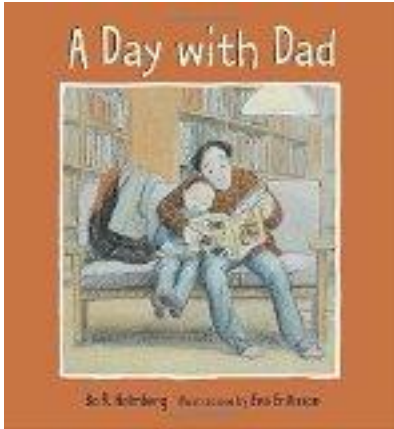


# Books on: Divorce/Separation

Books that deal with divorce and separation, either by explaining some of the common events associated with this subject, or by providing comfort to children who are finding this situation difficult.

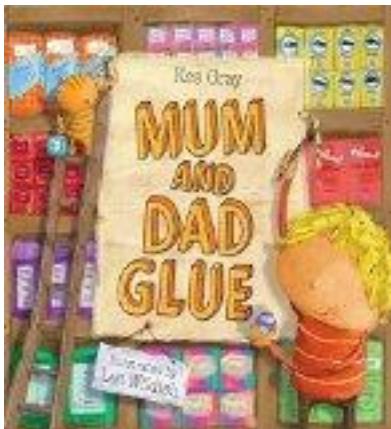


## [A Day With Dad](#)

**Author:** Bo Holmberg

**Illustrator:** Eva Eriksson

**How this book may help:** Shows how the love between a child and an estranged parent can remain strong regardless of how far apart they are.

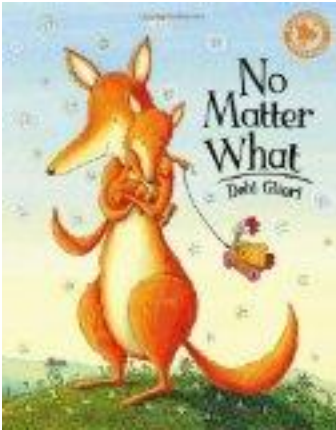


## [Mum and Dad Glue](#)

**Author:** Kes Gray

**Illustrator:** Lee Wildish

**How this book may help:** Acknowledges the emotional challenges children may feel when parents divorce or separate. Reinforces the view that the child is not to blame and will continued to be loved as before, and sometimes it is not possible to 'fix' a problem. Explains that parents can sometimes live happily apart.

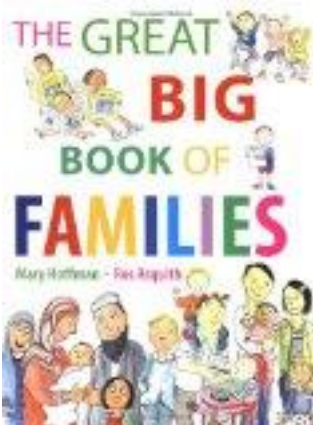


[No Matter What](#)

**Author:** Debi Gliori

**Illustrator:** Debi Gliori

**How this book may help:** May provide reassurance for an insecure or anxious child that their parents' love for them is unconditional and constant, despite the circumstances.



[The Great Big Book of Families](#)

**Author:** Mary Hoffman

**Illustrator:** Ros Asquith

**How this book may help:** Highlighting the fact that families come in all shapes and sizes, this book celebrates diversity, explaining how every personal situation is different. It's a good book for debunking the traditional storybook myth that happy families usually consist of mother, father and two children. It highlights how different humans are in other ways too, from the hobbies they choose, through to the way they think and what they choose to cook and eat.

The key theme running through the book is that every family is different, and that's OK.

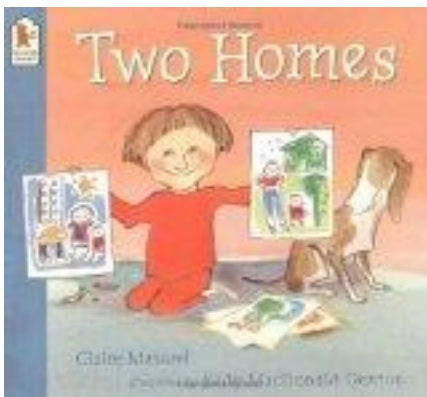


### [Space Alien at Planet Dad](#)

**Author:** Lucinda Gifford

**Illustrator:** Lucinda Gifford

**How this book may help:** Perfect for a child who is struggling to cope with adjusting to a new blended family environment. An entertaining and comforting book which has accurately captured the emotions of a child adapting to his father's new partner.



### [Two Homes](#)

**Author:** Claire Masurel

**Illustrator:** Kady MacDonald Denton

**How this book may help:** Highlighting that parents can live apart successfully and reassuring children that this situation does not mean that they are loved any less.

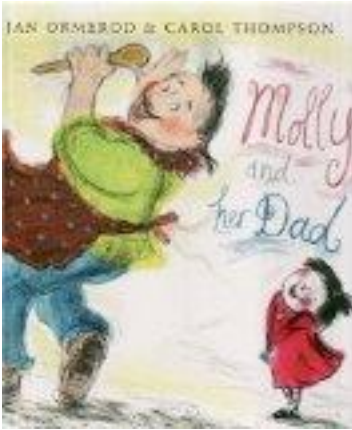


### [Two of Everything](#)

**Author:** Babette Cole

**Illustrator:**

**How this book may help:** Providing a starting point to encourage children to talk about divorce and separation. Reassuring them that they are not alone in their experiences, and parents can live happily apart.

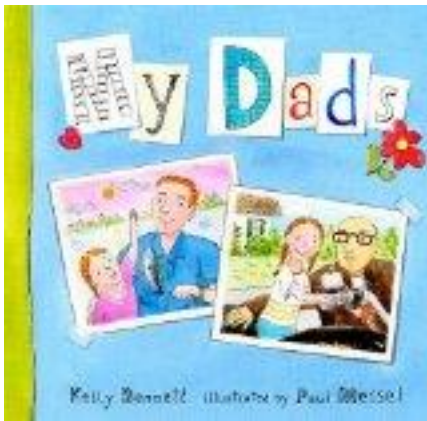


### [Molly and Her Dad](#)

**Author:** Jan Ormerod

**Illustrator:** Carol Thompson

**How this book may help:** A touching portrayal of the bonding process between a distant father and his daughter. Although their interaction is awkward at first, love shines through and their similarities become obvious to the reader. As the book progresses, Molly adopts her father's funny expressions and behaviour. Molly's dad lives a 'whole plane ride away' and she hasn't seen him since she was a baby.

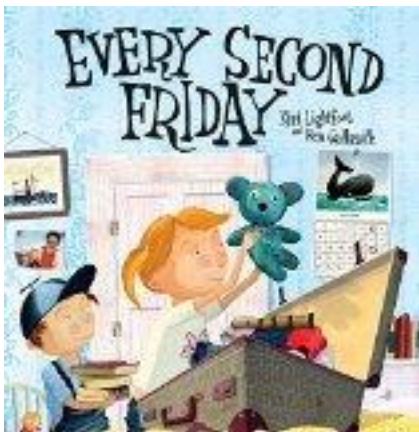


### [My Dads](#)

**Author:** Kelly Bennett

**Illustrator:** Paul Meisel

**How this book may help:** This book gives a very positive view of living within a blended family. Both men are very proactive parents and the book shows many positive images of the time they spend with their daughter. A young girl lovingly describes her two fathers, one who she calls Dad and one who she calls Pa. The book does not go into detail on the exact events which led to the girl having two fathers, but the illustrations imply that Dad is the girl's biological father and Pa is her stepfather. She explains that her fathers are very different in many ways, but they both help and support her, and in one very important way they are both exactly the same - they both love her.



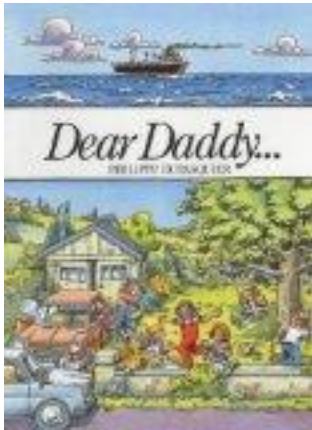
### [Every Second Friday](#)

**Author:** Kiri Lightfoot

**Illustrator:** Ben Galbraith

**How this book may help:** This book may reinforce the fact that a parent's love for a child is constant regardless of circumstance. A child with parents living apart may identify with the children in the story.

This book tells the story of a father who lives separately from his children.



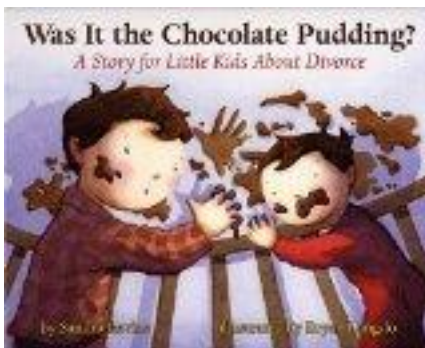
### [Dear Daddy](#)

**Author:** Philippe Dupasquier

**Illustrator:** Philippe Dupasquier

**How this book may help:** Reassuring children that they are loved despite the fact that a parent sometimes needs to be absent for extended periods. Acknowledging separation anxieties and sadness children may experience when a parent is away from home.

A young girl writes to her father who is absent on board a ship on which he works.

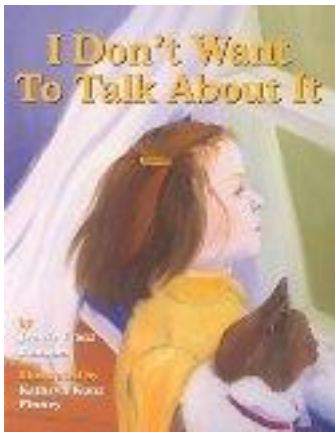


### [Was It the Chocolate Pudding - A Story for Little Kids About Divorce](#)

**Author:** Sandra Levins

**Illustrator:** Bryan Langdo

**How this book may help:** This is a story about divorce. It provides information which will be useful to parents and families everywhere.



### [I Don't Want To Talk About It](#)

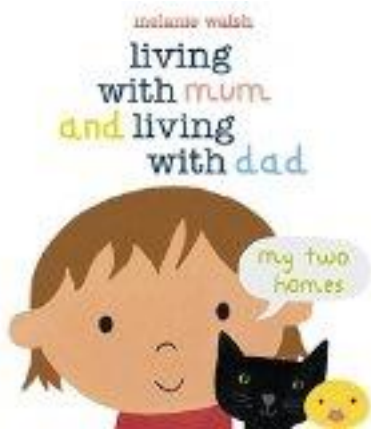
**Author:** Jeannie Franz Ransom

**Illustrator:** Katherine Kunz Finney

**How this book may help:** For children whose parents are getting divorced.

A little girl's parents tell her they are getting divorced, but she doesn't want to talk about it. She likens her reactions to different animals such as 'roaring loudly like a lion' so that everyone will think she is brave. The story gives a very positive focus by reassuring the child that none of this is her fault and that both her parents still, and always will, love her.

**Worth Noting:** Notes to parents at the back may well help parents understand their child's reactions.

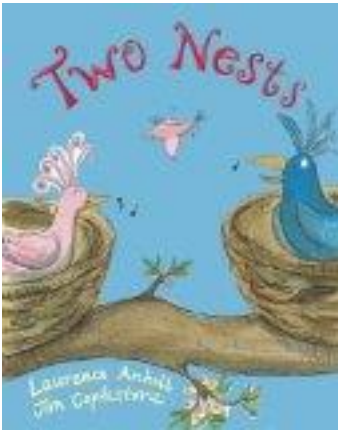


### [Living with Mum and Living with Dad: My Two Homes](#)

**Author:** Melanie Walsh

**Illustrator:** Melanie Walsh

**How this book may help:** A simple and comforting book about separation for very young children

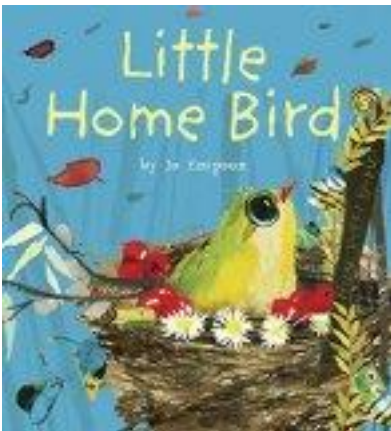


### [Two Nests](#)

**Author:** Laurence Anholt

**Illustrator:** Jim Coplestone

**How this book may help:** How this book may help: For very young children experiencing the separation or divorce of their parents can be an extremely confusing and troubling time. This book provides an easily understood and reassuring picture of how family life can continue happily even if parents are living apart.



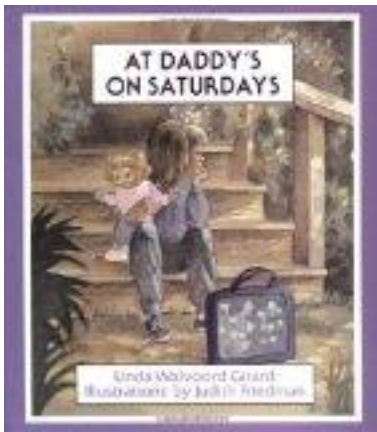
### [Little Home Bird](#)

**Author:** Jo Empson

**Illustrator:** Jo Empson

**How this book may help:** Encourages a child to appreciate that moving home, even if only temporarily, can be a pleasant experience, and subtly suggests some coping strategies for being happy wherever home may be at any one time.





[At Daddy's on Saturdays](#)

**Author:** Linda Walvoord Girard

**Illustrator:** Judith Friedman

**Publisher's summary:** *"Although her parents' divorce causes her to feel anger, concern, and sadness, Katie discovers that she can keep a loving relationship with her father even though he lives apart from her."*