



Capilano Newsletter



Message to Capilano Families

December 10, 2023

As we near the end of this calendar year, we are grateful for your compassionate support and collaborative partnership. We have been able to participate in many learning activities this year and look forward to the festive ones coming up, especially those that involve the community. We have enjoyed welcoming our community into the school to support student learning and community connections through the Scholastic Book Fair and Student-Family-Teacher Conferences. And now, we are looking forward to many fun December events: Multi-Age Group Activity, Intermediate Winter Concert, PAC Capilano Holiday Breakfast, and more. As well, to spread light and joy during this winter month, we have relaunched the Days of Gratitude Challenge at Capilano. Please read more about these events below!

As well, a reminder that with the new Reporting Order, we will be publishing Written Learning Updates for Term 01 on MyEd on December 15th. Staff have worked very hard to complete these updates to inform families of their child's progress so we hope that you will take the time to read them. They will be published and available for viewing by the end of the day on December 15th. Families will be able to view their child's Written Learning Update on MyEd and their child's upload of their Self-Assessment of the Approaches to Learning (Core Competencies) with evidence of their learning on ManageBac. To login to MyEd click here: [MyEducation BC: Log On \(gov.bc.ca\)](https://www.gov.bc.ca/myeducation) and to login to ManageBac click here: [ManageBac | Login](https://www.managebac.ca). If you require assistance with logging in, please email capilano@sd44.ca.

A reminder to families who might be leaving for winter break slightly earlier due to planned vacations to please let the **classroom teacher** AND capilano@sd44.ca know of your child's absence. Due to the inquiry-based nature of the PYP program, much of the learning is student led and hands-on, so it might not be as easy to predict what your child might miss in their extended absence. Therefore, classroom teachers might not be able to provide work in advance of vacations, but they will support your child upon their return as appropriate. Thank you for your understanding!

We will continue to share updates in our monthly newsletter are important dates, news, updates, and a celebration of learning happening at our school. Also, please remember to continue to check our website: [Capilano Elementary](https://www.capilanoelementary.ca)

We appreciate your collaborative support and look forward to seeing many of you at the opportunities in December!

Jeeniece Chand Alaina Denny
Principal Vice Principal

Important Dates

- **Wednesday, December 13:** Intermediate Winter Concert at 6pm (for Intermediate Families – see more below)
- **Friday, December 15:** Term 01 Written Learning Updates (Report Cards) Published
- **Friday, December 22:** PAC Capilano Holiday Breakfast
- **Friday, December 22:** Last Day of Classes Before Winter Break
- **December 25, 2023 – January 5, 2024:** Winter Break (No School)
- **Monday, January 8:** School Re-Opens After Winter Break



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Capilano News & Updates

Winter Weather and Capilano Snow Volunteers

As we head into the cold and winter months, we highly recommend that learners dress for the weather and keep an extra set of clothes at the school. Since we learn in North Vancouver, we go out on most days, so it is important to ensure we are ready for rain and/or snow.

With snow in the forecast, please take a few moments to read our [winter weather procedures](#). Weather-related updates will be posted to the school district website. Families: [sign up to receive text message alerts](#) regarding severe weather, power outages and other emergencies.

Please email jchand@sd44.ca if you might be available and willing to help us shovel around the school in the morning on days it has snowed, it would be incredibly appreciated. We will send a quick email to provide a heads-up if there is snow in the forecast. As many hands make light work, the admin team would be so grateful for the help! Thank you! 😊

Intermediate Winter Concert: Winter Holiday Memories!

Save the date! The Intermediate Winter Concert will be on **Wednesday, December 13th, 2023**. Intermediate students and their families (maximum 2 per family due to gym capacity limits) will arrive at around 6:00pm. The performance will start at 6:15pm in the gym at Capilano Elementary. Non-perishable donation collection at entry, if your family would like to participate. Further information can be provided by your child's classroom teacher or Mr. Kostamo.

Scholastic Book Fair – Update

We did amazingly well with fundraising this school year during the Scholastic Book Fair. Thank you to those families who volunteered their time or visited the Book Fair. Ms. Farrell is so proud that we were able to exceed our sales from last year and is looking forward to using some of the Scholastic credits to purchase books and resources for the school. A giant THANK YOU to Ms. Farrell for her hard work, time, and dedication in making the Scholastic Book Fair a success!

Gradually Shifting Student Entry into Capilano

Due to post-pandemic effects and other such social-emotional factors, the staff had identified that students seemed to be needing support entering the building last year. As such, we started this school year with line-ups to actively support our learners to enter the building in a calm and respectful manner. Lining up on the gravel field has supported staff being able to connect with children and support the teaching of walking into the building in an appropriate way. The staff's goal was to ensure this teaching was in place before supporting students in being able to do this independently by gradually releasing the need for lining up. At this time, the staff are hoping to trial this by providing the opportunity for students to independently enter the building during recess and lunch (aside from the Kindergarten process which has always been the same due to many reasons). We will continue to use specific doors for grade groups to enter the building to help with streamlining the flow; there has been a slight shift for Grade 6s to use Door B and Grade 7s to use the Front Door. Based on how the next two weeks proceed, more information will be provided to students and families in early January as to how we will be proceeding with entering the building for the remainder of the school year. For now, during morning drop-off, students will continue to line-up at their Division sign in the morning and staff will continue to meet them there to enter the building.

Capilano School Plan

As part of our School Plan, we continue to work on our school goal which is alignment with our [NVSD Strategic Plan](#).

Goal: Enhancing our Sense of Community through Compassionate Integrity – By supporting our community's social and emotional well-being and our sense of belonging at Capilano, through mindfulness of:



- Approaches to Teaching and Learning
- Diversity of Students, Families, and Staff
- Community Connections

We have been focusing our professional development, practices, actions, teaching, and learning at Capilano to be in alignment with our School Plan goals. We have some innovative learning planned for staff for the upcoming months and are eager to implement the new learning into our daily teaching practice as we continue to move forward together!

Gratitude Challenge

As always, we are finding ways to express gratitude to show acts of kindness and to spread happiness. Similar to last year, we will share daily challenges for acts of gratitude with our learning community. Students, staff, and families are welcome to partake in the daily challenges. Please feel free to ask your child about how they plan to show gratitude this month. A copy of this year's Gratitude Challenge is attached at the end of the newsletter.

Code of Conduct and Second Step

We have been supporting our learners social-emotional, mental, and physical health through various strategies. This has included the school-wide review of our Code of Conduct and implementation of the school-wide Second Step program. We hope that you will be able to use the language we share in our monthly newsletters to support this learning at home. This month, we ask you to review the importance of being respectful.

As part of our Code of Conduct - Capilano ROCKS (Respectful, Open-Minded, Cooperative, Kind, Safe): As part of our Code of Conduct, we are Respectful. We respect others by using encouraging words and remembering to respect personal space. We respect the environment by leaving it the way it is and by putting litter in the appropriate bins. And, with winter weather, we remember to be respectful of other's snow creations. We continue to ask our learners to be safe when making choices outdoors. When we act in safe ways, we keep our bodies to ourselves. This month, we encourage our learners to think about how we can act and speak with respect in the classroom, hallway, and when playing outdoors.

Second Step Message: Being respectful helps everyone feel like they are in a welcome and safe learning community. When we act respectfully, we listen carefully to each other, help each other, and try to understand how someone else feels. When we speak respectfully, we use friendly words and say please and thank you. We don't call other people names. This month, we encourage our learning community take time to greet others and invite them to play.

IB Learner Profile – December's Focus: Thinker

As part of Capilano's School Plan, we are also focusing on enhancing our sense of community through compassionate integrity by supporting our community's social and emotional well-being and our sense of belonging at Capilano. To support this goal, we are hoping to collaborate using our home-school partnership to discuss different important topics in a mindful manner. Over the year, we will focus on one aspect of the IB Learner Profile monthly; the month's focus will be launched by Mr. Kaboli (our IB Coordinator) and Mrs. Farrell (our Teacher-Librarian) during LIVE with Mrs. Farrell. We are hoping that the completion of the Capilano Learner Profile Reflection will encourage these important conversations at home, thereby reinforcing the learning taking place at school. A few selected sheets returned will be posted on our school IB Learner Profile Feature Board outside the library and a few excerpts will be read on the school announcements and included in the monthly Capilano Newsletter. The completed reflection is due to the Principal's Drop Box outside the library by the end of the month! Good luck and happy reflecting! Physical copies of sheets should have come home already, and a digital copy is attached at the end of the Newsletter.

A few excerpts from students' reflections for November's Focus: Knowledgeable and December's Focus: Thinker will be shared in the upcoming Newsletter.



PAC Updates

PAC Capilano Holiday Breakfast

Mark your calendars for a Holiday Breakfast on **Friday, December 22**. Tickets available starting Friday, December 8 via MunchaLunch. Click here: [MunchaLunch](#) Please note: This is a family event so all children should be supervised during the event by their parents/guardians until the start of school.

PAC Communications – Sign Up for Fresh Schools!

Don't miss important updates and deadlines from the Capilano PAC – sign up for Fresh Schools, if you haven't already. Click Here: [Capilano PAC Fresh Schools Sign-Up](#)

PAC After School Programs Term 2 - Registration Opens on Mon Dec 11th

Register via via Capilano PAC Website: [Home](#) | [Capilano PAC](#)

Explore an exciting lineup of Programs for Term 2:

- Zen Maker Labs: Grades 2-3 and Grades 4-7 – Mondays
- Lights Up Musical Theatre: Grades K-7 – Tuesdays
- Paper Crow Creative: Grades K-7 – Thursdays
- NEW! Private Coaching Co Multi-Sport: Grades K-3 - Fridays, 3-4 pm.

For any further information or inquiries, reach out to the PAC's dedicated team or visit [Capilano PAC's website](#).

Celebrating Capilano

In every month's newsletter, we hope to celebrate the learning happening at Capilano by featuring a grade group. This month, we would like to feature some photos of the most recent Scholastic Book Fair. Please see below. More photos of our recent activities and from upcoming December events will be shared in an upcoming Newsletter.



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Capilano IB Learner Profile Reflection

Name: _____ Grade: _____ Teacher: _____ Date: _____

IB Learner Profile Attributes: Inquirer, Knowledgeable, **Thinker**, Communicator, Principled, Open-Minded, Caring, Risk-Taker, Balanced, Reflective

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December’s Focus: Thinker

I think carefully, critically, and creatively to make good decisions and to problem solve.

1. How are you a THINKER at home? What does this look like, feel like, and sound like?

 Draw

2. How are you a THINKER at school? What does this look like, feel like, & sound like?

 Draw

3. How are you a THINKER in the community? (This includes the virtual community)

 Draw

I give permission for excerpts of my child’s responses to be included in the Monthly Newsletter with their first name.

Parent Signature: _____

December Gratitude Challenge 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	1	2
3	4	5	6	7	8	9
Gratitude with Family at Home	Thank a member of your family for taking care of you when you are not well.	Thank a member of your family by doing an act of kindness.	Thank a member of your family for teaching you something.	Thank a member of your family for a ride.	Thank a family member for a meal made for you.	
10	11	12	13	14	15	16
Gratitude with Students at School	Thank a student who has helped you and been kind.	Thank a student by including them in a game you are playing.	Thank a student who has taught you something new.	Thank a student to brighten their day.	Thank a student by helping them with a task.	
17	18	19	20	21	22	23
Gratitude at School with Staff	Thank a staff member for keeping you safe outside.	Thank a staff member for teaching you something new.	Thank a staff member for helping you feel supported.	Thank a staff member for cheering you up when sad or hurt.	Thank a staff member by doing an act of kindness.	
25	26	27	28	29	30	31



Capilano Intermediate
Winter Concert



Winter Wonderland



December 13, 2023



Doors open at 6:00pm
Concert at 6:15pm

Non-Perishable Donation Collection
at Entry*

*All proceeds will go to The Harvest Project.

