June 18. Register at <https://www.cnv.org/your-government/living-city/get-involved/city-park-stewards> or contact **Frances Ramsay** ([parkstewards@cnv.org](mailto:parkstewards@cnv.org)) for more information. Registration opens Tuesday, May 31

**NVCL Opportunities** – North Vancouver City Library is seeking general volunteers. For more information, see <https://www.nvcl.ca/using-the-library/teen/get-involved/for-teens>.

**NVRC Opportunities** – North Vancouver Recreation and Culture is seeking volunteers for aquatics, early years, special events, fitness and general recreation. For more information, see <https://www.nvrc.ca/about-us/employment-volunteering/volunteering> or contact [volunteer@nvrc.ca](mailto:volunteer@nvrc.ca).

**MONOVA Opportunities** – The Museum and Archives of North Vancouver is seeking volunteers for events, gallery ambassadors, and school programs. For more information, see <https://monova.ca/volunteering/> or contact **Andrew Hildred** ([hildreda@monova.ca](mailto:hildreda@monova.ca)).

**Edible Garden Project Opportunities** – The Edible Garden Project is seeking volunteers for a variety of positions as well as drop-in volunteer sessions on Wednesdays from 3:00pm-5:00pm. More information and application forms available at <https://ediblegardenproject.com/volunteer/>.

**North Shore Neighbourhood House Opportunities** – NSNH is seeking volunteers for multiple positions. For more information or to apply, see <https://www.nsnh.bc.ca/get-involved/volunteer/> or contact **Amal Hasan** ([ahasan@nsnh.bc.ca](mailto:ahasan@nsnh.bc.ca)).

**Ecology Centre Opportunities** – The Lynn Canyon Ecology Centre is seeking volunteers for multiple positions. For more information or to apply, see <https://ecologycentre.ca/volunteer-opportunities/>.

**Presentation House Theatre Opportunities** – Presentation House is seeking volunteers for multiple positions. For more information or to apply, see <https://www.phtheatre.org/support-pht-2/volunteer/>.

**Family Services Opportunities** – Family Services of the North Shore is seeking volunteers for a variety of initiatives. Apply at <https://www.familyservices.bc.ca/volunteer-with-us/> or contact **Michele Varley** ([volunteer@familyservices.bc.ca](mailto:volunteer@familyservices.bc.ca)).

**NSCSS Opportunities** – North Shore Crisis Services Society is seeking volunteers (age 16+) to assist at The Good Stuff Connection Clothing Store & Program. For more information, see <https://nscss.net/get-involved/#career>.





**ISCBC Community Science Youth Team** – The Invasive Species Council of BC is seeking volunteers for the Community Science Youth Team. Get your hands dirty with fieldwork, engage in skill-building workshops and gain community service experience. For more information or to apply, see <https://bcinvasives.ca/take-action/community-science/youth-team/>.

**Roots Mentoring** – Big Brothers of Greater Vancouver is seeking teen volunteers to mentor children in grades 1-6. The program requires a weekly one-hour commitment of mentoring after-school and consistent participation in YouthLeadership throughout the school year. For more information or to apply, see <https://www.bigbrothersvancouver.com/our-programs/roots/>.

### Ongoing Programs

**NVCL Youth Drop-In** – The Room on the 2<sup>nd</sup> Floor of North Vancouver City Library is reserved for youth (grade 7-12) Monday-Thursday from 3:00pm-6:00pm and Friday from 3:00pm-5:00pm to hang out with friends, complete homework, read, use computers, etc. Registration is not required. See <https://www.nvcl.ca/calendar> or contact [teens@nvcl.ca](mailto:teens@nvcl.ca) for more information.

**Youth Centre Drop-In** – NVRC's Youth Centres are now open is open for drop-in. For a full schedule of drop-in programs, see <https://nvrc.perfectmind.com/23734/Clients/BookMe4?widgetId=191b3742-8801-4eb9-bbfa-abb28439f20c>.

**DWV Youth Drop-In Programs** – West Vancouver Youth Services offers a number of drop-in opportunities for youth (grade 6-12) from Monday-Saturday. All youth spaces are open and pre-registration is not required. For a full schedule of drop-in programs, see <https://recschedules.westvancouverrec.ca/schedules/youth-spaces>.

**MONOVA Sensory Friendly Mornings** – MONOVA presents sensory friendly programming one Sunday per month from 9:00am-11:00am geared towards for neurodiverse visitors of all ages. For more information or to book a time, see <https://monova.ca/sensory-friendly/>.

**Wired 4 Success** – Hollyburn Community Services Society offers an ongoing 13 week program designed for youth (age 16 to 30) with barriers to employment. This program offers individualized planning, financial support, work experience and education encouraging youth to secure employment in their field of interest. Contact **Louise Aronsson** ([laronsson@hollyburnsociety.ca](mailto:laronsson@hollyburnsociety.ca)) or **Chantal Duarte** ([cduarte@hollyburnsociety.ca](mailto:cduarte@hollyburnsociety.ca)) to register or find out more information.

**Young & Recovering** – Foundry North Shore and CMHA are hosting bi-weekly peer-led support groups for youth working towards active recovery from drugs and alcohol. The group meets on Tuesdays from 4:00pm-5:00pm at **Foundry** (<https://foundrybc.ca/northshore>).

**NSWC Girls Empowerment Group** – North Shore Women's Centre presents a weekly group empowering youth through arts, workshops and presentations from leaders and champions of gender justice in our community. This free program is open to female and femme youth (age 12-18) from 4:00pm-5:00pm on Wednesdays January 12-May 11. To register or find out more information, see <https://docs.google.com/forms/d/e/1FAIpQLSdnAfxlFCZsj0uhFoPPNdygGLJISigj6lZgghLwpawlwYdMGgg/viewform> or contact **Emily Booker** ([emily.booker@mail.mcgill.ca](mailto:emily.booker@mail.mcgill.ca)).

**North Shore PACT** – The CMHA has launched a civilian-led team that will respond to crisis calls related to mental health and substance use on the North Shore. Youth (ages 13 and up) can receive over the phone or in-person





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help with a range of mental health issues. See <https://northwestvancouver.cmha.bc.ca/programs-services/peer-assisted-care-team-pact/> for more details.

**Provincial Youth Wellbeing Resource** – For provincial resources for youth mental health and wellbeing, see <https://wellbeing.gov.bc.ca/youth-mental-health-and-wellbeing>.

**NS Connexions Respite Program** – North Shore Connexions offers a respite program for children and youth with intellectual disabilities and their families. The program offers one-to-one support, activities that encourage growth and independence, and opportunities to engage with the community. For more information, see <https://nsconnexions.org/services/community-respite/> or contact **Amanda Jordan** ([amandaj@nsconnexions.org](mailto:amandaj@nsconnexions.org))

### Upcoming Events

March 14 - 25 - Spring Break  
March 17 - St. Patrick's Day  
March 22 - World Water Day  
March 28 - School reopens (Day 2), Start of Grade 8 Rotation 2  
March 30- April 1- Learning Survey for Grade 10 & 12 Students  
April 2- World Autism Awareness Day  
April 3- Ramadan Starts  
April 4-April 8- PreVenture Survey for Grade 8 & 9 Students  
April 6 - Late Start @ 10:00am, PAC Meeting @ 7:00 pm  
April 11-14 - NVSD Climate Action and Sustainability Week  
April 13- BeAware Fair, Early Dismissal @ 1:00 pm, Parent Teacher Interviews (2-4:00 pm and 6-8:00 pm)  
April 14- Shoreline and Community Cleanup, Early Dismissal @1:00 pm  
April 15- Good Friday (Schools Closed)  
April 17- Easter Sunday  
April 18- Easter Monday (Schools Closed)  
April 20- EPIC Wednesday  
April 21- April 22- PISA Survey for Selected Grade 10 Students  
April 21- Grade 9/10 Elective Change  
April 22- Earth Day  
April 25- 29- Literacy 12 Assessments  
April 29- Report Cards Published  
May 17 afternoon- Grade 12 Exit Interviews (early dismissal for all students)  
June 13- 17- Literacy 10 & Numeracy 10 Assessments

Best Regards,

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Principal

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