



HEAD LICE ALERT

Date:

Dear Parent/Guardian,

There has been a case of head lice in your child's classroom. Please check your child's hair and scalp carefully.

Step 1: Read the attached information about head lice.

Step 2: Find a comfortable well-lit area.

Step 3: Wash hair. Apply conditioner and leave in (do not rinse). Use a fine toothed lice comb to check the hair. Check the hair from the scalp to the end of the hair strand. First look at the hair at the back of the neck, behind the ears and above the forehead. Then, check the rest of the head.

You are looking for live lice. Adult lice are difficult to see as they move quickly. They are the size of a sesame seed and are tan, brown or gray.

Step 4: If you find a louse, **check all household members**. Treat only those who have head lice by following Option A - Head Lice Shampoo/Rinse, Option B - Wet Combing, or Option C – Head Lice Spray (see attached).

If you do not find lice, it does not mean that your child does not have lice or that he/she will not get it. Check again in a few days.

Step 5: Let the school know if your child has head lice.

To find head lice early, it is a good idea to check your child/children regularly for head lice.

For further information, please contact the school public health nurse at your local community health center: