

**NORTH VANCOUVER ELEMENTARY  
TRACK and FIELD MEET  
Swangard Stadium**

**ORDER OF EVENTS  
TRACK**

<b>TIME</b>	<b>NUMBER</b>	<b>EVENT</b>	
9:15	1	7G 1500M	
	2	7B 1500M	
	3	6G 1500M	
	4	6B 1500M	
	5	5G 4x100 C	
	6	5G 4x100 B	
	7	5G 4x100 A	
	8	5B 4x100 C	
	9	5B 4x100 B	
	10	5B 4x100 A	
	11	7G 4x100 C	
	12	7G 4x100 B	
	13	7G 4x100 A	
	14	7B 4x100 C	
	15	7B 4x100 B	
	16	7B 4x100 A	
	17	6G 4x100 C	
	18	6G 4x100 B	
	19	6G 4x100 A	
10:45	20	6B 4x100 C	
	21	6B 4x100 B	
	22	6B 4x100 A	
<b>11:00 Ron Pearson Memorial Relay</b>			
11:45	23	4G 4x100 C	
	24	4G 4x100 B	
	25	4G 4x100 A	
	26	4B 4x100 C	
	27	4B 4x100 B	
	28	4B 4x100 A	
	29	7B Coed Medley	
	30	7A Coed Medley	
	31	6B Coed Medley	
	32	6A Coed Medley	
	33	5B Coed Medley	
	34	5A Coed Medley	
	35	4B Coed Medley	
	36	4A Coed Medley	
	37	7G 800M	
	38	7B 800M	
	39	6G 800M	
	40	6B 800M	
	41	5G 800M	
	42	5B 800M	
	43	4G 800M	
	12:45	44	4B 800M
		45	7G 100 C
		46	7G 100 B
		47	7G 100 A

48	7B 100 C	
49	7B 100 B	
50	7B 100 A	
51	6G 100 C	
52	6G 100 B	
53	6G 100 A	
54	6B 100 C	
55	6B 100 B	
56	6B 100 A	
1:30	57	5G 100 C
	58	5G 100 B
	59	5G 100 A
	60	5B 100 C
	61	5B 100 B
	62	5B 100 A
	63	4G 100 C
	64	4G 100 B
	65	4G 100 A
	66	4B 100 C
1:45	67	4B 100 B
	68	4B 100 A
	69	7G 400 B
	70	7G 400 A
	71	7B 400 B
	72	7B 400 A
	73	6G 400 B
	74	6G 400 A
	75	6B 400 B
	76	6B 400 A
2:45	77	5G 400 B
	78	5G 400 A
	79	5B 400 B
	80	5B 400 A
	81	4G 400 B
	82	4G 400 A
	83	4B 400 B
	84	4B 400 A
	85	7G 200 B
	86	7G 200 A
87	7B 200 B	
88	7B 200 A	
89	6G 200 B	
90	6G 200 A	
91	6B 200 B	
92	6B 200 A	
93	5G 200 B	
94	5G 200 A	
95	5B 200 B	
96	5B 200 A	
97	4G 200 B	
98	4G 200 A	
99	4B 200 B	
100	4B 200 A	

**\*PLEASE NOTE THAT ALL TIMES ARE APPROXIMATE.  
THESE TIMES ARE MEANT AS A GUIDELINE ONLY!**

**\*\* No lunch break for Track**

**ORDER OF EVENTS****FIELD****TIME            LEVEL            LOCATION****HIGH JUMP (PITS 1, 2, & 3)**

9:15            6G            Pit 1  
11:30           5G            Pit 1  
1:45            7G            Pit 1

9:15            6B            Pit 2  
11:30           5B            Pit 2  
1:45            7B            Pit 2

9:15            4G            Pit 3  
11:30           4B            Pit 3

**LONG JUMP (1 Pit)**

9:15            5B            Pit 1  
10:00           7G            Pit 1  
10:45           5G            Pit 1  
11:30           6G            Pit 1  
12:15           7B            Pit 1  
1:00            4G            Pit 1  
1:45            4B            Pit 1  
2:15            6B            Pit 1

**TRIPLE JUMP (1 Pit)**

9:15            4B            Pit 2  
10:00           7B            Pit 2  
10:45           5B            Pit 2  
11:30           6B            Pit 2  
12:15           7G            Pit 2  
1:00            6G            Pit 2  
1:45            5G            Pit 2  
2:15            4G            Pit 2

**SHOT PUT (1 AREA)**

9:15            5G  
10:00           4B  
10:45           7B  
11:30           7G  
12:15           4G  
1:00            6B  
1:45            5B  
2:15            6G

**\*\* No lunch break for Field**