



AFTER SCHOOL PROGRAMS SPRING 2023

This Spring, we are offering the following after-school programs to students at Canyon Heights. The instructors will welcome the kids at the designated rooms right after school. The parents will pick up directly from the room at the end of the program. Registration is first come first serve. Space is limited, please register with the program directly. Have fun!

LIGHTS UP MUSICAL THEATRE

Sing Dance Act Shine! At Lights Up After School. Your child can experience the joys and benefits of musical theatre by taking part in our afterschool programs led by our talented and experienced Lights Up Musical Theatre Schools staff. These classes are a unique introduction to our weekend musical theatre programs and provide students with an enriching, rewarding, and most of all, fun afterschool activity right at the bell!

SPRING SHOW! THE LION KING

This Spring we will be putting on a version of the musical “Lion King,” created for our after school students!

Students are supervised from the bell. No need to pick up your child until 5.15pm! Performance for parents on last day of classes!

- Tuesdays 3:00 - 5:15pm (Apr 4 – May 30)
- 2:00 - 4:15pm on early dismissal day
- Meet at Portable

Fee: \$345 + GST (9-week Sessions)

Registration

<https://lightsuptheatre.ca/afterschool/canyon-heights/>

ARTS & CRAFTS WITH PAPER CROW CREATIVE (ALL AGES WELCOME, K-7)

We offer a fun filled arts & crafts program for your child to express their creativity and individuality. We help them build confidence and self esteem while working on their fine motor skills, literacy skills and self expression through concept to completion of a project. They will be exposed to a variety of techniques from multi media, collage, painting, clay modelling, tie dye, sewing and more. Throughout this term, we will be highlighting the fall and winter season while learning new skills and sharing our ideas in an inclusive and friendly environment.

Grades K-3

- Mondays 3:05 - 4:35pm (Apr 3 - Jun 19)
- No Class on Apr 10, May 8, May 22
- 2:05 - 3:35pm on early dismissal days
- Meet at Room 211

Fee: \$297 (9-week Sessions)

Grades 4-7

- Wednesday 3:05 - 4:35pm (Apr 5 - May 31)
- 2:05 - 3:35pm on early dismissal days
- Meet at Room 211

Fee: \$297 (9-week Sessions)

Registration

<https://www.papercrowcreative.com/after-school-program>

NORTH SHORE BASKETBALL

North Shore Basketball Academy Coaches will teach the essential skills and concepts required to have a solid foundation in the game of basketball. Sessions will progressively take participants through a series of fun drills and games that work on fundamentals like dribbling, passing and shooting along with daily games and competitions. Throughout the program, participants will learn about core life-skills like positivity, sportsmanship, teamwork, leadership, respect, health and fitness. Each participant receives an NSBA T-Shirt.

Grade K-1 Program

Participants will be introduced to a variety of sports in a fun, positive and encouraging environment. Each session will focus on teaching basic sports skills and physical literacy through an exciting games-based approach to learning.

- Mondays 3:10 - 4:10pm (Apr 3 - Jun 19)
- No class on Apr 10, May 8, May 22
- Meet at Gym

Fee: \$150 (10-week Sessions, T-Shirt Included)

Grade 2-4 Program

- Thursdays 3:10 - 4:10pm (Apr 6 - Jun 8)
- 2:10 - 3:10pm on early dismissal days
- Meet at Gym

Fee: \$150 (10-week Sessions, T-Shirt Included)

Grade 5-7 Program

- Wednesdays 3:10 - 4:10pm (Apr 5 - Jun 7)
- 2:10 - 3:10pm on early dismissal days
- Meet at Gym

Fee: \$150 (10-week Sessions, T-Shirt Included)

Registration

<https://buytickets.at/northshorebasketballacademy/867619>

MULTI-SPORT AFTER SCHOOL PROGRAM AT CANYON HEIGHTS

This excitement filled program focuses on fun, physical literacy and sport skill improvement through fun games and activities. Participants will move through a variety of sports such as basketball, soccer, tennis, football, hockey, and more.

Private Coaching Co was started two years ago in order to help put the fun back in sports and help create lifelong athletes. During the last two years they have helped thousands of athletes fall in love with sport and stay healthy and active. The Canyon Heights program aims to provide kids with a safe and fun-filled activity after school each week while allowing parents flexibility.

- Fridays 3:10 - 4:40pm (Apr 14 - Jun 23)
- No Class on Jun 2
- Meet at Gym

Fee: \$300 (10-week Sessions)

Registration

<https://clients.mindbodyonline.com/classic/ws?studioid=540379&stype=-8&stG=29&sVT=106&sView=day&sLoc=0&sTrn=100000016>

STEM PROGRAM BY ZEN MAKER LAB

Grades 2-4 / Junior Engineers

Have you ever wanted to change the world around you? Do you love dreaming up amazing mechanical contraptions to solve every day problems? Would you like to plan the amazing cities of the future? How about saving the planet from pollution? Are you fascinated by how computers work, from circuit boards to code? These are all examples of the projects that engineers tackle every single day as they work to make our lives better. Join us as we explore what it means to be an engineer, learn what types of engineer you can be, and build fun, creative engineering projects.

- Friday 3:05 - 4:05pm (Apr 14 - May 12)
- Meet at Room 211

Fee: \$225 (\$25 discount if register before March 10)

Registration

<http://zenmakerlab.com/canyon-heights>

Grades 2-4 / Engineering Civilizations - The New 7 Wonders of the World

What yummy side dish is buried in the Great Wall of China? What statue wears a hat made of lightning rods? Where can you see the sun create a serpent shadow slithering down a set of stairs? I wonder? Bring your curious minds, and a taste for history, as we travel around the world and investigate ancient civilizations and the amazing monuments they left behind. Lots of hands-on learning, WOW moments, and – for good measure – world geography.

- Friday 3:05 - 4:05pm (May 26 - June 23)

- No programs on June 2
- Meet at Room 201

Fee: \$180 (\$25 discount if register before March 10)

Registration

<http://zenmakerlab.com/canyon-heights>

Grades 5-7 / Structural Engineering: Bridges

Every day, hundreds of millions of people use bridges to cross rivers, oceans, canyons and more. There are few engineering projects in the world more important than bridges, and without them life would grind to a halt. In this hands on program, students will learn about the challenges faced by structural engineers as they plan for extreme weather, seismic activity, massive traffic and commercial needs. They'll also learn about bridges as art and architecture, built to fit a city, region or country's personality and landscape. Students will devise solutions, build prototypes, test their ideas and develop key engineering and architectural skills as they explore the wide world of bridges.

- Friday 3:05 - 4:35pm (Apr 14 - May 12)
- Meet at Room 201

Fee: \$225 (\$25 discount if register before March 10)

Registration

<http://zenmakerlab.com/canyon-heights>

Grades 5-7 / Mechatronics: Intro to Micro-controllers

What do the robots exploring Mars, heart monitors helping thousands of people live life to the fullest, and the vending machine at your school serving you tasty snacks have in common? Microcontrollers! Microcontrollers are all around us and allow us to write code for the real world. Students will build circuits with sensors to measure the world around them and then write code to act on those inputs, learning foundational skills for everything from robotics to the Internet of Things to tinkering with household appliances and modern cars.

A laptop or Chromebook with a standard USB port is required.

- Friday 3:05 - 4:05pm (May 26 - Jun 23)
- Meet at Room 201
- No program on June 2

- Laptop rental for the program: \$30 (A laptop/Chromebook is necessary you can rent one or bring your own)

Fee: \$180 (\$25 discount if register before March 10)

Registration

<http://zenmakerlab.com/canyon-heights>