## **Cross Country Schedule**

Cross country meets will take place after school on Wednesdays during the month of October (please leave Braemar as soon as you can after the bell as meets will begin quite quickly after school is over).

Date:	Location:	Hosted by:
October 2 <sup>nd</sup>	Princess Park	Carisbrook and Ross
		Road
October 9 <sup>th</sup>	Cates Park	Sherwood Park
October 16 <sup>th</sup>	Inter River Park	Blueridge
October 23 <sup>rd</sup>	Cates Park	Dorthy Lynas

You are responsible for getting yourself to the meets. Please try and organize carpools ahead of time if you need a ride. Please let Mme Cohen know by the Tuesday morning before the meet if you cannot find a ride.

Practices will continue to take place every Tuesday and Thursday morning at 8am until Tuesday, October 22<sup>nd</sup>.

Good luck and have fun!