

THINGS I BRING TO KINDERGARTEN

1. **MY NAME** written on everything else I bring.

2. CLOTHING

Comfortable clothes I can play in (they will sometimes get dirty).

A full **change of clothes** in a labeled bag to hang on the coat hook. (Please put a plastic grocery bag inside to carry home clothes when the change is used and please replenish the spare clothes as needed.)

Clothes for the weather. We spend some time outside every day so a waterproof rain jacket with a hood and rain pants should always be on hand. (In cold weather, also a toque and gloves, and in hot weather a hat and sunscreen applied before school.)

Shoes that can be worn in the gym and that provide adequate support for running, climbing and jumping. When boots are needed outside we need to change into shoes to come inside.

An **art smock** (an old adult shirt works well).

3. FOOD AND WATER

A **water bottle** for each student. To minimize our sticky messes, we avoid other drinks in the classroom (e.g., juice, milk, yoghurt tubes) except as a treat on hot lunch Tuesdays.

A small recess **snack.** (Small enough to carry in a pocket and eat picnic-style outside.)

A **healthy lunch.** We emphasize that dessert comes at the end—and please avoid sending candy, chips or other “sometimes” foods.

4. BAGS AND CONTAINERS

A **backpack** big enough to carry my personal belongings and papers or books.

We provide a **extra-large Ziploc bag** to keep papers and books in good shape—please make sure it comes back to school every day.

A water **bottle and lunch bag** (preferably one that fits in the backpack).

Re-usable containers for lunch and snack items (with a name label).