



École Boundary Elementary School

750 East 26th Street, North Vancouver, B.C. V7K 1A4
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www.boundaryelementary.ca

Elementary Extra-Curricular Athletics Informed Consent

For: **TRACK & FIELD 2023**

April 11th, 2023

Dear Parents/Guardians:

The written, informed consent of parent/guardians is required for participation in all elementary school extra-curricular athletic programs. The intent here is to provide for the safety of participants and to inform students and parents/guardians of the inherent risks of the program. The schedule of practice times is attached, and a list of events will be sent home once it has been finalized.

EXTRA-CURRICULAR ATHLETICS PURPOSE(S):

The purpose of this activity is to provide an opportunity to develop skills in a sport to a higher degree than may be possible in the curricular physical education program, to increase school spirit, to encourage team play and to foster good sportsmanship.

ATHLETIC SEASON:

The **Track & Field** season extends from April through June. A variety of practice and qualification meets take place throughout the season, with the District Elementary Track Meet taking place at Sutherland Secondary School, June 6, 2023. There is no District Field Meet but there will be a Zone Meet Final. Event details are attached and posted to our school website. Further details about the season and daily practices can be found on Ms. Dale's class website at <http://msndale.weebly.com>.

COACHES, SPONSORS(S) AND CHAPERONE(S): A large number of staff are assisting with the running of the Track and Field season. Both general and specific inquiries can be directed to Mr. MacLeod or Ms. Dale.

<u>Name</u>	<u>M/F</u>	<u>Position</u>	<u>Phone Number(s)</u>	<u>Email address</u>
Ms. Nancy Dale	F	Sponsor	604-903-3260	ndale@sd44.ca

SUPERVISION:

All students will be directly supervised through the duration of this program. This is defined as the time students spend with the sponsors, coaches and volunteers involved in the program, including transportation.

TRANSPORTATION:

Transportation to and from activities must be provided by parents and arranged ahead of activities outside of École Boundary school by students and their families. Transportation of students by private vehicles shall be in accordance with Board Policy 607: Transportation of Students and School District Transportation Procedures. All field trip transportation is subject to the regulation and law of the relevant municipal, provincial, federal or international jurisdiction.

Student dismissal from venues will be the responsibility of the coach/sponsor who will ensure that all participants are released to the direct supervision of an adult (e.g., parent driver). **Please note that competitors and/or the parent driver must always check in with a coach/sponsor prior to a student leaving a track and field meet.**

RISKS AND CONSEQUENCES:

There is a degree of risk in all sports activities. The risk is increased to varying degrees when students are away from the safety of the school setting. It is impossible to itemize every possible element of risk associated with a sporting activity. This sporting activity may include, but not be limited to the following inherent risks, and all risks associated with:

- Travel to and from the event venue(s)
- The nature of sport (i.e., rolled ankles, joint / head injuries, loosened teeth, bruises and abrasions, fractures, and other bodily injuries)

EMERGENCY PLANNING:

Students have been briefed on the risks involved in this activity and on appropriate precautions to be taken. Students will be required to sign a *Student Awareness of Risk and Responsibility Form* in order to indicate a full understanding of the expectations, risks, safety precautions and responsibilities associated with this activity before being permitted to participate.

Other safety precautions:

- A cell phone will accompany the coach/sponsor whenever an event takes place at a venue other than a school.
- A basic first aid kit will accompany the coach/sponsor whenever an event takes place at a venue other than a school.
- The coach/sponsor will have immediate access to the student medical forms completed by the parent/guardian.
- Student Emergency Procedure Plans/medical supplies will be brought for students with life-threatening medical conditions (e.g., anaphylaxis).

In the event of student injury, parent/guardians will be notified. For all incidents involving injury, supervising school personnel will record details of the incident and, as soon as is practicable, complete an *Incident Report* submission.

Fair Play Code

All coaches, parents and students must adhere to the NVEAA Fair Play Code. The code can be found at www.boundaryelementary.ca > Program and Services > Athletics.

Sincerely,



Tim MacLeod, Principal

Return this Informed Consent Approval to School

ELEMENTARY EXTRA-CURRICULAR ATHLETICS
INFORMED CONSENT APPROVAL

PARENT/GUARDIAN PERMISSION

The written, informed consent of parents/guardians is required for participation in all elementary school extra-curricular athletic programs. The intent here is to provide for the safety of participants and to inform students and parents/guardians of the inherent risks of the program. Without this signed consent, students will not participate in this program.

PARENT/GUARDIAN CONSENT

I, _____ (parent/guardian) of _____, have read the
Print Parent/Guardian's Name Print Student's Name
Informed Consent information that pertains to my child's participation in the 2018 North Vancouver Elementary Track & Field Program. I am aware of the risks inherent in this athletic program and my signature indicates that my child has my informed consent to participate. I have completed and submitted a medical form for my child.

Parent/Guardian Signature

Date

Printed Name of Parent/Guardian

Elementary Athletics Programs
Student Awareness of Risk and Responsibility Form

École Boundary Elementary School has arranged an out of school Track & Field program for students in Gr 4 to 7.

I understand that programs of this type may expose me to elements of risk. The risks and responsibilities, as outlined below, have been fully explained to me by a School Board employee: a member of the École Boundary School teaching staff.

Risks:

- Accidents may occur when traveling to and from venues in private vehicles.
- Physical injury (e.g. rolled ankles, joint/head injuries, loosened teeth, bruises and abrasions, fractures, and other bodily injuries) may occur when participating in an athletic program.

Responsibilities:

- My behavior will be consistent with the **École Boundary Elementary School** Code of Conduct.
- My behavior will be consistent with the NVEAA Fair Play Code.
- I accept full responsibility for my actions, which will be thoughtful and reflect common sense, during transportation and at all venues, before, during and after events.
- I will attend practices and events as outlined by my coach.
- When traveling to and from venues I will conduct myself in a polite and quiet manner and keep my seatbelt on and buckled up.
- I will stay on the site at which the event takes place and will follow specified dismissal procedures.
- I will follow the safety precautions specific to the activity as outlined by my coach.

I have been made aware of the possible risks and consequences related to this athletic program. I freely agree to participate in the program and act in a safe and responsible manner according to School District *Policy 302: Student Conduct*, my school's Code of Conduct and the NVEAA Fair Play Code.

Signature of Student

Date

Printed Name of Student

School Board Employee Signature

Note: In addition to the Student Awareness of Risk and Responsibility Form, a written informed consent signed by the parent/guardian is required for student participation in this activity

**THIS FORM AND MEDICAL RELEASE MUST BE SUBMITTED TO
THE OFFICE.**

Elementary Athletics Medical Form

Name of Student: _____ Grade: _____
School: _____ M/F: _____
Care Card Personal Health No. _____ Birth Date (DDMMYY): _____
Family Doctor: _____ Dr. Phone: _____
Name of Parent/Guardian: _____
Address: _____ Postal Code: _____
Phone (Home) _____ (Work) _____ (Cell) _____

Please note any health condition (e.g. asthma, fainting, headaches, seizures, etc), physical handicap, emotional difficulty, behaviour problem, or other factors that may limit full participation in this program

Has the student had a previous injury that would require special first aid treatment should another injury occur?

The student has received the regular immunization program administered in BC for: Diphtheria; Pertussis & Tetanus DPT; Tetanus and Diphtheria (TD); Polio; Measles, Mumps and Rubella (MMR)
Yes No (circle). If no, please explain: _____

Does the student wear Contact Lenses: Yes No (circle)

Alternate Emergency Contacts:

Name: _____ Phone: _____

Name: _____ Phone: _____

In case of emergency, I hereby give permission to the physician selected by the supervisor(s) to provide necessary treatment for my child.

Parent/Guardian Signature _____ Date: _____

Printed Name of Parent/Guardian _____

THIS INFORMATION WILL BE KEPT ON FILE.

If your child has played sports in the 2022/2023 school year and you have completed this form before, please do not fill this out.

Track and Field at Boundary 2023

Track

Beginning Tuesday April 16th, and running for the next 5 weeks, there will be track practices on Tuesday and Wednesday mornings at 8:00am for all students in grades 4-7 who wish to join Boundary's Track Team. These practices are mandatory unless it is impossible for your family to get you to school by 8:00a.m. Please bring or email a note to Ms. Dale if that is the case.

During these practices students will be trained to run the 100m, 200m, 400m, 800m and 1500m (Grade 6 & 7 only) and helped to pick the events that are best for them. As soon as the relay teams are organized, relay will also be a part of this morning training.

All students who attend practices will train for, and run in, our first meet at Sutherland school, May 3rd at 3:30p.m. Placement at this meet will not be recorded or used to create the school teams. After this meet, during morning practices, eliminations will occur and a smaller group will be sent on to the track qualification meet at Sutherland Secondary School Tuesday May 16th, 12:00-3:30. Parents will be required to organize transport for this event.

Students who finish in the top 2 places in their age group at Sutherland will qualify to attend the District Meet at Sutherland Secondary School Tuesday, June 6th. Swangard Stadium is closed this season for resurfacing.

Field

Field will take place during school over 4 weeks. After this time, eliminations will occur for those students interested in trying out for the field teams. This smaller group of students will be sent on to the Field Qualification Meet Wednesday, May 24th 3:30 – 5:00 (4/5 Ross Road, 6/7 Boundary).

Reminders and details about these events will be posted on both the school website under **News and Announcements/Track and Field** and Ms. Dale's website (<http://msndale.weebly.com>) closer to the events.

Before track practices, please check Ms. Dale's website directly (<http://msndale.weebly.com>) if the weather is bad as cancellations will be posted by 7:30 a.m.

Upcoming Track and Field events

- Remember, you and your family need to organize rides for you to the meets. Carpooling is a great idea.
- It is hoped that your parents will stay at these events to support you.
- If your parents are unable to stay, they must return to pick you up or arrange to have you picked-up at the listed time.
- Schedules will be handed out prior to the events to assist with planning.

2023 Schedule

Wednesday May 3rd Track Mini Meet @ Sutherland gr 4-7
3:30 - 4:45 pick-up

Tuesday May 16th, Track Qualification Meet @ Sutherland gr 4-7
1:00 – 3:00. pick-up
Practices continue for students who qualify for Sutherland

Wednesday, May 24th Field Eliminations
3:30 – 5:00 (4/5 Ross Road, 6/7 Boundary).

Tuesday, June 6th Track Finals Sutherland
8:00-11:30 pick-up

Thank you,

Ms. Dale
ndale@sd44.ca