

Capilano Elementary Parenting Series

Presented by family therapist **Colleen Drobot**

Based on the approach of Dr. Gordon Neufeld

Development

Love

Connection

Resilience

COMPASSION

Attachment



5 Sessions at the Capilano Elementary Gymnasium

Relationship Matters: Helping our Children Realize their Fullest Potential

Thursday October 26th, 7:00 - 8:30 pm

Cultivating Resilience in Children

Thursday November 23rd, 7:00 - 8:30 pm

Parenting in the Lead: the Importance of Parenting from the Alpha Position

Monday January 22nd, 7:00 - 8:30 pm

You're Not the Boss of Me: Understanding Defiance & Cultivating Cooperation

Thursday March 1st, 7:00 - 8:30 pm

Discipline that Doesn't Divide

Thursday April 26th, 7:00 - 8:30 pm

Tickets

For Capilano Elementary parents visit munchalunch.com

For PH parents, parents of kids from Sunflower Preschool or Bonnie Bairns Daycare: tickets are available at the door for \$20

For more information please visit capilanopac.com