

WHEN SHOULD I KEEP MY SICK CHILD HOME FROM SCHOOL?

Things to consider:

- If a child is sick, they need to rest or their recovery could be delayed.
- The ability of your child to function and learn at school.
- The prevention of the spread of illness to other children and families or to school staff.
- The inability of the school to look after your child.

Please keep your child home if he/she:

- Have symptoms such as persistent cough, constant runny nose, vomiting or diarrhea. If these symptoms do not clear up within a reasonable time, please see your family doctor.
- Have a suspected or known communicable disease (ie. Pink eye, Mumps, measles, rubella, chicken pox, whooping cough, gastrointestinal illnesses).
- Has a fever. Your child must be free of a fever for 24 hrs. before sending them to school.
- Is too sick to participate in all normal school activities.

Keep them home until they are no longer infectious. Infectious periods vary with the disease. For more information:

- Contact **Public Health** at (604) 983-6700 or your family doctor if you have questions.
- Or BC Health Guide Online and BC Health Files: <http://www.bchealthguide.org>
- BC Nurseline 24 hours at: **(604) 215-4700** or Toll free **1-866-215-4700**

Should the school find it necessary to send your child home because of illness, please ensure you have made alternate arrangements if you are not available. **Please inform your school of these arrangements.**

Here's to a healthy school year!