



## *Message to Capilano Families*



*September 10, 2023*

Welcome to the 2023-2024 school year! It has been wonderful to welcome the smiling faces back to Capilano this week. As we settle into new classes, our staff is looking forward to offering fun and engaging learning opportunities. We are very excited to offer opportunities for our community to connect this school year and for our school to focus on compassionate integrity as part of our school plan. Please see below information about upcoming events that we hope will reinforce our collaborative home-school partnership so we can support the learning community in having a happy and successful 2023-2024 school year!

At the end of the first week of every month, we will share a Capilano Newsletter that captures important dates, news, updates, and celebrates learning happening at our school. Please look out for the monthly Cap News email and remember to check our website for up-to-date information: [Capilano Elementary](http://Capilano Elementary)

Good wishes to all students, staff, and families for an engaging 2023-2024 school year full of compassion!

Jeeniece Chand      Alaina Denny  
Principal              Vice Principal

### **Important Dates**

- **Monday, September 18:** School-Based Professional Development Day (No School)
- **Tuesday, September 19:** Curriculum Night & PAC Welcome Back Event (See below for more info!)
- **Mon Sept 11 – Fri Sep 22:** Terry Fox and Nancy Leith Collection of Toonies! (Run on Friday, Sept 22)
- **Thursday, September 21:** Photo Day
- **Mon Sept 25 – Fri Sep 29:** Truth and Reconciliation Week
- **Friday, September 29:** Orange Shirt Day recognized at Capilano (Wear Orange Shirt)
- **Monday, October 2:** National Day for Truth & Reconciliation (No School)



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## Capilano News & Updates

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### Staffing Updates

Information about staffing updates has been shared in the first few communications to families. Please check out the Capilano website to see the most up-to-date information: [Teaching and Support Staff - Capilano Elementary \(sd44.ca\)](https://www.capilano.ca/teaching-and-support-staff)

### Capilano Parent Advisory Committee (CPAC)

We are very grateful to the CPAC's positive support and contribution to our learning community at Capilano. The CPAC does many amazing things at Capilano, including thoughtful kindness shared with staff, to innovative fundraising events, to a variety of opportunity for families to connect with the school. We thank the CPAC Chairs & Vice-Chair (Ms. Allie Jackson, Ms. Miriam Hildahl, and Ms. Angie Mitchell) for all that they will be doing this school year to support the Capilano community. The home-school collaboration truly benefits all our learners, families, and staff. We hope that many of you will join us at the Capilano Elementary Curriculum Night & PAC Welcome Back Event.

- Please check out Capilano PAC's updated website: <https://www.capilanopac.com/>
- [FreshSchools](#) will continue to be the regular communication tool for the PAC. It is used by the PAC and Class Reps to communicate with you; it also acts as a Directory.
- **New Parents/Caregivers - Please sign-up for FreshSchools:** <https://www.freshschools.com/app/schools/capilano-elementary/register>
- **Returning Parents/Caregivers - please log into your Freshschools account and update your child's division,** this will ensure that they are included with their class list and will assist with communications coming from your Class Reps. Here's how:
  1. Log into your [FreshSchools](#) account and search for your child(ren)'s name(s)
  2. Click on the edit button
  3. On edit screen, click on the "Classes" field and select your child's class from the list. (e.g. Div 01- Gr 7, Div 14 - Gr 2, Div 18 - Gr K)
  4. When done, scroll to the very bottom and press "Save Profile"
  5. More than one child, repeat above steps.
- **Please note this information is being sent on behalf of the Capilano Parent Advisory Council. If you have any questions regarding this information, please email them at [capilanopac@gmail.com](mailto:capilanopac@gmail.com)**

### Capilano Elementary Curriculum Night & PAC Welcome Back Event – September 19, 2023

Interested in meeting your child's classroom teacher? Want to learn more about the PAC? Excited to visit your child's classroom? Join us for our Curriculum Night on Tuesday, September 19<sup>th</sup>! The following sessions will be available:

- 5:00- 5:45pm **PAC Welcome Back Event** (time to socialize over snacks outside of the school on gravel field)
  - 5:30 – 6:00pm **Kindergarten Session**
- 5:45 - 6:00pm **Gym Doors Open for Curriculum Night**
- 6:00 - 6:10pm **Welcome Back Session in the Gym**
  - *Welcome Back session starts promptly at 6:00pm – please be on time!*
- 6:10 - 6:15 *Parents/Guardians to move to their first rotation from the gym*
- 6:15 - 6:35pm **Rotation 01 (Grade 1 – 7)**
- 6:35 - 6:40pm *Move to next rotation*
- 6:40 - 7:00pm **Rotation 02 (Grade 1 – 7)**

### Terry Fox and Nancy Leith Run – September 22<sup>nd</sup>

We will be doing our annual Terry Fox and Nancy Leith Run on September 22, 2023. **We will be collecting toonies starting Monday, September 11!**



1230 20<sup>th</sup> St W, North Vancouver, B.C. V7P 2B9  
Phone: 604.903.3370 Email: [capilano@sd44.ca](mailto:capilano@sd44.ca)  
Website: [Capilano Elementary School](https://www.capilano.ca/)

## School District Permission Forms

By now you should have received a personalized email for each child from the North Vancouver School District that provide you with instructions on how to access and complete the following four forms online using School Cash Online: Impromptu Walking Field Trip Informed Consent, Personal Information Consent, Student Acceptable Use of Technology Agreement, and IB Primary Years Program Consent. Please ensure you have completed these forms ASAP.

## Schedule for 2022-2023 School Year

08:45 First Bell to line-up at the Division Sign on the Gravel Field

08:50 First Instructional Period

10:30 Recess

10:50 Second Instructional Period

12:10 Lunch Play / Eat (12:35)

13:00 Third Instructional Period (12:58 on Wed)

15:00 Classes Dismissed (14:25 on Wed) \**Early Dismissal on Wednesdays*

**Late Students** - If your child is late or coming in after 9:00am, please use the Front Door (closest to the music room) since all other doors around the school will be locked for safety purposes. Thank you!

To help with dismissal at the end of the day, it might be helpful to consider safe meeting locations outdoors. Please remind your child that if their parent/guardian is not there to pick-up on time, they should return to the main office using the Front Door (closest to the music room) so we can help make phone calls home.

## Safe and Active Travel

Back to school is also a great time for families to practice and plan for students to get to and from school in safe and active ways. We hope that families will be encouraged to walk to school using the newly installed sidewalks and crosswalks. As we will be beginning the day on the gravel field, there are now multiple routes to access this area. The easiest access points being through the playground or grass field; however, if you need to walk near the parking lot, PLEASE use the sidewalks as staff are coming and going throughout the day.

If driving your child to or from school, please remember you are in a school zone where small children move quickly and sometimes unpredictably, so drive with utmost caution. We ask that you respect all traffic laws and signs, and follow our student and parent volunteers' signals and instructions when dropping children off at the school. **Please do not drive through or park in the school parking lot.** As well, please take the time to explain and model street and traffic safety procedures to your children, and consider parking a block or two away and walking with your children to school.

**Also, please note:** New signage will be placed along the sidewalks on 21<sup>st</sup> street and Pemberton by DNV that will encourage no parking during drop-off times in the morning to allow for folks to have more space to do drop-offs safely. The drop-off routine will stay the same at the front of the school on 20<sup>th</sup> street, but signage will be updated to be seen more clearly. Please drive safely and be mindful of the updated signage around the school.

Check out NVSD's [Safe and Active Travel](#) webpage for more information, including a video featuring members of the school district community.

## Approved School Calendar for 2023-2024 School Year

The approved and updated Capilano School Calendar for the 2023-2024 school year can be found on our school website. The calendar includes early dismissal days for conferencing. However, it does NOT include any other operational dates such as Outdoor School, family evenings or athletics. These events will be added to the school monthly calendar on our school website when confirmed. Click on the following link to access the monthly calendar ([Capilano Monthly Calendar](#)) and here for the [2022-2023 School Calendar & Bell Schedule](#).



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## EARLY DISMISSAL DATES FOR CONFERENCES DURING 2022-2023 SCHOOL YEAR

- **Student-Family-Teacher Intake Conferences:** Thursday, October 12; Friday, October 13; Monday, October 16; and Tuesday, October 17
- **Student-Led Conferences:** Monday, February 12 and Tuesday, February 13

## Capilano School Plan

As part of our School Plan, we will be working on our school goal which is alignment with our [NVSD Strategic Plan](#).

**Goal: Enhancing our Sense of Community through Compassionate Integrity** – By supporting our community's social and emotional well-being and our sense of belonging at Capilano, through mindfulness of:

- Approaches to Teaching and Learning
- Diversity of Students, Families, and Staff
- Community Connections

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## *Celebrating Capilano*

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In every month's newsletter, we hope to celebrate the learning happening at Capilano by featuring a grade group. This month, we would like to feature kindergarten. We welcome our young learners as they begin their learning journey at Capilano. Our wonderful kindergarten team has created a variety of fun activities to welcome students in a manner that helps set up these young minds for success in a calm, engaging, and gradual manner. Welcome to Kindergarten!

