



WHEN SHOULD I KEEP MY SICK CHILD HOME FROM SCHOOL?

Things to consider if your child feels unwell:

- The protection of your child. Without proper rest a child may have a hard time fighting an illness or be open to other illnesses
- The ability of your child to actively take part and learn at school
- The protection of other children and staff
- The school staff cannot care for a sick child and give them the support that they may need

Please keep your child home if they:

- Have a fever
- Are too sick to take part in all normal school activities
- Have a suspected or known communicable disease (i.e. COVID-19, Norovirus, Whooping Cough, influenza, strep throat, chicken pox, measles or any other undiagnosed rash)
- Keep your child home until they cannot infect others or as told by a health care provider
- Have vomiting or diarrhea. It is recommended that students be symptom free at least 48 hours before returning to school
- Please let the school know your child's symptoms, as per the schools call back procedures. Make sure you have arranged an emergency contact in case the school finds it necessary to send your child home due to illness and you are not available. Inform your school of these arrangements.

Where can I find more Information?

- COVID-19 self-assessment tool: <https://covidcheck.gov.bc.ca/>
- COVID information <http://www.bccdc.ca/health-info/diseases-conditions/covid-19>
- Health Link BC – online www.healthlinkbc.ca or dial 811
- North Shore School Health Manual: <http://www.vch.ca/public-health/children-youth-schools/school-health/north-shore-school-health-manual>